

# Chicopee Register

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**COMMUNITY**

## City Council discusses ongoing trash and safety issues at Walmart



STAFF PHOTO BY KRISTIN RIVERS

The Chicopee Walmart on Memorial Drive was a topic of discussion at the May 16 City Council meeting due to recent trash and safety issues.

**By Kristin Rivers**  
Staff Writer  
krivers@turley.com

CHICOPEE - The City Council held a thorough discussion on May 16 addressing ongoing trash and safety issues at the Walmart on Memorial Drive.

Ward 5 Councilor Fred Krampits said the management team met with the License Committee to discuss the issues.

“There was a good dialogue about some of the issues that were going on, but there was also a need to get answers to some questions to our office by June 8 so we could schedule the next meeting,” Krampits said.

Krampits explained the committee is looking for answers from Walmart on the following items: using paper bags, a security plan, adding a second fence near the property line and possibly trimming

the trees in that area, a plan of cleanliness, a contact list with updated information and the status of the carriage virtual fence to prevent carriages from leaving the property by locking the wheels.

Ward 6 Councilor Derek Dobosz thanked the council for supporting “at least some action” on the issue. In his opinion, Walmart should hire police detail more regularly at their

See **WALMART** page 6

**COMMUNITY**

## Library holds ‘Veggie Fear Factor’ event



STAFF PHOTOS BY KRISTIN RIVERS

(L to R) Erin Daly, youth services coordinator at Chicopee Public Library and Bri Jackson, farm-to-school program coordinator at ChicopeeFRESH, hand out veggies to excited children during the Veggie Fear Factor event at the library.

*The taste-testing event was hosted by ChicopeeFRESH*

**By Kristin Rivers**  
Staff Writer  
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CHICOPEE - The library welcomed children, teens and

families from 3:30 - 4:30 p.m. to taste-test vegetables at a “Veggie Fear Factor” event.

The event was hosted by ChicopeeFRESH and held in the Bazan Community Room.

Bri Jackson, farm-to-school coordinator at ChicopeeFRESH, led attendees in taste-testing and guessing a variety of vegetables to test their

knowledge and learn about eating healthy foods.

Youth Services Coordinator Erin Daly assisted Jackson in tallying the guesses, passing out the vegetables and promoting reading through three vegetable-themed books.

See **VEGGIE FEAR FACTOR** page 6

**COMMUNITY**

## Elms College celebrates graduating class at 92nd Commencement



STAFF PHOTOS BY KRISTIN RIVERS

Kimberly Quinonez, '23, in her graduation garb before the 92nd Commencement ceremony for Elms College students.

*The ceremony took place at the MassMutual Center*

**By Kristin Rivers**  
Staff Writer  
krivers@turley.com

CHICOPEE - Elms College presented degrees to 443 students during its 92nd Commencement on May 20.

The ceremony was at the MassMutual Center and presided by Walter Breau, vice president of Academic Affairs.

Mayor John Vieau, Board of Trustees Chair Paul Stelzer and Sister Elizabeth Sullivan, president of the Sisters of Saint Joseph, provided remarks to the graduating class.

The honorary degree recipients were Karen Keating Ansara, founder and chair of the Network of Engaged International Donors, David O'Brien, Ph.D., professor emeritus and Loyola professor of Roman Catholic Studies at Holy Cross University and Commencement Speaker La June Montgomery Tabron, president and CEO of the W.K. Kellogg Foundation.

Additionally, Taylor Borla and Victoria Guay were honored as the class valedictorians.

Speaking to graduates, President Harry Dumay, Ph.D., MBA, said the college pre-

See **ELMS COLLEGE** page10



**COMMUNITY**

## Kalbaugh reads to students

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**COMMUNITY**

## Autism awareness patches

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## Kalbaugh reads to children at Westover Head Start

CHICOPEE – Chicopee Fire Capt. Katie Kalbaugh reads to the preschoolers attending the Westover Head Start Early Learning Center on May 24. The children are learning about the importance of community helpers.

PHOTOS COURTESY OF WESTOVER HEAD START EARLY LEARNING CENTER



## Post Offices will be closed for Memorial Day

As employees recognize this national holiday

In recognition of the sacrifice made by generations of service men and women

in defense of our nation, Post Offices will be closed on Monday, May 29, for Memorial Day. There will be no mail delivery, other than guaranteed overnight parcels. Full retail and delivery services will resume on Tuesday, May 30.

## Upcoming June events at the Chicopee Public Library

CHICOPEE – The following events will occur at the Chicopee Public Library at 449 Front St.

### Thursday, June 1: Writer's Group

The Writer's Group meets the first Thursday of each month at 6:30 p.m. at the Chicopee Public Library. We invite all those who love to write to join us for a friendly, supportive place to work on your writing. Future meeting topics will be based on members' interests. Stacie Klinowski, a local writing teacher, will help lead the group. This group is for adults.

### Tuesday, June 6 at 3 p.m. Assistive Technology

If you, or someone you know has low vision or is blind, join us to learn technology skills that will help you navigate computers, tablets or phones better. Computers in the lab have Fusion (JAWS & Zoom Text) Software. This class is taught by Chicopee resident Robert Baran, M.Ed. Wednesday, June 7, 14, 21, 28 at 6 p.m. Evening Yoga

Yoga classes with Carolyn Ruszala will be held on Wednesday evenings from 6-7pm. Class will be held outside behind the library if weather permits and in the Community Room if needed. Please have the following props available for class: yoga mat or a blanket and strap or scarf. For more information, email or call the Reference Desk at [cpl@chicopeepubliclibrary.org](mailto:cpl@chicopeepubliclibrary.org) and 594-1800 x3.

This program is sponsored in part by the Friends of the Chicopee Public Library.

### Thursday, June 8, 15, 22, 29 at 6-6:45 p.m. ASL Class

The Library is offering a begin-

ning, four-week ASL Class for adults. The Class will be taught by SIGNING Basics from Springfield. Registration is required. Call the library at 413-594-1800x3 or email us at [cpl@chicopeepubliclibrary.org](mailto:cpl@chicopeepubliclibrary.org) to register or for more information.

### Wednesday, June 13 at 6:30 p.m. Understanding Alzheimer's and Dementia

Join us at the Chicopee Public Library for a FREE presentation about the differences between Alzheimer's disease and dementia presented by the Alzheimer's Association. This talk will cover the early warning signs of dementia, risk factors, the importance of early detection, and local resources. All are welcome!

### Tuesday, June 20 at 6:30 p.m. Poetry and the Spoken Word

Do you write poetry? Do you love the spoken word? The Chicopee Public Library is starting up a new program on the third Tuesday of every month, "Poetry and the Spoken Word" with local poet, Mary Jennings. Our next meeting is June 20. Sign-ups will begin at 6:30 p.m. and the program will begin at 7 p.m. Come join us to share your favorite poems, do a dramatic reading, share a favorite monologue or just listen.

Teens (16+) and adults are welcome. This program is supported by the Chicopee Cultural Council, a local agency, which is supported by the MA Cultural Council, a state agency.

### Summer Reading is coming up!

Summer reading will run from June 26 – Aug. 18 and is available to all ages. Check out [www.chicopeepubliclibrary.org](http://www.chicopeepubliclibrary.org) to learn more.

## JOIN US FOR GUEST SPEAKER

Mitchell Clionsky, Ph.D. ABPP(CN)

JUNE 6th, 2023 at 7:00 pm

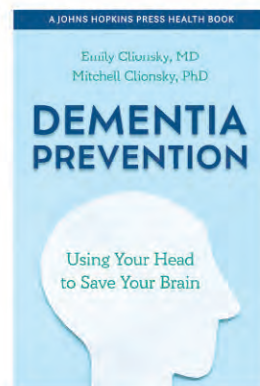
Light Refreshments Will be Served

The Arbors at Chicopee Assisted Living Residential Community



### Worried About Memory Loss and Dementia Risk?

Join us for a special presentation by Mitchell Clionsky to discuss his new book **DEMENTIA PREVENTION: Using Your Head to Save Your Brain** (John Hopkins Press) Dr. Clionsky will present an overview of dementia and the various elements that go into dementia risk, but rather than just a lecture, he will be focusing on answering YOUR questions!!!



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## Letter Carriers Postal Drive collects over 8,500 pounds of non-perishable food



PHOTOS AND CAPTION COURTESY OF LORRAINE'S

**CHICOPEE** – Lorraine's Soup Kitchen & Pantry offers a huge thank you to the Chicopee Post Office, the Chicopee community and all the volunteers that made the Letter Carriers Postal drive a huge success! They were able to collect over 8,500 pounds of non-perishable food items! Again, it takes a village. Thank you all for being a part of our village!

## Events and announcements

### Police department to hold Youth Police Academy this summer

CHICOPEE – The Chicopee Police Department will be holding its Youth Police Academy again this summer and applications are now available. This is a great experience for kids aged 14-17 to come together and learn about law enforcement, team building and problem solving. If you would like more information or have questions about the program please contact Officer Mark Hammon at Mhammon@chicopeepolice.com.

### Chicopee to offer CPR/AED & first aid training class

CHICOPEE – The Parks Department is offering a certification class in First Aid/cardiopulmonary resuscitation and the use of an automated external defibrillator on Saturday, June 24 from 8:30 a.m. to 2:30 p.m. at the Chicopee Parks & Recreation Dept. 687 Front St. This class is open to people ages 11 and up.

The cost for the full class is \$80 for residents and \$85 for non-residents. These are basic certifications and do not apply for daycare providers, lifeguards and nurses. Participants are invited to bring a snack. Class space is limited! To register go to [www.chicopeerec.com](http://www.chicopeerec.com) Deadline to sign up is Thursday June 20.

### Hatha Yoga classes to be offered in Chicopee

CHICOPEE – The Chicopee Parks & Recreation Department is offering a

Hatha yoga class. The class is being offered on Wednesday Evenings 5-6 p.m. It will run from May 15 – June 7. This class series is open to all levels of experience from those wanting to start, restart or maintain an ongoing yoga practice. It is designed to increase strength and flexibility in an accessible way. Focusing on providing a movement-based practice that can be used for stress management, can help boost circulation and will promote overall health and wellbeing.

All classes for both programs will be held at Chicopee River Mills Senior Center. Exercise Studio #17 room located on the second floor of the building at 5 West Main St., Chicopee. This class is open to ages 15 and older. Instructor Caitlin Lavin has over nine years of teaching Hatha Yoga and over 14 years experiencing other various forms of yoga. The cost for a five-week session is \$70/Resident \$80/Non-Resident or a drop-in fee of \$15/Residents \$17/Non-Residents per class. Space is limited so register now! To register go to [www.chicopeerec.com](http://www.chicopeerec.com).

### CHICOPEE – SAVE THE DATE!!

Saturday, Sept. 23 under the Pavilion at Moose Lodge 1849, 244 Fuller Road, Chicopee. All you can eat BBQ Menu. 4-10 p.m. Please keep watch on our Facebook Page: "Chicopee Comprehensive - Class of 1983" as all details will be posted there. Please pass on this information to all Classmates so all can attend.

## Chicopee Pride Fest 2023

*A celebration of identity, love and acceptance*

CHICOPEE – The 2023 Chicopee Pride Fest will take place in Chicopee, rain or shine, on June 9 and June 10. On Friday, June 9 from 2:30-4:30 p.m., we will have the Pride Flag Raising, followed by an educational panel with a socially themed discussion at the Chicopee Public Library. The Pride Fest Celebration will take place on Saturday, June 10 from 3-9 p.m. at Szot Park.

Our Pride Flag raising, the educational panel and our annual Pride celebration will provide the community with the opportunity to learn about the experiences of living as a member of the LGBTQ+ community, to learn about how to get involved in the civic actions in defense of the LGBTQ+ community and to celebrate Pride. During the Chicopee Pride Fest, guests will be able to browse various vendors, food trucks, games,

informational tables, and enjoy our programmed entertainment.

The first Chicopee Pride Fest originated three years ago by Johnny Miranda, under the sponsorship of the Chicopee Cultural Council and served as a beacon of hope. Each year brings new ideas, a renewed sense of acceptance and joy to the community. Currently the event is a collaborated effort incorporating a mesh of ideas, values and standards.

The Chicopee Pride Fest planning Committee is an extension of the Chicopee Cultural Council. Members of such committee have worked tirelessly this year to ensure a safe and memorable experience, under the valued leadership of Emarie Leatherwood during the 2023 planning process. The event is funded by the Chicopee Cultural Council and the Massachusetts Cultural Council, and sponsored the City of Chicopee, and organizations like Baby Safe Haven, the Chicopee Public Library and Chicopee Police Department among others.

## SENIORS

### RiverMills Center June programming

CHICOPEE – The RiverMills Center, Chicopee's senior center at 5 W Main St., has announced the following programs for the month of June through the Council on Aging.

#### Afternoon Tea With Eleanor Roosevelt

The COA will host the presentation "Afternoon Tea in Eleanor Roosevelt's Garden" on Thursday, June 1 at 1:30 p.m. the RiverMills Center.

Enjoy your afternoon tea with author and historian Carol Cohen for a look into the life of Eleanor Roosevelt. During World War II, Eleanor planted an iconic Victory Garden on the White House lawn and encouraged other Americans to do the same. Using first-person narrative, learn about how Eleanor's humanitarian effort, as well as her recognition of those who took a major role in the feeding of American during World War II. You must register in advance at RiverMills Center or by calling 534-3698.

#### Classic Country with Roger Tincknell

The COA will host singer and storyteller Roger Tincknell for the concert "Classic Country" Monday, June 12 at 1:30 p.m. at the RiverMills Center.

Join Roger Tincknell as he plays some songs by Hank Williams, Johnny Cash, Patsy Cline, Willie Nelson, just to name a few! Light refreshments will be served. The cost is \$1. This program is supported in part by a grant from the Chicopee Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. You must register in advance at RiverMills Center.

#### Father's Day Breakfast

The COA will be having a Father's Day Breakfast on Tuesday, June 13 at 9 a.m. at the RiverMills Center.

To all the special men out there! Enjoy a breakfast right here at RiverMills to celebrate Father's Day. The cost is \$5. You must register in person at RiverMills Center.

#### Summer Carnival at RiverMills

The COA will have a Summer Carnival on Thursday, June 15 from 3-6 p.m. with a Rain Date of Wednesday, June 28 at the RiverMills Center.

Join us for our Second Annual Summer Carnival. Come try your hand at some games, eat some carnival treats and sit back, relax and enjoy a summer night with your friends at RiverMills Center. Tickets are \$6 and include a hamburger, hot dog, chips, drink and ice cream. All other concessions and game tickets will be available to purchase at the time of the event. There will be no formal time for dinner, but ticket sales are limited. There will be music by DJ Luis D! This is a senior center event and it open to anyone 55 and older. You must register in advance at RiverMills Center.

#### Drum Away the Blue

The COA will host the workshop "Drum Away the Blues" on Thursday, June 22 at 10 a.m. at the RiverMills Center.

Join Craig Harris, master percussionist, educator, historian, author and photographer for this workshop that combines songs, stories and a multitude of rhythms. This workshop is funded by the Chicopee Cultural Council, a local agency sponsored by the Massachusetts Cultural Council, a state agency. You must register in advance.

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### Why are college costs so high?

By Eric Goodhart

The cost of private four-year colleges and universities have steadily increased to a level far beyond the means of the all but a small % of American households. There are two major reasons for that.

Breaking the Bretton Woods Agreement of 1944, President Nixon took the dollar off the gold standard in 1971. The Federal Reserve was printing dollars like there was no tomorrow during what is known as the "Guns and Butter" decade of the sixties. Nixon's move was the catalyst bringing about inflation as the dollar lost value.

A year later, Title IX of the Civil Rights Act was signed into law by Nixon. Many of the most expensive private colleges were beginning to admit women. Title IX prohibits gender-based discrimination in any college or any other education program that receives funding from the federal government.

The full cost of attendance for a four-year private college before 1972 averaged \$3,500 to \$4,500 per year. In 2023 those same colleges cost \$67,000 to \$82,300 per year. State Universities are \$39,000 per year.

Financial aid has not made the colleges affordable, in fact, in the majority of cases it has made them more expensive and put more students and their parents into more debt. The formulas used to determine "need" penalize families that save for college. The Asset Protection Allowance in 1990 has been steadily reduced to zero now Congress does not even believe a family of four with the oldest parent age 48 does not need even an emergency fund of \$50,000 anymore.

Plus, Congress continues to bend under the pressure of the paid college lobbyists to NOT even increase the financial need when a family has more than one student in college at the same time! In other words, if the Expected Family Contribution was \$40,000 with one in college, it would be the same if two were in college, not \$20,000 per student.

The Department of Education's Federal Student Aid Office, changes will affect seniors, rising 11th graders and younger. Therefore, for planning purpose families of divorce, families with more than one student in college at the same time small business owners and family farm owners.

Here is a summary of current, or soon-to-be-implemented changes:

EFC, which has always been a shock to parents as the amount the government expects a family to pay. The DOE now cleverly calls it Student Aid Index. They say the difference in nomenclature is substantially that alone. Experience warns us that is probably not accurate in effect. With the replacement of the Data Retrieval Tool with the Direct Data Transfer tax returns become more determinative of basic, financial qualification.

Families of divorce will be asked which parent provides the most financial support for the student rather than, with whom is the student living one-half of a year plus one day, or longer. As of the date of this article, no time parameters are determined. What does that mean? Having observed the decisions of colleges for decades, it means college financial aid offices are going to dig deeper into the financial arrangements of families of divorce.

Child Support will no longer be counted as "untaxed income," but rather as a parent asset.

The current asset exclusion of family-owned businesses and family-owned farms is gone. The asset value of each shall be included in the SAI calculation.

Simplified Needs Test (which removes assets from an SAI calculation) is based on AGI under \$60,000. But if the parent operates a small business, buyer beware. The financial aid officers are trained to watch out for business owners because they are told that the AGI on the tax return can be reduced at will.

The number of family members in col-

See **COLLEGE COSTS** page 10



### Senior concerned about Social Security solvency

**Dear Rusty:** I retired at age 58. My husband and I worked 40 years of employment each. I had a 401K only...no other benefits. We saved, we invested through our financial advisor and have done okay watching our investments grow (except for the last three years). Neither my husband nor I have taken Social Security; we were both waiting until age 70 to get full benefits. Do you think this is still wise? I'm concerned there will not be any funds in five years when we both turn 70.

Signed: Concerned Senior

**Dear Concerned Senior:** Your question relates to Social Security solvency, no doubt inspired by the recent spate of media discussion on this topic. Most articles I've read promote a "doomsday" scenario and, in fairness, Social Security's financial issues are serious. The latest report from the Trustees of Social Security warned Congress that the reserves now held in Social Security's Trust Fund, which enable full benefits to be paid, will be depleted as early as 2033. What you may not know is that this is not new news – the Trustees have sounded the same warning for decades to multiple Congresses, which have neglected to enact corrective measures. And, unfortunately, they are likely to continue to drag their feet for a while because the reform needed is not politically palatable and the impact is still a few years away.

Nevertheless, although Social Security's looming financial issues are serious, they are not fatal. Congress already knows how to fix Social Security's financial issues – they just currently lack the bipartisan spirit and political will needed to do so. The clock, however, is ticking and Congress will be forced to act soon, which we are confident will happen before the Trust Funds run dry. What motivates most politicians is getting reelected and allowing an across the board cut to all Social Security recipients, which would happen if the Trust Fund reserves were depleted, would be political suicide. Therefore, I'm confident that reform will occur in time, and I don't suggest changing your Social Security

claiming strategy over worries about Social Security's solvency.

Let me further allay your fears by explaining what would hypothetically happen in the worst case scenario, if Congress doesn't act and Trust Funds are depleted. If that were to occur, when the reserves are depleted in about 2033, everyone would face an across the board benefit cut. Social Security can't go bankrupt because there would still be about 175 million workers contributing to the program but, since Social Security by law can only pay benefits from revenue received, everyone's benefit would be reduced by about 23%, according to the Trustees. Every beneficiary would still get benefits, but only to the extent available from income received. Which brings me to your specific question – whether it is still wise to wait until age 70 to claim or to claim your benefits now.

Ask yourself this question: which would result in a larger monthly payment, a 23% cut to your age 70 S.S. payment amount or a 23% cut to your current benefit amount? The answer, of course, is that your monthly payment would be more if you stay with your current strategy and wait until age 70 to claim a plan, which I assume you developed considering your current financial needs as well as your life expectancy, both of which are very important to that decision.

Again, I do not believe the worst case scenario will happen. Congress already knows how to restore Social Security to full solvency and they will almost certainly act in time to avoid an across the board cut to everyone's benefit. The Association of Mature American Citizens has proposed legislation which would restore the Social Security program to full solvency for generations without raising payroll taxes, a summary of which people can review by visiting [www.amac.us/social-security](http://www.amac.us/social-security). AMAC has provided this proposal to various members of Congress for consideration.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature American Citizens Foundation's staff, trained and accredited by the National Social Security Association. NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).

*Russell Gloor is a Social Security advisor for AMAC.*



### Letters to the Editor

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication. We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language. All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: **The Chicopee Register,**

24 Water Street, Palmer, MA 01069 or email [chicopeeregister@turley.com](mailto:chicopeeregister@turley.com).  
The deadline for submissions is Friday at noon.

### WE CARE ABOUT YOUR NEWS!

The Chicopee Register welcomes submissions of news in or related to Chicopee and its residents. Our "People News," is filled with submitted engagement announcements, wedding announcements, birth announcements, your new baby or news about your 25th or 50th anniversary celebrations. Please e-mail correspondence along with a photo to [chicopeeregister@turley.com](mailto:chicopeeregister@turley.com) or send it to: Chicopee Register, c/o Turley Publications, 24 Water Street, Palmer, MA 01069.

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## Police department sells Autism Awareness patches

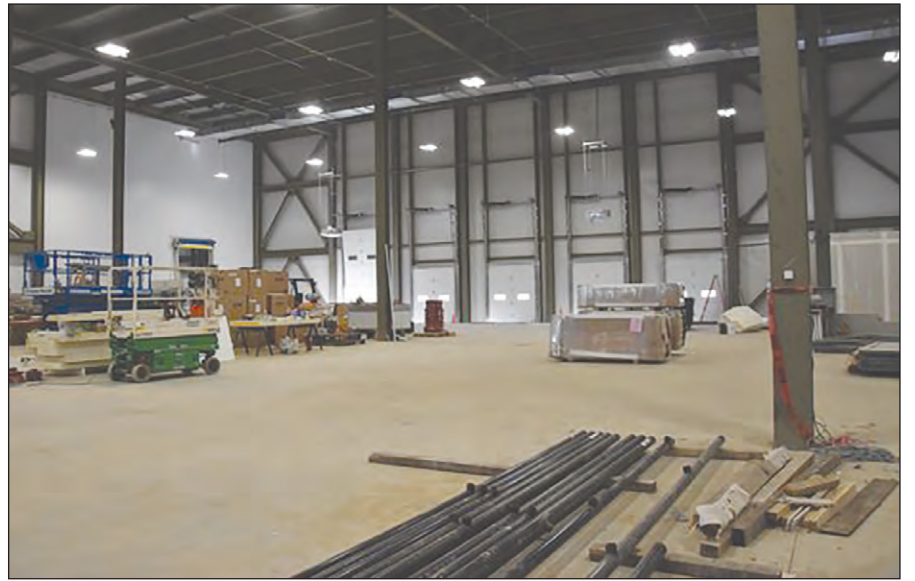


PHOTOS AND CAPTION COURTESY OF THE POLICE DEPARTMENT

CHICOPEE – The police department would like to thank everyone who purchased one of our Autism Awareness Patches. On Tuesday, Sgt. Lyman presented Sunshine Village with a check in the amount of \$385. The department also brought out our ice cream truck to surprise everyone with free ice cream. Once again the department thanks you for your continued support.



## Construction progressing on Food Bank



CHICOPEE – The Food Bank of Western Massachusetts recently posted these photos to its Facebook page, showcasing the progress that has been made on the construction project to create the new headquarters in Chicopee, which will open later this year.

PHOTOS COURTESY OF THE FOOD BANK



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## WALMART from page 1

expense, switch to paper bags and address the trash problem.

He added, "We're looking for additional action."

"I think Walmart knows we're serious, and I hope they offer real solutions so we don't have to," Dobosz said. "The trash and crime is just out of control at the Chicopee Walmart, so I'm glad we're doing something."

Ward 4 Councilor George Balakier presented the possibility of fining Walmart.

"We're hopeful by getting additional information, they're going to come forth at the next meeting, they're going to have answers for us and they're going to be working with the city, especially some of the issues that we brought up, so we don't have to fine them, but if we have to we will," Balakier said.

Ward 9 Councilor Mary Beth Costello shared how Walmart made national headlines in 2019 due to the crime issues.

When her youngest daughter started at Elms College, Costello added, the big story for the freshman class was taking photos at Walmart and sending them to their families due to that publicity.

"To them, that was a big deal, so Walmart's got to step up to the plate. We as a city have to make sure we're enforcing ordinances in order, like Councilor Balakier said, to fine them," Costello said. "We got to continue to be proactive."

Councilor-at-Large Jerry Roy said Walmart "aren't the only aggrieved."

"I go through that plaza quite often and that plaza's a mess, and it's not all coming from Walmart, so just keep that in mind," Roy said.

Ward 3 Councilor Delmarina López said Walmart should be held accountable, adding how Home Depot had similar issues in the past but was receptive and fixed them.

She expressed concern about how implementing some actions, including citywide plastic bag bans or fines, would also have to be implemented in other businesses, thus affecting their revenues.

"Mom-and-pop businesses all over the city would be affected because a huge corporation like Walmart is having an issue that they won't address, so I'm hoping that's not what we have to turn to," López said.

President and Councilor-at-Large Frank Laflamme confirmed Roy's observation about the plaza's trash problem.

"We're going to be calling in the management company that oversees Walmart's property and the rest of them and I think that's going to be the important part to work with them and hold them accountable," Laflamme said.

Laflamme concluded "our voices are being heard" by addressing the issues at Walmart.

"I think we're making progress, but we need to stay on top of it until it's completed," Laflamme said.

## VEGGIE FEAR FACTOR

from page 1

The books were "Edible Colors" by Jennifer Vogel Bass, "Eating the Alphabet: Fruits and Vegetables from A to Z" by Lois Ehlert and "Rah, Rah, Radishes! A Vegetable Chant" by April Sayre.

Huiming Huang came to the event with her two young children, hearing about it from a flyer in the Children's Room.

"I came with my two kids and just wanted them to taste the vegetables," Huang said. "It's good, and they haven't tried those vegetables before."

As the event went on, attendees expressed excitement tasting the vegetables and figuring out what they were, with guesses including radish, unicorn squash, white carrot, cabbage, cucumber and jicama.

The vegetables were radishes, butternut squash, turnip, parsnip, zucchini and beets.

Each attendee also had the opportunity to try more vegetables and create miniature salads with the leftovers.

Huang enjoyed the event and hoped her children learned about all the different vegetables to try.

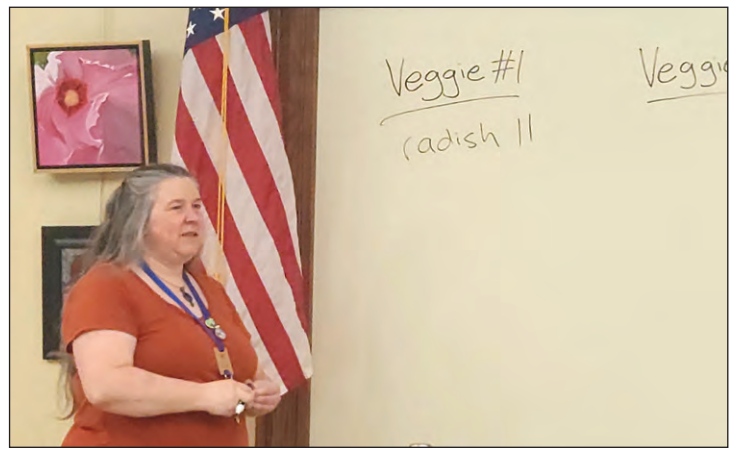
She hopes the library can also offer a cooking class in the future and appreciates how they have events for families to attend.

"They are great. I like to have my kids try different things. It's good for the kids to try new foods," Huang said. "I think with this one, it was good to have a vegetable tasting."

Jackson elaborated on how the event came together.

"I worked with our produce vendor and got as many interesting vegetables you could eat safely raw that I could think of," Jackson said. "I cut them all into a uniform julienne style so they're a little bit difficult to tell which ones they are."

Jackson explained the event is fun and educational while providing recipes and cooking ideas. "We're teaching that you can



STAFF PHOTO BY KRISTIN RIVERS

Erin Daly, youth services coordinator at Chicopee Public Library, keeps a tally of guesses for the veggies taste-tested during the Veggie Fear Factor event at the library.

eat all of these raw. You can make a really cool salad if you mix them all together," Jackson said. "It's a different way to enjoy a lot of vegetables you usually just cook."

Daly oversees the children's events and loves holding them for families.

"It's edutainment where you're playing and learning at the same time," Daly said. "We made it like a game show style of thing where you're learning about different vegetables and getting everybody maybe trying something they wouldn't try otherwise. It's cool if you don't like it, but it's good to try stuff."

Daly loves "doing stuff that's fun for everybody" and the library's partnership with ChicopeeFRESH.

"We're all just trying to support our kiddos," Daly said. "Try-

ing to promote the same kind of healthy behavior, trying new things and being curious about vegetables."

Jackson added, "It's free fun for everybody."

Daly and Jackson want the community to know ChicopeeFRESH will be at several locations during the summer to provide summer meals for children under 18.

Additionally, Lorraine's Soup Kitchen for adults is in the library parking lot.

"The library is doing a ton for kids and families, and we're getting into the summer reading season where we have stuff almost every day during the week, so please get in here and have fun with us and learn things! We love hanging out with our great community partners like ChicopeeFRESH," Daly said.

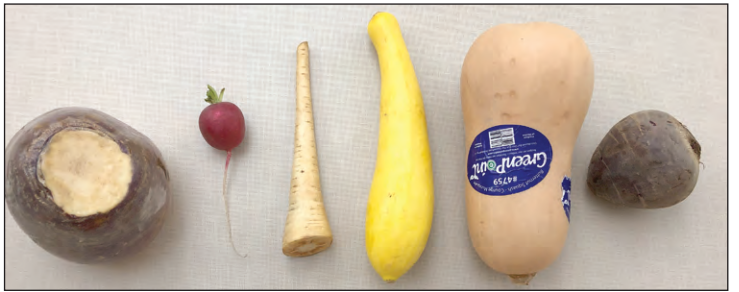


PHOTO COURTESY ERIN DALY

The veggies children, tweens and families got to try during the Veggie Fear Factor event at Chicopee Public Library. The veggies included a radish, butternut squash, turnip and more.

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# Sports

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## Pacers edged by Monson

MONSON – Last Friday afternoon, Chicopee girls lacrosse fell in their regular season finale at Monson 11-9. Chicopee got three goals each from Madison Thibault and Avery Placzek. Chicopee will not make the state tournament, as they are below .500 at 6-10 and ranked below the top 32 in Division 3.



Lauren Cross sends a pass forward.



PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM

Madison Thibault advances toward the Monson goal.



Ann Fedora looks to make a pass as she heads up the field.



Olivia Dobronski tries to corral the loose ball.

## Colts drop final two games

BELCHERTOWN – Last week, Chicopee Comprehensive boys lacrosse lost their final two games of the regular season to Westfield, and an 8-2 loss against host Belchertown last Wednesday evening. In the defeat, Zack Canavan and Luke Theroux had the lone goals for the Colts. Chicopee Comprehensive, which now co-ops with Chicopee High in boys lacrosse finished the regular season 1-15 and will not make tournament.



Shane Upham makes a pass.



PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM

Zach Canavan makes his way up the field.



Lucas Blanchard tries to keep the ball away from a defender.



Luke Theroux winds up for a pass.

## Pioneers open regular campaign with win

By Tim Peterson  
Sports Correspondent

LUDLOW— Alec Hughes scored ten goals for the UMass men's soccer team as a junior. The forward has netted almost half that many goals in the Western Mass. Pioneers first two regular season matches.

Hughes scored a pair of goals in the season opening shutout victory at the Boston Bolts on May 16. He added two more goals to his stat sheet in the home opener, as the Pioneers celebrated a 3-0 win over Pathfinder FC on a miserable, rainy night at Lusitano Stadium last Saturday.

"I had never played a match at this stadium before last week's friendly, so scoring two goals in the home opener is very special for me," said Hughes, who's from Glastonbury, Connecticut. "Despite the



PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM

Goalie Gianluca Cerosimo kicks the ball away.

rain, we still had a very good crowd here tonight. I can't wait to see the atmosphere at this stadium on a nice night. I just want to do anything that I can to help me team win."

Ben Brewster, who's the associate head coach of the UMass men's soccer team, rec-

ommended Hughes to Pioneers head coach Federico Molinari. Brewster, who's a former Pioneers player, also coaches the club's USL Academy boys' team.

"I was very impressed with

See **PIONEERS** page 8



# Bonsignore gets the checkered flag at Riverhead Raceway

RIVERHEAD, N.Y. – A classic short-track battle between two of the veterans of the NASCAR Whelen Modified Tour ended with Justin Bonsignore's 10th career Riverhead Raceway win on Sunday afternoon in the Buzz Chew 200. Bonsignore started from the top spot after scoring his 25th career pole in qualifying and ran second for much of the race, but was able to roll the outside lane by Ron Silk on a late restart to get back to Victory Lane.

Silk led much of the race – but a caution late stacked the field up and gave Bonsignore another shot. The two battled side-by-side, beating and banging during a short-track battle in New York. Off turn four, Bonsignore was sideways on the outside lane, but a caution flew for a multiple-car accident and Bonsignore was out front, holding the advantage for the final restart of the 200-lap race.

Bonsignore drove off turn four to the checkered flag. The victory places Bonsignore just one short of the Whelen Modified Tour wins record at Riverhead – 11 – held by Mike Ewanitsko. Bonsignore will have a chance to tie when the series returns to Riverhead on June 24.

The win was also Bonsignore's 36th career – giving him sole possession of fourth place on the all-time wins list on the Whelen Modified Tour. He now sits just seven wins short of Ted Christopher for the top-three.



SUBMITTED PHOTO

Justin Bonsignore scored a modified win at Riverhead Raceway last weekend.

"Ron and I have been beating the heck out of each other all year," Bonsignore said. "The caution towards the end was good for us. You just have to keep yourself in these races and it fell our way today. It's unbelievable to get number 10 at Riverhead. I can't thank everyone on this team enough. It's a cool way to get to Victory Lane. All of these are special. Tying Mike has been a goal of ours for a long time and to get this close to the record is special. These races never get any easier to win."

In just six days, Justin Bonsignore will return to the track with the next race on the NASCAR Whelen Modified Tour schedule – the Granite State Derby at Lee USA Speedway – on Saturday, May 27. For more information and tickets for the race, visit JDVProductions.com.

For more information on Justin Bonsignore and the Kenneth Massa Motorsports team, visit JustinBonsignore.com and follow his Athlete page on Facebook for the latest news and updates.

## PIONEERS from page 7

Alec when I watched him play for UMass last year," Molinari said. "He's a key player for us, but we need everyone to contribute in order to have a successful team."

Hughes, who played for Hartford City a year ago, thinks playing for the Pioneers will help him prepare for his senior season at UMass.

"We have several players from several different countries on this team," Hughes added. "It's also a little bit higher level than the Hartford team that I played for last summer."

The Pioneers, who are looking to qualify for the USL League Two playoffs

for the fourth time since 2019, had several scoring chances during the first 45 minutes, but the contest was still scoreless at halftime.

"It was a little bit frustrating not scoring any goals during the first half," said Hughes, one of the first-year players listed on the Pioneers roster. "We had some good scoring opportunities, but we finally scored in the second half."

A little more than ten minutes into the opening half, Western Mass. midfielder Khalid Rose sent a pass into the box from the right side. A shot attempt from Tomas Duben, who's also a forward, was deflected away by Pathfinder FC goalkeeper Eirik Elvestad, who made the diving save.

Hughes also had a couple of headers during the first twenty minutes, but they either sailed wide or were saved by Elvestad, who finished the match with a total of five saves.

Pathfinder FC, who played their first match of the season, are from the Poughkeepsie, New York area.

Down at the other end of the field, first-year Western Mass. starting goalie Gianluca Cersosimo didn't see very much action on the rainy and windy night.

Cersosimo, who was a grad student on the L.I.U men's soccer team last fall, made a kick save late in the first half. It wound up being his only save of the match.

Cersosimo received plenty of support from his defense, which was led by Rodrigo Saraiva de Castro, Gabriel Pacheco, Jared Smith, and Nicholas Obberauch, who's the Pioneers captain.

Connor Hicks, who helped the Monson boys' varsity soccer team win two state titles and three Western Mass. titles

## Blue Sox in need of host families

HOLYOKE – The Valley Blue Sox is still searching for a few host families for the 2023 season.

To be a host family, all you need is a private room for the player to stay in, food options, and access to a kitchen.

In return, 2023 volunteer host families will receive:

Free general admission to all Valley Blue Sox home and away games

Food vouchers for every home game

Transportation and ticket free to the Boston Red Sox game on June 12

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If you are interested in being a host family, please contact [matt@valleybluesox.com](mailto:matt@valleybluesox.com) for more information.

## Follow Turley Sports on Instagram

Turley Publications sports department has recently joined Instagram. You can find our account by searching "turleysports." We will regularly feature samples of photos that you will see in our publications on a weekly basis. Please follow and share with your friends and loved ones. We will be featuring photos from all 11 of our sports sections, but as always, you can see all the photos that appear by subscribing to your local paper or picking up a copy in your community.

during his memorable high school career, is another Pioneers defender. After sitting out the season opening match with an injury, Hicks entered last Saturday's contest during the second half.

Another Monson resident listed on the Pioneers roster is Jonathan Murphy, who'll be a junior on the Boston College men's soccer team in the fall. Frankie D'Agostino, who's also a former Pioneers player, is the Eagles associate head coach.

Ten minutes into the second half, a shot attempt from Pioneers forward Augustine Boadi deflected off the far post.

Another shot by Hughes was saved by Elvestad.

The home team finally gave their faithful supporters something to cheer about during the 67<sup>th</sup> minute. Rose was tripped up in the box by a Pathfinder defender resulting in a penalty kick.

Hughes stepped up to the line and blasted a shot into the back of the net giving his team a 1-0 lead.

"I just booted the ball as hard as I could down the middle into the back of the net. It's always a good feeling whenever you score a goal and your teammates are happy for you," Hughes said. "I also made a P.K. at UMass last year at Central Connecticut."

The Pioneers took a 2-0 lead six minutes later.

After receiving a pass from Rose, Boadi fired a low shot that skipped on the wet turf into the right corner of the net.

Rose, who's one of the Pioneers elder statesmen, was also credited with the assist on the second goal scored by Hughes during the 77<sup>th</sup> minute.

"The rain made it very difficult to see, so it was nice to score those three goals in the second half," Rose said. "We didn't have very many fans here tonight, but you could still hear them on the field. It's always an amazing feeling whenever we win a match at this stadium."

The Pioneers are scheduled to play a couple of road matches before returning to the friendly confines of Lusitano Stadium to face Black Rock FC at 7 p.m. on June 3.

# HIRING DRIVERS

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Nicholas Obberauch gets the throw-in.



# PUBLIC NOTICES

## CHICOPEE CITY COUNCIL ZONING COMMITTEE LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing **Wednesday, June 7, 2023 at 6:30 PM\*** in the Chambers, 4th floor, City Hall Annex, 274 Front Street., Chicopee, MA 01013 to discuss the following:

Home Occupation application at 13 Mary Street, Apt. 2 for the purpose of doing a home based bakery. Applicant – Morgan Gillan, 13 Mary St., Apt. 2, Chicopee, MA 01020.

The plans/application can be viewed on the City Council website <https://www.chicopeema.gov/880/Pending-Applications>

\*COVID-19: Pursuant to the Governor's Order Suspending Certain Provisions of the Open Meeting Law, MGL c. 30A due to the novel Coronavirus outbreak, the June 7, 2023 Zoning Committee hearing shall be available to the public via zoom and in person. Anyone wishing to participate remotely shall, provide notice to the Office of the City Council by calling (413) 594-1435 M-F 8:30 AM – 5 PM or by email at [aczarniecki@chicopeema.gov](mailto:aczarniecki@chicopeema.gov) by June 5, 2023. Those giving such notice will need to identify the public hearing and provide their name, address and contact phone number to minimize the potential for zoom bombing.

The petition and materials related to this proposal are on file in the Office of the City Council, Chicopee City Hall, 274 Front Street, (plans and applications are also available on the City Council website <https://www.chicopeema.gov/880/Pending-Applications> by June 5, 2023. Those giving such notice will need to identify the public hearing and provide their name, address and contact phone number to minimize the potential for zoom bombing.

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Home Occupation License at 45 Marion Street for the purpose of doing business in the capacity of growing microgreens in the vicinity to sell at farmer's market. Applicant – Jerrico Rosa, 45 Marion St., Chicopee, MA 01013.

The plans/application can be viewed on the City Council website <https://www.chicopeema.gov/880/Pending-Applications>

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Home Occupation License at 413 East Main Street for the purpose of doing dog grooming. Applicant – Marissa Lalchandani, 413 East Main St., Chicopee, MA 01020.

The plans/application can be viewed on the City Council website <https://www.chicopeema.gov/880/Pending-Applications>

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Ordinance Amendment to add new language to Chapter 275-9 end of section 275-9 (F). Special Permits under Chapter 275 Section 67 (Mill Conservation and Commercial Center Overlay District) shall lapse in a period of three years. Complete text available in the City Council Office. Applicant: Councilor Frank Laflamme (At-Large) City Council Office, City Hall Annex, 274 Front St. Chicopee, MA 01013.

Ordinance Amendment to delete Sections 275-41 Home Occupation, 275-52(B)(11), 275-53(B)(12), and 275-54(B)(1)(i) and insert Section 188-22 Home Occupation License - discussion of Home Occupation licenses. Complete text available in the City Council Office. Applicant: Councilor Frank Laflamme (At-Large) City Council Office, City Hall Annex, 274 Front St. Chicopee, MA 01013.

Ordinance Amendment to delete in its entirety Chapter 275-66A Burnett Rd. and insert new language for Chapter 275-66A Burnett Road Special Permit process. Complete text available in the City Council Office. Applicant: Councilor Derek Dobosz (Ward 6) City Council Office, City Hall Annex, 274 Front St. Chicopee, MA 01013.

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contact phone number to minimize the potential for zoom bombing.

**2. Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

**3. Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

**4. Counsel for Parents:** If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

**5. Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: May 19, 2023  
**Rosemary A Saccomani**  
Register of Probate  
05/26/2023

**CHICOPEE  
CITY COUNCIL  
ZONING COMMITTEE  
LEGAL NOTICE**

The Zoning Committee of the Chicopee City Council will hold a public hearing **Wednesday, June 7, 2023 at 6:30 PM\*** in the Chambers, 4th floor, City Hall Annex, 274 Front Street., Chicopee, MA 01013 to discuss the following:

Ordinance Amendment to add new language to Chapter 275-9 end of section 275-9 (F). Special Permits under Chapter 275 Section 67 (Mill Conservation and Commercial Center Overlay District) shall lapse in a period of three years. Complete text available in the City Council Office. Applicant: Councilor Frank Laflamme (At-Large) City Council Office, City Hall Annex, 274 Front St. Chicopee, MA 01013.

Ordinance Amendment to delete Sections 275-41 Home Occupation, 275-52(B)(11), 275-53(B)(12), and 275-54(B)(1)(i) and insert Section 188-22 Home Occupation License - discussion of Home Occupation licenses. Complete text available in the City Council Office. Applicant: Councilor Frank Laflamme (At-Large) City Council Office, City Hall Annex, 274 Front St. Chicopee, MA 01013.

Ordinance Amendment to delete in its entirety Chapter 275-66A Burnett Rd. and insert new language for Chapter 275-66A Burnett Road Special Permit process. Complete text available in the City Council Office. Applicant: Councilor Derek Dobosz (Ward 6) City Council Office, City Hall Annex, 274 Front St. Chicopee, MA 01013.

\*COVID-19: Pursuant to the Governor's Order Suspending Certain Provisions of the Open Meeting Law, MGL c. 30A due to the novel Coronavirus outbreak, the June 7, 2023 Zoning Committee hearing shall be available to the public via zoom and in person. Anyone wishing to participate remotely shall, provide notice to the Office of the City Council by calling (413) 594-1435 M-F 8:30 AM – 5 PM or by email at [aczarniecki@chicopeema.gov](mailto:aczarniecki@chicopeema.gov) by June 5, 2023. Those giving such notice will need to identify the public hearing and provide their name, address and

contact phone number to minimize the potential for zoom bombing.

The petition and materials related to this proposal are on file in the Office of the City Council, Chicopee City Hall, 274 Front Street, (plans and applications are also available on the City Council website <https://www.chicopeema.gov/880/Pending-Applications> by June 5, 2023. Those giving such notice will need to identify the public hearing and provide their name, address and contact phone number to minimize the potential for zoom bombing.

The petition and materials related to this proposal are on file in the Office of the City Council, Chicopee City Hall, 274 Front Street, (plans and applications are also available on the City Council website <https://www.chicopeema.gov/880/Pending-Applications> by June 5, 2023. Those giving such notice will need to identify the public hearing and provide their name, address and contact phone number to minimize the potential for zoom bombing.

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outbreak, the June 7, 2023 Zoning Committee hearing shall be available to the public via zoom and in person. Anyone wishing to participate remotely shall, provide notice to the Office of the City Council by calling (413) 594-1435 M-F 8:30 AM – 5 PM or by email at [aczarniecki@chicopeema.gov](mailto:aczarniecki@chicopeema.gov) by June 5, 2023. Those giving such notice will need to identify the public hearing and provide their name, address and contact phone number to minimize the potential for zoom bombing.

The petition and materials related to this proposal are on file in the Office of the City Council, Chicopee City Hall, 274 Front Street, You may also call (413) 594-1435 or email [aczarniecki@chicopeema.gov](mailto:aczarniecki@chicopeema.gov).  
05/19, 05/26/2023

**SALE OF  
MOTOR VEHICLES  
Under G.L. c.255 Sec. 39A**

Notice is hereby given by Interstate Towing, Inc. pursuant to the provisions of G.L. c. 255, section 39A, that on June 25, 2023 at Interstate Towing, Inc the following Motor Vehicles will be sold at private sale to satisfy our garage keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehicles.

2011 GMC Acardia  
VIN: 1GKKVRKD2DJ227094  
Wellington Santos  
75 Fruit St. Ext.  
Milford, MA 01757

TOW BEHIND TRAILER  
VIN: UNKNOWN  
UNKNOWN  
UNKNOWN

2021 HONDA CIVIC  
VIN: 2HGFC2F6XMH502526  
Johnny Rodriguez  
2 Western Dr.  
Chicopee, MA 01013

2009 ACURA TL  
VIN: 19UUA86529A005578  
Shemar Murray  
3 Standish St.  
Boston, MA 02124

2000 VW JETTA  
VIN:  
3VWSD29M9YM113109  
Omar Sanchez Bareet  
117 Rosewood Ave. Apt. 1  
Waterbury, CT 06706

2008 BMW 328Xi  
VIN: WBAWC33588PD09633  
Tatiana Maldonado  
834 Worthington St. #2  
Springfield, MA 01105

2009 SATURN AURA  
VIN: 1G8ZS57BX9F140471  
Omar Wal  
12 Oak St.  
New Britain, CT 06051

2013 CHEVY SILVERADO  
VIN: 1GCRKSE79DZ229457  
Lugene Przeszralski  
91 Summit St.  
Brookville, PA 15825

1997 HONDA CIVIC  
VIN: 2HGEJ6620VH533730  
Shana Burgess  
659 Prospect St. Apt. E2  
Chicopee, MA 01020

2010 HONDA ACCORD  
VIN: 1HGCS1B37AA008937  
Ruiz Santos  
227 Savoy Ave.  
Springfield, MA 01104

2012 DODGE CHARGER  
VIN: 2C3CDXHG6CH295377  
Jennifer Deal  
22 Cross St.  
Chicopee, MA 01020

2005 NISSAN MURANO  
VIN: JN8AZ08W95W435465  
Alexander Feliz Medina  
104 Newland St.  
Springfield, MA 01107

2018 PITSTER KJRM125

VIN: A2BDR3136MJ022530  
Omar Reyes  
174 Pembroke St.  
Springfield, MA 01104

2012 KENWORTH  
CONSTRUCT T700  
VIN: 1XKFD49X3CJ300771  
RUDY'S Transportation  
108 Delong Ave.  
Syracuse, NY 13208

2005 SUBARU LEGACY  
OUTBACK  
VIN: 4S4BP61C056322685  
Allen Busuulwa  
194 Cohasset St.  
Worcester, MA 01604

2011 FORD FUSION SE  
VIN: 3FAHP0HA0BR336932  
Metson Corriellant  
40 South Ave  
Burlington, MA 01803

2007 JEEP GRAND  
CHEROKEE  
VIN: 1J8GR48K87C577149  
Seneida Torres  
Po Box 127  
East Longmeadow, MA 01028

2011 FORD CROWN  
VICTORIA  
VIN: 2FABP7BV4BX182883  
Javier Figueroa  
1146 Page Blvd.  
Springfield, MA 01108

2015 HONDA ACCORD  
VIN: 1HGCR2F37FA217775  
Christopher Vasquez Roman  
78 Callender St.  
Boston, MA 02124

2009 PONTIAC G6 GT  
VIN: 1G2ZH57N594140408  
Holly Laporte  
66 Stonina Dr.  
Chicopee, MA 01013

MOTORCYCLE  
VIN: LWGYCUL188A00100  
Jacob Hartley  
300 West Rd  
Westfield, MA 01085

2011 GMC TERRAIN  
VIN: 2CTFLREC8B6244728  
Tania Garcia  
61 Stonina Dr.  
Chicopee, MA 01013

05/26, 06/02 06/09/2023

**Commonwealth of  
Massachusetts  
The Trial Court  
Hampden Probate and  
Family Court  
50 State Street  
Springfield, MA 01103  
Docket No. HD22D1145DR  
Glorimar Maldonado vs.  
Eliu Mercado  
DIVORCE SUMMONS  
BY PUBLICATION  
AND MAILING**

To the Defendant:  
The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown.

The Complaint is on file at the Court.  
An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon:  
**Glorimar Maldonado  
22 Artisan Street, Apt. 1L  
Chicopee, MA 01013**  
your answer, if any, on or before 08/11/2023. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.  
Date: May 16, 2023  
**Rosemary A. Saccomani**  
Register of Probate  
05/26/2023

**Commonwealth of  
Massachusetts  
The Trial Court  
Hampden Probate and  
Family Court  
50 State Street  
Springfield, MA 01103  
(413)748-7758  
Docket No. HD23P1038EA**

**Estate of:  
Theresa A Sears  
Also known as:  
Theresa Ann Sears  
Date of Death: 05/07/2023  
CITATION ON  
PETITION FOR  
FORMAL  
ADJUDICATION**

To all interested persons:  
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Thomas G Sears of Chicopee, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Thomas G Sears of Chicopee, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

**IMPORTANT NOTICE**  
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 06/15/2023.**


This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED  
ADMINISTRATION  
UNDER THE  
MASSACHUSETTS  
UNIFORM PROBATE  
CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.  
Date: May 17, 2023  
**Rosemary A. Saccomani**  
Register of Probate  
05/26/2023

**See More Legals  
on Page 10**





# Kayla Comiskey participates in Lasell University RUNWAY shows

NEWTON – Kayla Comiskey, a Lasell University student from Chicopee, participated in the institution’s annual RUNWAY shows last month.

Comiskey was a designer who presented original work at the RUNWAY undergraduate show.

The annual fashion shows featured work from 89 student designers and more than 150 models and production staff members. An undergraduate show on Friday, April 28, showcased work across 11 categories, including sweater knits, corsetry, athleisure, and non-textiles. On Saturday, senior designers

presented full collections.

Fashion merchandising and management students Jacqueline Minasian ‘23 and Catherine King ‘23 co-directed the shows, while Noelle Engrassia ‘23 served as production assistant. With guidance from Kristin Kinsky, assistant professor of fashion and RUNWAY faculty director, the student leaders managed the entire process: sourcing, training, and coordinating models; managing production staff; coordinating backstage and front-of-house needs; overseeing promotions and media; and working

with designers to make their visions a reality.

The senior class show on Saturday, April 29, highlighted collections from 22 fashion design and production students from the fashion design and production Class of 2023. Each collection included seven looks developed over the course of the year with accompanying music and video content to convey the designer’s vision.

The RUNWAY shows closed out Lasell’s end-of-year academic festivities, including the Connected Learning Symposium on Thursday, April 27.

# SNHU announces Winter 2023 President’s List

MANCHESTER, NH – It is with great pleasure that Southern New Hampshire University congratulates the following local students on being named to the Winter 2023 President’s List: Kayla Bresnahan and Mohamad Kariem Allam of Chicopee.

The winter terms run from January to May.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President’s List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

## ELMS COLLEGE from page 1

pared them for an innovative world, joking he used ChatGPT to write his speech.

“In a world in which many functions can be performed by computers and artificial intelligence, your Elms College education provides you some competitive advantages,” Durnay said. “In addition to the degree that you are obtaining today, we at Elms College believe that your competitive edge is that you are prepared to be ethical individuals and moral agents. It is that, which will set you apart as Elms College graduates.”

Tabron addressed the students as leaders, explaining they chose a life of impact and service and that “great leaders are committed.”

“I know many of you are already planning on careers of service. Some of you are still deciding what is next. But whether your job is in a hospital or a school, marketing or medicine, you can find a way to serve as a pocket of hope for your community,” Tabron

said. “You don’t have to be a college president or a foundation CEO. You can lead in many ways – however you choose to serve. It’s not as complicated as we make it out to be. It just takes love, support and commitment.”

Kimberly Quinonez, a South Carolina native, said graduating with a social work degree means everything.

“I think it speaks volumes not just in my life, but in others’ lives. I’ve lived a very challenging life. I’ve had some battles, some struggles and challenges, but it never defined who I am as a person,” Quinonez said. “I’ve persevered and I believe getting this degree today will allow me the opportunity to advocate and be there for others who have maybe the same challenges I have overcome.”

Quinonez got accepted to Springfield College and plans to start classes soon. She currently works at the Hampden County Sheriff’s Department.

Quinonez had this message for her fellow graduates.

“One, we did it, and two, we became such an amazing family. There

was no way we weren’t going to be successful. So we have to keep supporting, encouraging, uplifting and being there for one another,” Quinonez said.

Quinonez encouraged graduates to “be there for those that are coming behind us” and give them support.

“Show them the same love we’ve shown one another,” Quinonez said.

Quinonez wants the community to prepare for the graduates.

“Just know that we mean business. We’re coming for change. We’re coming to change, we’re coming to advocate, we’re coming to help those who are sick,” Quinonez said. “We’re just coming to bring change.”

Reflecting on overcoming adversity, Quinonez emphasized the power of perseverance, faith and recognizing potential.

“I am standing here today because someone’s seen my potential when someone else didn’t see it. I didn’t see my potential, but others did and they would not let me give up, and so today I’m grateful,” Quinonez said.



STAFF PHOTOS BY KRISTIN RIVERS

Valedictorian Taylor Borla, ’23, shakes hands with Elms College President Harry Dumay, Ph.D., MBA after receiving the Founder’s Cross during the Elms College 92nd Commencement ceremony at the MassMutual Center.

# PUBLIC NOTICES

**Commonwealth of Massachusetts  
The Trial Court  
Hampden Probate and Family Court  
50 State Street  
Springfield, MA 01103  
(413)748-7758  
Docket No. HD23P1028EA  
Estate of:  
Rita C Stellato  
Also known as:  
Rita Constance Stellato  
Date of Death: 01/05/2023  
CITATION ON PETITION FOR FORMAL ADJUDICATION**

To all interested persons:  
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Deana Boushell of North Falmouth, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Deana Boushell of North Falmouth, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

**IMPORTANT NOTICE**  
You have the right to obtain a copy of the Petition from the Petitioner or at

the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 06/14/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distri-

but ion of assets and expenses of administration.

WITNESS, Hon. Barbara M. Hyland, First Justice of this Court.

Date: May 17, 2023  
Rosemary A. Saccomani  
Register of Probate  
05/26/2023

**IN THE DISTRICT COURT OF THE FIRST JUDICIAL DISTRICT OF THE STATE OF IDAHO, IN AND FOR THE COUNTY OF KOOTENAI**

In the Matter of the Application of a Minor Nolan Thurman, For a Change of Name Case No. CV28-23-1578

Notice of Status Conference NOTICE IS GIVEN

That the above-entitled case is set for:

**Hearing Type: Status Conference**

**Date: 06/26/2023**

**Time: 9:00 AM**

**Judge: John A. Cafferty** at the: Kootenai County Courthouse, 324 West Garden Avenue, Coeur d’Alene, ID 83816.

Jennifer Locke

Clerk of the Court

Dated: 05/01/2023

By: Jessica McKenzie

Deputy Clerk  
05/12, 05/19, 05/26, 06/02/2023



The 2023 Elms College graduating class have taken their seats during the Elms College 92nd Commencement ceremony at the MassMutual Center.

## COLLEGE COSTS from page 4

college in those colleges is much easier than getting in. Presently, this reporter is researching each of the Community Colleges that largely served the western part of Massachusetts beginning with Mount Wachusett and Greenfield Community Colleges. So far, some nice surprises, but some are facing challenges. Each week there will be a profile of the colleges.

With college costs being so high, does it make financial sense to go to a Community College for two years and then transfer to as a junior to a four-year college? As is the case to many scenarios...it depends. Those will be explored and explained.

If the reader has personal experience with a Community College, as a student or parent in Massachusetts or elsewhere, they may email Eric Goodhart at [barrenews@turley.com](mailto:barrenews@turley.com).

WE’VE EXPANDED OUR WEB SITE

## PUBLIC NOTICES

ARE NOW ONLINE

- 1 Email all notices to [notice@turley.com](mailto:notice@turley.com)
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts’ public notice web site to search all notices in Massachusetts newspapers.

VISIT

[www.publicnotices.turley.com](http://www.publicnotices.turley.com)

Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.



# Classifieds

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## FOR SALE

### ESTATE SALE

**MAY 27,28 & 29 9:00-3:00 15 MARGARETE STREET, CHICOPEE CASH ONLY** BRING YOUR OWN HELP TO MOVE ITEMS.

### FIREWOOD

**!!!!FRESH CUT!!!!** Over a cord guaranteed. Cut, Split, Prompt delivery. Call D & D Cordwood **(413)348-4326**.

**MORE HEAT LESS WOOD.** Central Boiler Classic Edge HDX Outdoor Wood Furnace. EPA Certified. Titanium Stainless Steel. 26% Tax Credit. Call **(508)882-0178**

## MISCELLANEOUS

**LEATHER ADJUSTABLE HEIGHT ARTIST PIANO BENCH EBONY \$90.00;** Bogen professional 3001 tripod \$75.00; Real wicker 2 chairs 1 loveseat \$125.00; Cuisinart insta-pot electric pressure cooker used once \$75.00; Husqvarna Viking Daisy sewing machine never used \$85.00 **(413) 256-1670**

### TAG SALE

**325 THREE RIVERS ROAD, WILBRAHAM MAY 27 9:00-6:00 NO EARLY BIRDS.** Multi-family, sewing machine, decorative items, beautiful clothing, stereo equip. So much more.

## WANTED

**OLD CARPENTER TOOLS** wanted. Planes, chisels, axes, etc. Vintage hunting, camping, cast iron cookware, advertising, motorcycles, clothing. Call Ken **(413)433-2195**.

## WANTED

### WANTED TO BUY

**ANTIQUES AND OLD STUFF WANTED BUYING** Bottles, Crocks, Jugs, Pottery, Costume Jewelry, Toys, Games, coins, sterling, glassware, silver-plated items, watches, musical instruments, typewriters, sewing machines, tools, radios, clocks, lanterns, lamps, kitchenware, cookware, knives, military, automotive, fire department, masonic, license plates, beer-cans, barware, books, oil cans, advertising tins, munting, fishing, signs, and more **Donald Roy (860)874-8396**

## SERVICES



**2\*\*\*\*\*A & B HOUSEHOLD REMOVAL SERVICE\*\*\*\*\*** Cellars, attics, garages cleaned, yard debris. Barns & sheds demolished. Swimming pools removed. Cheaper than dumpster fees and we do all the work. Lowest rates. Fully insured. **(413)283-6512, cell (413)222-8868**.

**BILODEAU AND SON ROOFING.** Established 1976. New re-roofs and repairs. Gutter cleanings and repairs. Licensed/ insured. Call **(413)967-6679**

**CHAIR SEAT WEAVING** & refinishing - cane, fiber rush & splint - Classroom instructor, 20+ years experience. Call Walt at **(413)289-6670** for estimate.

**DRYWALL AND CEILINGS,** plaster repair. Drywall hanging. Taping & complete finishing. All ceiling textures. Fully insured. Jason at Great Walls. **(413)563-0487**

## SERVICES

### ELECTRICIAN

**DEPENDABLE ELECTRICIAN, FRIENDLY** service, installs deicing cables. Free estimates. Fully insured. Scott Winters electrician Lic. #13514-B Call **(413)244-7096**.

### HOME IMPROVEMENT

**HOME IMPROVEMENT SPECIALIST** Decks, Porches, Doors, Windows, Repairs, Cement repairs, asphalt repairs, mulch, stone and screened loam. BBB approved. Vinyl Fence. Tim **(413) 563-2229**

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**HOME REPAIR & REMODELING** for all your interior & exterior needs. Carpentry, woodworking, porches, patios, windows, doors, painting, drywall, siding, landscaping, clean-outs. Competitive pricing. References. Please call Brendan **(413)687-5552**

### LANDSCAPING

**A+ ROZELL'S LANDSCAPING & BOBCAT SERVICE** Excavator Services Overgrown property? Extreme Brush Cutting! Shrub, Stump, Tree Removal Lawn/Arborvite Installed Loam, Stone, Mulch, Sand Storm Clean-up Small Demolition/ Junk Removal Insured **Josh Rozell 413-636-5957**

## SERVICES

**\*\*ALL SEASON\*\*** Specializing in shrub trimming, pruning, design, deliveries, loader, backhoe, insured. Professional. Please call Bob **(413)537-5789 (413)538-7954**.

**DAVE MAZ LANDSCAPING** Lawn mowing, Spring thru Fall clean-ups, mulching, pruning. Holyoke, South Hadley, Chicopee, Hadley and Amherst. Call **413-536-3697**.

**MATT GUERTIN LANDSCAPING** Serving Wilbraham & Ludlow Spring clean-up and lawn repair Weekly mowing and yard maintenance Landscape installation and restoration Shrub trimming, pruning, and mulching Call or text **413-266-9975** Insured - Commercial and Residential

**S&S LANDSCAPING** Residential and Commercial Yard clean ups, lawn mowing, lawn repair, fertilizing, mulch, stone, hedge trimming, planting. Free estimates, Fully licensed and insured. You'll like us mower **413-240-1992**

### LAWN & GARDEN

**A.A.A. ROTOTILLING** Time to till gardens, flower beds wherever. Be safe grow your own. Operator fully vaccinated. Call Bob **413-626-1927**.

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## SERVICES

### MASONRY

### STOP WET BASEMENTS

**ABC MASONRY & BASEMENT WATERPROOFING** All brick, block, stone, concrete. Hatchway doors, basement windows, chimneys rebuilt & repaired, foundations repaired, basement waterproofing systems, sump pumps. BBB+ rating. Free estimates. Lic #14790. Call **(413)569-1611, (413)374-5377**

### PLUMBING

**GREG LAFOUNTAIN PLUMBING & HEATING** Lic #19196 Repairs & Replacement of fixtures, water heater installations, steam/HW boiler replacement. Kitchen & Bath remodeling. 30 years experience. Fully insured. \$10 Gift Card With Work Performed. Call Greg **(413)592-1505**

### RUBBISH REMOVAL

**BOB ROBILLARD'S RUBBISH REMOVAL** Attics, Cellars, Garages cleaned, Pools/Hot Tubs Removed. Family owned/operated since 1950 **(413)537-5090**

### TUNE-UPS

**SNOWBLOWER & LAWNMOWER TUNE UP & REPAIR A&M TUNE-UPS** Push Lawnmowers, Riding Mowers and Small Engine Repair. Work done at your home. Call Mike **(413) 348-7967**

## SERVICES

### STUMP GRINDING



**SAW STUMP GRINDING** Call for a Free Estimate, Veteran Owned, Fully Insured **413-213-5470**

## HELP WANTED

**NEIGHBORLY CLEANING & CARE** is looking for mature, responsible adults with own transportation, experience and references for a house-keeping position. Hours 7:30- 2:30. Call Nancy today **(413)267-4297**.

**PART TIME SECRETARY FOR SMALL AGAWAM OFFICE.** Need to be organized with attention to detail reply to **babco321@comcast.net**

## HEALTH CARE

**ALERT 96 YEAR OLD WIDOW NEEDS 7:00-12:00 MORNINGS OR 5:00 P.M.-9:00PM/ EVENINGS** CNA CERTIFICATIONS DESIRED. Call **(413)789-6017**

## AUTO

**CASH FOR JUNK AND REPAIRABLE CARS** FREE TOWING FAST SERVICE CASH PAID AS IS CALL OR TEXT **413-219-6839**

## REAL ESTATE

### FOR RENT



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**ALL REAL ESTATE** advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

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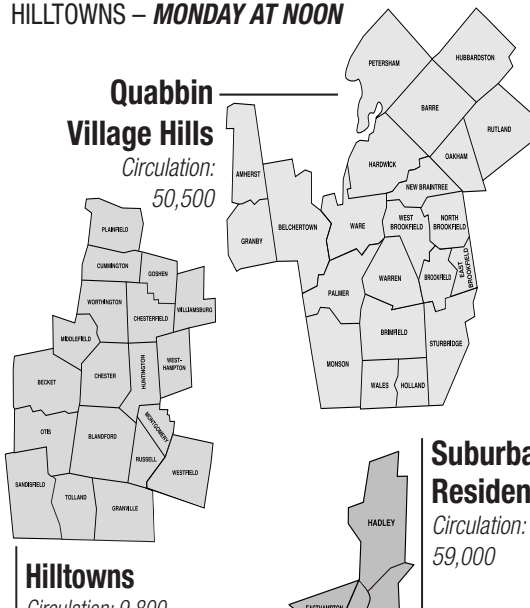
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# May is National Stroke Awareness Month

*Strokes have many causes - Energy drinks are among the latest*

SPRINGFIELD – Eat this, not that. Drink this, not that. What’s a person to think? One day coffee is good for you, then another study a year later says it is not.

Now caffeine, the popular stimulant in a person’s daily “cup of joe,” is under scrutiny again, but this time in relation to energy drinks and energy shots – and a risk for stroke. Energy shots are a concentrated form of energy drinks, which contain caffeine and other substances like energy drinks, but in smaller volumes.

May is National Stroke Awareness Month. A stroke, also known as transient ischemic attack or cerebrovascular accident, happens when blood flow to the brain is blocked, preventing the brain from getting oxygen and nutrients from the blood needed to keep brain cells alive.

“There is a paucity of research data on the topic of whether energy drinks can cause an ischemic stroke. While there is no definitive study offering proof to that effect, scientists have found possible links between the two,” said Dr. Melissa Mercado of the Neurology Division at Baystate Health.

“What we as doctors are certain of is that drinking exces-

sive amounts of caffeine increases your heart rate and blood pressure, and that high blood pressure is the leading risk for stroke,” she added.

Caffeine is a stimulant which occurs naturally in the seeds, nuts and leaves of various plants, including coffee beans, tea leaves, cocoa beans, kola nuts and guarana seeds.

Energy drinks contain large amounts of caffeine, the biggest culprit, as well as added sugars and other stimulants such as guarana, taurine and I-carnitine. The National Institutes of Health notes that 70 to 240 milligrams of caffeine can be found in a 16-oz drink and 113 to 200 milligrams in an energy shot.

For healthy adults, the Food and Drug Administration cites 400 milligrams a day - equal to about four to five cups of coffee - as relatively safe from deleterious health effects. And the American Academy of Pediatrics recommends that adolescents aged 12-18 should not exceed 100mg/day or an average cup of coffee. They also go as far as to say that “caffeine and other stimulants contained in energy drinks have no place in the diet of children and adolescents.”



Mercado, Melissa

A sampling of published reports on the ill-effects of energy drinks include:

A story published by the Cleveland Clinic entitled “Warning: Are You Aware That Energy Drinks Can Trigger Strokes?” noted that energy drinks can cause anxiety, high blood pressure, heart palpitation, and caffeine intoxication and withdrawal in young people, and while adolescents may use energy drinks to study, long-term mega-doses of caffeine are not good for the brain.

A small study published in the Journal of the American Heart Association, the Open Access Journal of the American Heart Association/American Stroke Association, found that drinking 32 ounces of an energy drink in a short timespan may increase blood pressure and the risk of electrical disturbances in the heart, which affects heart rhythm.

An article in the American Journal of Emergency Medicine in 2012 entitled “Do energy drinks cause epileptic seizures and ischemic stroke?” - the authors report a case where a patient had ischemic stroke and epileptic seizure after intake of energy drinks with alcohol. At

the time it was believed to be the first reported case.

A paper published by Rutgers University called “Hazards to Caffeine in Energy Drinks and Healthy Alternatives” noted the death of a healthy Irish teenager before a basketball game because of cardiac arrest after consuming four cans of a popular energy drink led to a ban on energy drinks in some European countries. The paper also noted that although studies cannot prove that energy drinks directly cause such hazards as diabetes, seizures, cardiovascular issues, and mood changes in consumers, they can correlate the energy drinks to each of those cases and to seizures and stroke.

According to the National Institutes of Health National Center for Complementary and Integrative Health, energy drinks are the most popular dietary supplement consumed by American teens and young adults. Men between the ages of 18-34 consume the most energy drinks, and almost one-third of teens between the ages of 12-17 drink them regularly.

Consider the popular phrase - “Everything in moderation.”

“Since many Americans today are often known for their overconsumption of food and beverages, including energy drinks, doctors often recommend that adults drink no more than one can a day, with many

pediatricians agreeing that even a single can may be too much for children and younger adults,” said Mercado.

The Baystate neurologist noted that chugging down too many energy drinks can lead to a condition called reversible cerebral vasoconstriction syndrome which can result in the risk of stroke, noted Mercado.

“RCVS causes a narrowing of the blood vessels in the brain, which can restrict its blood supply. Its main symptom is a sudden, severe headache, often referred to as a ‘thunderclap headache,’ unlike you’ve never experienced,” said Mercado.

“While many Americans, especially college students and athletes, turn to energy drinks to improve their concentration and reduce fatigue, as well as to enhance their physical performance, regular coffee is likely a safer alternative with less additives and sugar that could lead to other health problems,” she said.

The acute stroke team at Baystate Medical Center provides care for more than 1,600 stroke patients each year, more than any other hospital in western Massachusetts. Treatment and rehabilitation services include inpatient stroke services, stroke emergency services, telestroke services, rehabilitation services after stroke, and stroke support services.

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