Page 7, 10

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IN YOUR HOME

A message from the **Turleys**

Every week a team of reporters, editors and people who assemble the paper work hard to bring readers information they need to know about their community. It's hard work and we love it.

Our goal is to provide a clear reflection of the community, and share stories about issues and events in your town as well as those about your neighbors, family and friends; in essence, a clear reflection of the community. We provide news that is difficult to find anywhere else.

Turley Publications has been doing so for 60 years now, and enjoys being an integral part of the community.

Every year we invite residents to join those who already subscribe to the Journal Register, so they too can be informed and join their neighbors in keeping up-to-date on so many aspects of the community. We do that by mailing an issue of The Journal Register to everyone in Palmer, Monson, Brimfield, Holland and Wales, on us, so you can see for yourself what types of information we provide.

If you want to know when and why your taxes go up, what successes and challenges are in your school system, what others are doing to make your community a better place, and so much more, we

hope you will consider subscribing. We also value your opinions and ideas. Please let us know what's important to you by picking up the phone and calling us. Let us know

if we're meeting your expectations. You can also call us to let us know about an important event in your family's life. That's why we're

We love being a part of this community and maybe even, in a small way, a part of your family.

We hope to be arriving each week at your home holding up that mirror, The Journal Register.

> Sincerely, Patrick Turley, CEO Keith Turley, President Turley Publications, Palmer

EDUCATION

Palmer Schools welcome new superintendent

By Dallas Gagnon Staff Writer dgagnon@turley.com

PALMER - With over 20 years of experience serving in education, Matthew Francis joins the Palmer School District as its new superintendent.

Francis offers the district a leader with experience educating in a diverse range of communities and institutions, including public and private sectors across three

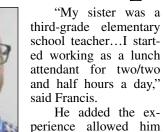
He graduated with a bachelor's degree in education from

John Carroll University in 1994, and went on to achieve a master's degree in administration from Framingham State University in 2007.

While John Carroll University in Ohio, Francis said he was initially pursuing a degree in business management before sustaining a sports-related injury.

Following his injury, Francis took some time off to heal when he began working part time for a private school in Ohio.

attending



to reevaluate his career **Matthew Francis** path as he recognized the "influence you could have on

students.' "That experience, that repertoire you get to build with them in a short amount of time, just

imagine the positive influence you

"My sister was a could have in their lives," Francis said of teaching.

He later accepted a long-term substitute teaching position.

"I liked it because every day you (were able) to learn. It was a chance to see a variety of students amongst every grade level," he

After graduating from John Carroll University, Francis accepted a position as a third-grade teacher in Colorado Springs, where he taught for three years before transitioning into a position

FRANCIS | page 8

MONSON

New principal excited for upcoming year



Submitted Photo **Principal Art Murphy intends to keep** it "R-E-A-L" at Monson High School.

By Marcelo Gusmão Staff Writer

MONSON - The high school's new principal, Art Murphy, aims to keep it "R-E-A-L" in the upcoming school year, with an emphasis on "Respect, Empathy, Accountability, and Leadership.'

"Ever since I was a kid, I just loved going to school, loved being at school," Murphy said, adding that he is looking forward to a student

MURPHY | page 8

PALMER



Principal Sue North

Sue North celebrates 30 years of education

PHS principal looks forward to new year

> By Dallas Gagnon Staff Writer dgagnon@turley.com

PALMER - After 29 years serving the Palmer School District, Palmer High School Principal Sue North will embark on her 30th year with the district, and her eighth year as principal.

"I wanted to teach here in the district I grew up in," said North of her decision to pursue education in the Palmer School District.

"I truly care about every student. I have love for all students

NORTH | page 8



Turley Photos by Dallas Gagnon

to live life simply and fully."

"He was a very unique per-

She said a unique character-

achieve greatness."

always there to support

students and help them

Peritz-Smith said Dave

was a special educa-

tion teacher for over

20 years, and "was an

advocate for the under-

Dave's sister, Ivy

son...A very respected and loved

teacher," said colleague and Palmer High School Principal Sue

istic about Dave was that "he was

Brenda Palmer, outreach coordinator and Holland Community Center director, joined some of the younger attendees for a day of fun in the foam pit. Please see more photos on page 14 and 15.

SUMMER FUN

Swim Camp

Turley Photos by Dallas Gagnon Swimmer Audrey Zimmer is all smiles while wearing a floatation belt and paddling on a noodle. See

MONSON

More QVCDC transportation services to residents

By Dallas Gagnon Staff Writer dgagnon@turley.com

MONSON - A representative of the Quaboag Valley Community Development Corp. came before the Selectboard to share new service and transportation opportunities for Monson riders.

Rural Transit Program Manager Jen Healy revealed that from 2021-2023, 1,997 Monson residents utilized transportation services provided by the Quaboag Connector.

"Since we've started, we have given about 60,000 [rides] in the last 6 to 7 years or so... but in the

QVCDC | page 9

IN MEMORIAM

Special education teacher has lasting impact

Honoring David Peritz #dolifelikedoo

> By Dallas Gagnon Staff Writer dgagnon@turley.com

PALMER - With ringing laughter, a passionate love for family and the simple things in life, and a constant advocate for the underdog, David Peritiz, 50, leaves behind a lasting impact on the Palmer community.

A beloved father, brother, son, uncle and special education teacher, Peritz is remembered most by friends and family for his "ability



dog." She said he was also known affection-

North.

ately as "Dooey" and "Doo."

"Dave really wasn't a strang-PERITZ | page 16

story and photos on page 6. MADE TO SUPPORT THIS COMMUNITY.

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BILL

This is Bill! He lives in Palmer. He is calm, and very sweet. His nickname is "Chill Bill." He loves to go hiking and is even great off-leash.

He has an interesting back story; his family adopted him at age six this past Halloween from Holyoke Community College. He was a part of their vet tech program. Previously, he was from an animal testing facility called the Charles River Laboratory in Shrewsbury.

Up until August 2022, they would euthanize all testing dogs. Fortunately, a new law was passed called the Beagle Bill, so now these companies have to attempt to put their testing dogs up for adoption if they are deemed healthy.

He is discovering the world every day! Everything is new to him. His family can't imagine what the first six years of his life were like as a laboratory testing dog, but they do know that from now on, Bill is going to live his best life!

We feature your pets here. Is your fur friend a dog, cat, chicken, lizard, horse, bird, mouse...you get the point. Is there a pet you're fostering and trying to rehome? All pets are welcome! Email a high-resolution jpg of your pet with a little information to mharrison@ turley.com.



DEADLINE

The Journal Register has changed its firm deadline for public submissions to Mondays. To get your submission in for that week's edition, email Editor at mharrison@turley.com or call the office at 413-283-8393 by noon on Mondays.

We appreciate the cooperation of our readers.



Domnarski finishes first at Hardwick Fair road race

Henry Domnarski of Palmer took first place in the 46th Running of the Road Race during this past Saturday's Hardwick Community Fair. Domnarski finished the 5.7 mile challenging course in 31:05. The course record is 28:19, set by John Panaccione in 1985.

Monson library hosts homeschool hangout

By Emily-Rose Pappas Staff Writer

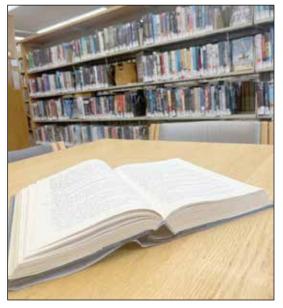
MONSON – Do you homeschool? Are you looking to homeschool? Are you looking for a homeschool community? Well, look no further.

The Monson Free Library is hosting a special Homeschool Hangout on Thursdays from 1-2 p.m. as a drop-in event in the teen section at the tables.

The Library has provided a one-hour window for homeschool families to drop in and interact with each other. It is an amazing opportunity for homeschool families to connect, and for friendships to be made.

The Hangouts began officially on May 2 after an initial open house and survey revealed Thursdays were the perfect match.

These meetups will continue into the fall, and the library provides board games, puzzles, and laptops for activities or learning; and, of course, the



Turley Photo by Emily-Rose Pappas The Monson Free Library hosts Homeschool Hangout on Thursdays from 1-2 p.m.

many books to read in comfortable

To all homeschool families (and potential or future families) this event is a great way for students to make new

Pioneer Valley Commission secures grant from National Park Service

WARE— The National Park Service named the Pioneer Valley Regional Ventures Center, Inc. as one of only 13 awardees nationally to receive a Paul Bruhn Historic Revitalization Grant.

The \$750,000 grant will allow the state-designated regional planning agency to work with the Ventures Center to develop a subgrant program and select individual projects in rural communities for physical preservation projects that will contribute to economic vitality.

It is the first time a Bruhn Historic Revitalization Grant has been awarded to a Massachusetts organization.

"From our cities to our rural towns, we know economic development is ofthat reflect the history of community and pay tribute to the people who came before us," said PVPC Executive Director Kimberly H. Robinson. "We are grateful to the National Park Service and its Paul Bruhn Historic Revitalization grant program for providing the resources necessary to reactivate historic buildings in rural towns that will create 21st century opportunities for growth."

Using its 501(c)3 subsidiary, the Pioneer Valley Regional Ventures Center, PVPC staff will provide sub grants to competitively selected preservation and rehabilitation projects on National Register-listed anchor historic buildings in 40 communities with less than 12,500 ten spurred when we reinvest in places residents in Hampden and Hampshire

Counties, and West Central and Southwest Central Worcester County.

Sub grant awards of up to \$100,000 will be given to work in compliance with the Secretary of the Interior's Standards for the Rehabilitation of Historic Properties to conduct pre-planning; roof repair or replacement; exterior rehabilitation such as painting, or historic siding restoration; structural repairs; window and door restoration; and life safety improvements to include fire suppression and ADA compliance.

Eligible owner-applicants will be private, public, or nonprofit. There will be no match required. Applications will be evaluated based on population, regional distribution, variety

of project type, community and economic development potential, pre-planning to determine project needs, and the capacity of the active, local working group.

A Preservation Restriction will be required on a property that receives funding.

These grants mark the fifth year of funding for the program honoring the late Paul Bruhn, executive director of the Preser-

vation Trust of Vermont for nearly 40 years.

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One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral

date and place. The other is a **Paid Obituary**, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph. Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.



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Corrections The Journal Register will

gladly correct factual errors that appear in this paper. Corrections or clarifications will always appear on Page 2 or 3. To request a correction, send information to Editor at mharrison@turley.com, or call 283-8393, extension 236. Corrections may also be requested in writing at: Journal Register, Attn: Editor 24 Water St., Palmer, MA, 01069.



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Fundraiser remembering local resident Joey Bush, Jr. this weekend

By Marcelo Gusmão Staff Writer

PALMER - A fundraiser to honor the memory of resident Joey Bush, Jr., who passed away three years ago, will be held this weekend in West Warren.

The fundraiser, an opioid awareness event, will be held on Saturday, August 26, at the St. Stanislaus Society and benefit the Herren Project, a non-profit organization dedicated to addiction recovery.

Joey Bush, Sr. collaborated with friends and family to arrange this event in memory of his son, who passed away at the age of 23 in July of 2020.

"Ever since my son passed away, every year in Augustbecause August 31 is opioid awareness day," Bush said, "we've gotten together with family and friends, basically just to get together and remember him.'

Bush said these gatherings began with 25-30 people in the first year, growing to 50 attendees in the second year, and about 70 in the third year. Bush described setting out a donation box as being a last-minute decision that ended up raising a fair bit of money, which inspired Bush and his friends to turn the event into a fundraiser, which has already sold over 230 tick-

Jim Mallory, who is helping to arrange the event, described some of the attractions the fundraiser has already arranged, including a chicken barbecue dinner and a number of raffles, including gift baskets and a 50/50 raffle.

"We will raffle off a Blackstone grill, a Yeti cooler, a 70inch flatscreen TV, we have a signed Gronkowski jersey, and I believe we'll have a \$400 scratch ticket tree," Mallory said, adding, "we'll have a face-painter for the kids, we'll also have volleyball, a cornhole tournament, and the club has horseshoes.'

Musical entertainment will be provided by Off the Trax, a



Joey Bush, Jr.

classic rock cover band that plays "all that great classic rock and roll that you loved from your old album collection that you sold," according to their page on social media.

Bush said he discovered the Herren Project last year while the group was seeking a recipient of the donations.

'One of the things that really caught my attention," Bush said, "they would tell you what \$25 would do, what \$100 would do...\$1,000 would put somebody up in a bed for 30 days."

When it comes to drug addiction, it's one out of two households that are affected in one way or another by somebody's drug use," Bush said. "Nobody talks about it, because there's a stigma, a lot of embarrassment, a lot of shame, and that's the tough part. For all I know, half of the people [who bought tickets] could be affected by some of these drugs."

Mallory said the event will have representatives from the Herren Project and also CleanSlate, "which is another organization that supports this cause," Mallory said, describing the organization as "one of our biggest supporters.'

"I just want to be part of the solution," Bush said. "Luckily, I have some very good friends and family that feel the same way. Jim and Laurie Mallory are amazing, my wife is by my side, and my son's half-sister Brittany Collette—they're just great people to be around, and I certainly couldn't do this alone, that's for sure."

"My son, he struggled with some mental health issues, he'd

been in and out of hospitals for a good portion of his life," Bush, Sr. said. "He was just full of life, fun to be around...the kid would give you the shirt off his back. So respectful to his elders. He just struggled with things."

About five months before Joey Bush, Jr. passed away, his father described when a woman found him in the middle of the night, passed out from an over-

"The Palmer Police came, they were able to give him Narcan and bring him back," Bush said. "I thought this was it, this was the breakthrough that would scare him far away from the stuff." Bush was unaware that his son was still involved with opioids until he got the news that he had passed away.

"It's tough with kids like that," Mallory said. "Once they hit 18, the parents don't have a legal right to protect them. You can't force them into a home, can't force them into anything, can't do stuff to help them. All you can do is give advice, when you're in that kind of position."

"The day before he passed away, I went to see him, he was living with his grandfather," Bush said. "I remember it was a Thursday. I got there, we talked...when I left, I told him I loved him, and he said he loved me too, and I left feeling like everything was normal. Then the next morning, I got the call."

"Sometimes, when it's your own children, you want to believe what you want to believe, and I wanted to believe he was good and away from that stuff," Bush said.

"Losing my son was, obviously, a very devastating thing, there's a lot of pain that came with that," Bush said. "If I can stop somebody from feeling what I'm feeling, at least then I feel like he didn't die for noth-

The fundraiser will be held from noon – 6 p.m. on Saturday, August 26, at the St. Stanislaus Society, 144 South St. in West Warren.

89-year-old resident fulfills lifelong dream of skydiving

By Marcelo Gusmão Staff Writer mgusmao@turley.com

PALMER - Resident Millie Jasak has demonstrated how adventures can happen at any age—at 89-years-old, she recently jumped out of a plane to fulfill her lifelong dream of skydiving.

On August 6—four days short of her 89th birthday—Jasak joined a group of seven skydivers from Chicopee at Jumptown in Orange. The skydivers dropped from the plane at 13,500 feet in the air, where they were treated to an aerial view of the Quabbin and the surrounding region.

"It was great, I enjoyed it," Jasak said. "I loved it, to tell you the truth." Skydiving had long earned a spot on Jasak's bucket list.

"It looked like it was fun, I like to try different things before I die, and that was one of the ones on the list,"

Jasak happened upon the opportunity to fly with Jumptown through family connections.

'It was really roundabout," Jasak said. "I live next door to my son, and they sent over my grandson to bring me over to the house, they were having a party. He came over, and as we're walking back, he said 'did you know [Jasak's granddaughter Andrea] is going skydiving?' I said, 'she is?

And she didn't say nothing to me?" Jasak confronted her granddaughter for withholding this rare opportunity.

Andrea LaViolette was quoted as saying, "you want to come with us? You can come!"

The adventure was not smooth sailing from there, however; after Jasak provided her information to the post office where her granddaughter works, the flight was postponed twice

Hot Tub Removals

due to bad weather. "The third time, the day was beautiful," Jasak said.

Seven other skydivers went with Jasak, who she identified as being from the Chicopee post office at which granddaughter works.

"If she hadn't taken me, I wouldn't have gotten to go," Jasak said. "When our parachutes finally opened, the instructor moved it around so I could see all the countryside... you could see the whole Quabbin, all the trees and houses—it was beautiful, it was absolutely beautiful."

"The only thing didn't like, when we jumped out and we were free-falling, it was too much air in my face," Jasak said. "I didn't like the air in my face, because I couldn't see."

Jasak admitted that she screamed as she fell out of the plane, although she also noted that she wasn't scared.

"Whenever anything happens like that, when I go on a roller coaster, I scream like crazy, and then I shut up," she said. "After he pulled the cord to have us come down on the parachute, it was beautiful...it was so quiet. It



Millie Jasak, photographed during her descent from **13,500 feet in the air.**

was gorgeous, really and truly."

Jumptown offers skydiving opportunities for students and experienced jumpers alike. For more information, visit jumptown.com.



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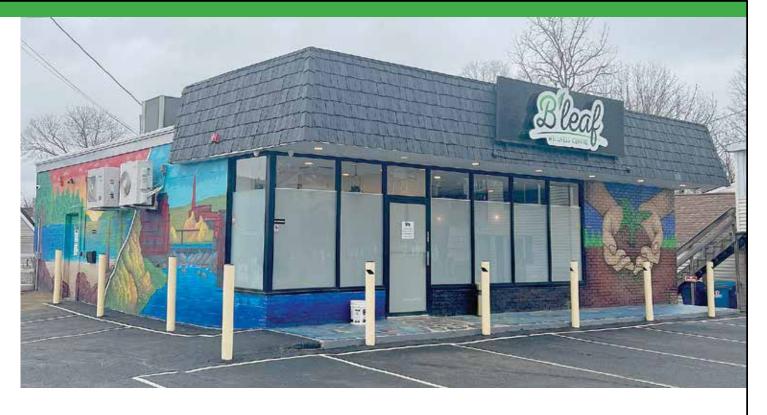
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Viewpoints



When should my wife claim Social Security?

Dear Rusty

My wife will be 65 next year, and her full retirement age is 66 years plus 10 months.

Can she collect 50% of my Social Security benefit at her full retirement age and then get her own higher personal amount at age 70? Her own amount at her full retirement age is \$1,100 per month but her age 70 amount is \$1,800. My Social Security is \$2,300. Suggestions welcome.

Signed: My Wife's Helper

Dear Helper

Your wife cannot separate her spousal benefit from her personal Social Security retirement benefit – whenever she claims she will be automatically deemed to be filing for both her own benefit and her spousal entitlement. Thus, she cannot claim her spousal benefit first at her Full Retirement Age and defer claiming her own SS retirement benefit until she is 70.

When your wife should claim is, essentially, a decision which should consider the urgency of her need for the money, her life expectancy, whether she will be eligible for a spouse benefit from you and whether she is working.

If your wife claims before her Full Retirement Age and is working, she'll be subject to Social Security's "earnings test" which limits how much she can earn before some SS benefits are taken away. Social Security's earnings test goes away at FRA.

Average life expectancy for a woman your wife's age is about 87. If your current \$2,300 benefit is a result of you taking your Social Security at your full retirement age or earlier, then your wife will receive a small "spousal boost"

If she claims at her Full Retirement Age, your wife's total Social Security payment will be 50% of the amount you were entitled to at your FRA and that will be her permanent amount, except for annual COLA increases.

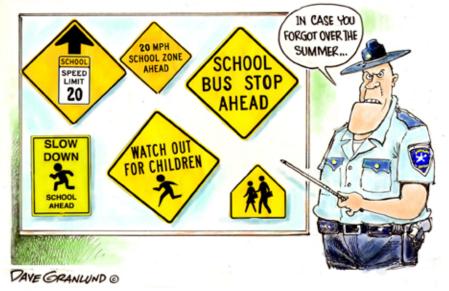
However, from what you've shared, your wife's age 70 amount is considerably more than her maximum spousal benefit so, if her life expectancy is long, that suggests she may wish to consider waiting until age 70 to claim her own maximum benefit. By doing so, your wife will get more in cumulative lifetime benefits if she achieves average life expectancy.

The unknown factor is your life expectancy because, as your widow, your wife will be entitled to 100% of the amount you were receiving at your death, instead of the smaller amount she is receiving on her own or as your spouse. If life expectancy is long for both of you, then your wife maximizing her own benefit by waiting until age 70 to claim is a prudent choice. But if your, or your wife's, life expectancy is shorter, then your wife claiming at her Full Retirement Age would be a better decision.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff. trained and accredited by the National Social Security Association To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadvisor@amacfoundation.org.

Russell Gloor is a Social Security advisor for AMAC.

Back to school refresher course ... for drivers ...



Midsummer questions for the Garden Lady

Marie, who gardens in Wheelwright, all you should be delighted with a burst has harvested her potatoes and she's a little upset with the outcome.

The potatoes have raised, warty areas all over them. In other places they are pitted. Is my soil infected with some type of disease or is there an insect that is causing these imperfections?"

My guess would be that you are fighting the scab fungus. It is most prevalent in soils that contain lots of decaying organic matter and remain wet for a considerable amount of time.

With all of the rain we had this summer there are many gardeners in the same boat, pun intended!

Although the fungus can remain in the soil for years, it is most active when the pH is between 5.7-7.5. With this in mind, rotate your potato crop from year to year.

Also, do not lime or apply wood ashes to the soil where potatoes are to be planted. If you amend the soil with compost or manure, be sure it is well-rotted.

Select seed potatoes that are certified disease-free and choose varieties that are resistant to the disease. Thicker skinned russet types as well as those with reddish brown skin seem to suffer the least amount of damage.

Check out the Moose Tuber section in the Fedco Seeds catalog (www.fedcoseeds.com) for a resistant variety that suits vou.

Karen reads the column from her Brimfield home. She takes great pride in her new flower gardens!

"Some of my annual flowers are starting to look a little beyond hope. Should I pull out my snapdragons, bachelor's buttons and calendulas or will they rebound?"

All of the flowers you mention are cool loving annuals. By the heat of midsummer they are looking tired.

There are a few things that you can do now to help the plant send out more flowers once the weather cools in early

First, deadhead spent flowers regularly. Lots of times this action will encourage the plant to initiate new growth

If it does, cut it back to that point and apply liquid fertilizer. In no time at

of new blooms.

Of the three that you mention, you will get the best response from calendula and snapdragon. I like to leave these in place and work my fall mums and kale around them.

> It is time to harvest carrots from Lisa's vegeta-

ble garden and she's a little concerned that many of them are forked or bumpy.

"What

causes this phenomenon?"

Forked, bumpy or otherwise deformed carrots are like-

ly the result of your soil type. Is it heavy clay or does is have lots of rocks in it?

Carrots prefer loose, well-drained soil, that way their roots can grow straight down. What likely happened in your garden is that the carrots split to avoid a stone.

Before planting your seeds next spring, remove rocks and if necessary, sift the soil. You can also try growing carrots in a raised bed filled with screened loam or special raised bed soil mixes.

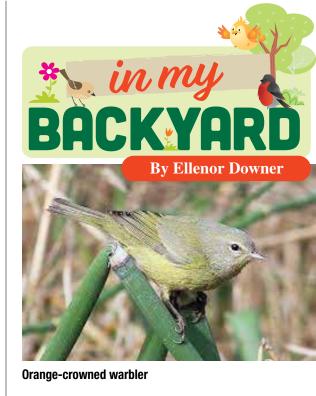
Overcrowded conditions can also cause roots to fork, so be sure you thin your seedlings carefully to about a thumb's width apart.

Overwatering can also cause forking. This year we didn't have control over much of that!!

One other suggestion: don't apply sh manure to your seed bed - it too can cause the problem you speak of. Instead, add plenty of organic matter it the form of finished compost if you would like to increase your soil's fertility.

Test results could initiate some revisions to our fertilization and liming routine this fall, preparing the way for a healthier, more productive garden next spring and summer, and maybe even a few more peppers for Genevieve to en-

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening *Question*" in the subject line.



I received an email this week from an Oakham resident, who saw a couple of warblers at Muddy Pond in Oakham. He said they were very vocal and "chirping." He said at first he thought they were Tennessee warblers, but then he noticed more gray on their head and neck. They may have been orange-crowned warblers.

The orange-crowned warbler is about five inches long and looks similar to the Tennessee warbler. A distinguishing feature is the orange-crowned has yellow under tail coverts and the Tennessee, white.

Drab is a term used to describe the orange-crowned warbler and is best identified by its lack of field marks. The orange crown patch is seldom visible as these warblers flitter about in the trees. It has dull olive-green upper parts and pale olive-yellow underneath. In addition to the yellow under tail coverts it has faint streaking on the sides of the

The female lays three to six cream colored eggs in a nest of bark strips and grasses, placed either on the ground or in a shrub. They eat insects and berries and inhabit dense thickets, forest edges and brushy fields. Their song is a high-pitched chipping trill, which trails off at the end. The call is a metallic "chet."

Wild turkeys and poults

I had to stop to let a flock of three adult hens and over 12 poults cross a road recently. As they made their way across the road, I tried to get an accurate count. However, the young turkeys moved quickly and often went behind another poult or a hen. This was the second time I saw the flock in the same general area.

Loon census

On July 15, the Loon Preservation Committee of New Hampshire held their annual loon census. In their newsletter they said, "During the Loon Census, a total of 440 volunteers took to 121 lakes across New Hampshire to count loons. In total, they documented 431 adult loons, 56 loon chicks, and 2 immature loons. This census coverage represents roughly 1/3 of the lakes that LPC biologists monitor annually, and as such, our final population numbers for the season will likely be higher."

Loon fact

After the hatch of their first chick, adult loons often remove the membrane from the first hatched egg and any attached large pieces of eggshell from their nest. This behavior has been widely documented here in New Hampshire, both on LPC's Live Loon Cams and by wildlife photographers, as well as by biologists in the field.

In a recent newsletter from LPC an article said. removal of eggshell fragments from loon nests may occur in part due to the asynchronous hatch of the two chicks. Until the second chick hatches, the loons brood their first chick on and around the nest. While they may take it into the water for brief swims or to feed it, the first chick ends up spending a lot of time on the nest while the family waits for the hatch of the second chick."

The article continued, "Loon eggs and newly-hatched loon chicks are brown in color, and as such, they blend in with their surroundings on the nest. The egg membrane and the inside of eggshells, in contrast, are a creamy white color. That makes them much more conspicuous and, if left on the nest, could increase the chance of nest predation. Therefore, it is believed that in removing egg membranes and large eggshell pieces from the nest, adult loons may be protecting their chick and the second egg from being easily noticed by predators."

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

The **Journal Register**

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Letters to the editor should be 250 words or less in length, and guest columns between 500-800 words. No unsigned or anonymous opinions will be published. We require that the person submitting the opinion also include his or her town of residence and home telephone number. We must confirm authorship prior to publication. We reserve the right to edit or withhold any submissions deemed to be libelous, unsubstantiated allegations, personal attacks, or defamation of character.

Please send opinions to: The Journal Register Letter to the Editor 24 Water St.. Palmer MA 01069, or by e-mail to: mharrison@turley.com

The submission deadline for consideration is Monday at noon.

Election letters to the editor welcome

The Journal Register welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from on the ballot or discussing campaigr issues should be sent to The Journa Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to mharrison@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that ters will be printed. No letters writter by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call editor Michael Harrison at 413-283-8393.

Campaign news As part of its election coverage the newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election as well as a question-and-answe voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Journal Register

GUEST COLUMN: QUABOAG HILLS SUBSTANCE USE ALLIANCE

Addiction Recovery: the simple things I did every day to keep me sober!

By Suzanne Yerdon Lewandowski, M.Ed.

30 years sober, 28 years without smoking, 24 years eating disorder free

Recovery from addiction is hard. Very hard!

I thought I'd be different when I first emerged from treatment. The alcohol was out of my system, and I felt

I didn't need therapy or groups. Not me!

Just let me go on with my life. I relapsed the very next day – just needed enough vodka to take off the edge. I needed that relief every day until I returned to detox two years later.

A few days out – relapse again. A year later, after a 12-hour black-out, I knew I had to change.

Addictions break up families, wreak havoc on finances, traumatize children, and create homelessness, joblessness, and often court-ordered restrictions.

The stress in early recovery is intense. There are so many things over which you have no control and over- your brain by decreasing anxiety, imwhelming feelings can send you into relapse.

It is important to focus on what you can do, that very minute, when intense cravings invade your mind.

I now have the luxury of looking back on my long and complicated journey. There are simple, yet interconnected suggestions which can be done on a moment's notice while awaiting resolution of the "big stuff" such as regaining a license, finding a job, paying off fines, etc.

They will provide a sense of accomplishment that is vital in early re-

1. Sleep is essential in early recovery, especially during withdrawal, so the brain and body can begin to repair the disrupted circuitry. Going to bed at the same time every night will help you set a routine.

2. Eat a healthy diet and stay hydrated; both physical and mental health improve from a balanced diet.

3. Add exercise into your schedule to release endorphins and reduce stress. Movement also helps reshape

proving mood, and increasing quality

4. Take a hike and improve cardio-respiratory fitness. Additionally, creative juices flow more freely, and brainpower increases. Walking or hiking on uneven terrain will improve your balance. Scents, sounds and sights of nature have a calming effect on the mind.

5. Build connections with others to reduce loneliness and isolation. Having a support system, such as sober friends, counselling, and attending peer recovery support meetings such as AA, SMART (Self-Management and Recovery Training) Recovery, Refuge Recovery, and a range of other peer-led meeting options will reduce chances of relapse.

6. Rediscover past interests or create new passions. Hobbies improve emotional wellness by relieving stress and reducing emotional triggers.

Speaking of routine, create one. Get up at the same time every morning, even if you are not working. Move! Stretch. Eat breakfast. Take a

Recommendations one through four within the first hour or two. Then fill in your day making connections and going to meetings.

These tips can help keep you even-keel through this challenging journey of abstinence. For me however, sobriety truly progressed into sustainable recovery when I integrated #6 into daily life - rediscovered past interests.

My final sobriety came in the garden.

Despite almost three decades of addiction, my athletic ability, creativity, and love for the outdoors had never left me; these became the building blocks for my new foundation. As I faced life on life's terms, I filled in pieces one day at a time.

The picture of my future puzzle was evolving. Within six years I had become strong enough to quit smoking and end the eating disorder.

Years later I found my recovery so aptly encapsulated by Marilyn Barrett, author of "Creating Eden: The Garden as a Healing Place."

Come into the garden with me. Don't worry about not knowing your way: Your heart remembers, even if your head has forgotten.

When you were small and first had time to create your dreams, you were at one with the earth you played in and with each leaf, bird, and cloud you saw. This is the garden to which I invite you to return.

Imagine a place to which you can bring stress, sorrow, loneliness, and confusion and from which you can leave with a sense of resolution, understanding, and calm. Imagine a place where you can express your own unique nature, create beauty, grow pure food, and gain control over

In my life, the garden has been such a place.

Marilyn so aptly wrote that the garden is a place for "clearing away anger, confusion, and pain, the trash of the past." She added this clearing "is a prerequisite to achieving inner peace, balance and harmony"

ADDICTION | page 5

CALENDAR OF EVENTS

E-mail items to mharrison@turley.com or mail to Calendar Editor, Journal Register, 24 Water St., Palmer, MA 01069, for receipt by Monday of week for publication.

The Journal Register encourages readers to contact event coordinators and organizers for updated event times. Have an event to promote? Email the information (in sentence form and as a Word doc or plain email text - no PDFs or flyers, please - to pressreleases@ turley.com.

NEXT WEEK

Rock the Lawn cornhole tournament at Veterans Fields, Monson on August 26 starting at noon. It is a double elimination, two bracket tournament, First Place wins \$1,750, Second Place wins \$500, Third Place wins \$250. Tickets can be purchased at myMonson.org/RTL for \$12.95 or tickets will be \$15 dollars at the gate. All proceeds go to support active military, veterans, first responders and senior citizens. For more information myMonson. org/rock-the-lawn/#cornhole.

COMING SOON

JIMMY FUND WALK: Registration is now open for the 2023 Boston Marathon Jimmy Fund Walk Scheduled for Sunday, Oct. 1. Proceeds from the event support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute. All four routes will culminate at the Jimmy Fund Walk Finish Line in the Fenway neighborhood. If walkers want to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities, including virtually. Register as an individual walker, team member or start a team at JimmyFundWalk.org or by calling 866-531-9255.

INTERESTS

CRAFTERNOONS: Drop in 2-4 p.m. daily at the Holland Public Library, 23 Sturbridge Road to learn or practice different crafts. There are new crafts every Wednesday. For more information, call 413-

KEEP HOMESTEAD MUSE-UM: Located at 35 Elv Rd., Monson, nature trails are open daily until dusk for hiking, snowshoeing and cross-country skiing. Trail maps can be found in the parking lot. The Phillips Sculpture Garden is open year-round (handouts in box on one of the signposts). For more information call 413-267-4137, email khm@keephomesteadmuseum.org or visit keephomesteadmu-

QUABOAG VALLEY QUIL-TERS GUILD: Members meet at 1 p.m. on the first and third Thursdays of the month in the Amvets post at 2150 Main St., Three Rivers. The Guild is a no-pressure group with varying degrees of accomplishments, from novice to Big E "Best In Show" winners. Dues are \$55 a year. For more information, contact Barbara Beaulieu at 267-4044 or Merry Mombourquette at 283-7577. Follow them on Facebook for

ONGOING

FARMER'S MARKETS: The Brimfield Farmers Market at Hitchcock Academy

is a fun place to find cool, unique products, plants and seasonal produce every Saturday while you meet your neighbors and support Hitchcock and local businesses.

The Wales Baptist Church farmer's market is 9 a.m. to noon every Saturday until Labor Day directly across the street from the church on Route 19 in Wales. Items being sold are baked goods, honey, seasonal vegetables, antiques and

LINE DANCING CLASS: 3-5 p.m. and/or 6:30-8:30 p.m., every Thursday at the Monson Polish Club, 7 Bliss St, Monson. Rose's line dancing classes include absolute beginners and beginners, and participants get to dance to all types of music. \$10 per class. Please wear comfortable footwear, no sandals.

GAME NIGHT: 6-7:45 p.m. the second Tuesday of every month at Top Floor Learning (third floor of the Palmer Library at 1455 N. Main St.). Free and open to the public. Play available board and card games or bring your own. Must be 16 or older unless accompanied by an adult. No Registration Required just show up! Questions? Call 283-2329, or 283-3691, or email palewis19@yahoo.com.

NOTCH VISITOR CENTER OPEN FOR WINTER SEASON: 9 a.m. to 4 p.m., Thursday-Monday. The center is located on Rt 116, at the center of the Holyoke Range State Park. DCR Interpretive staff will be available for visitors. Coming in January, programs will also be offered to highlight the Range's special nature in winter, see the park web site for details.

QI GONG: 6 p.m., every Tuesday night at Memorial Hall with Randy Emerson. Free, no registration. Presented by Monson Parks & Rec and the Monson Free Library.

myMonson presents 'Rock the Lawn' on Aug. 26

MONSON - myMonson will present its first Rock The Lawn event on Saturday, Aug. 26, from 10 a.m. until 11 p.m. at Veteran's Field.

The schedule of events is packed with live music, games, family activities and many vendors.

"Let's bring a huge crowd to downtown Monson this Saturday, to support extremely worthy causes the people who protect us now and have protected us in the past. They are America's heroes," said myMonson Chairman and CEO Aaron J. Carpenter.

The day's program highlight is a cornhole tournament with large cash prizes. Live music will begin at 11 a.m. with Corey Rieman and The Dilemma Band, then Monson's very own Jordyn Doyle at 1:30 p.m., followed by the Savage Brothers at 4 p.m. The Delta Generators will finish off the event from 8 until 11 p.m.

In addition to regional alcohol vendors, local participants include The Beer Guy, Rustic Brewing Company, Iron Duke Brewing and Hardwick Vineyard & Winery.

Food vendors include Big T's BBQ and Jerky House, Maddie's Dogs, Thai Place, North Elm Butcher Block, Udder Delights, Northside Creamery and Cookies by Ray.

"We have a bunch of inflatables and a dunk tank coming in from Jumpin Jax. Plus, we have KBK Sports coming to do a silent auction

on New England sports team mem- well as the town of Monson's Gifts orabilia from the Patriots, Red Sox, Bruins and Celtics," Carpenter said. 'We are sectioning off a 150-foot by 100-foot area for games like yard Jenga, spike ball, ladder tosses, lawn darts, Frisbees, badminton, football targets, hackey sack and more."

The issue of weather is one factor the myMonson team of volunteers have prepared for with a response game plan.

"It looks like the weather is clearing up and most of the rain would be on Friday. With that said, we still have a huge 40-foot by 80foot tent going up in the field, and we will be putting pop-ups all over the place for people to duck under if we get a shower or two. If the rain is consistent, then the cornhole tournament will go under the tent; otherwise, this will serve as a massive dining tent with tables and chairs, surrounded by all the alcohol vendors and food trucks," said Carpen-

myMonson will be donating 100% of the proceeds to local organizations which support veterans such as the Monson Chapter of Wreaths Across America, the Monson Military Care Package Drive for active military members, first responders such as the Monson Police and Fire departments and the Monson Council on Aging for senior citizens.

"I'd like to highlight Monson Savings Bank for its sponsorship, Republic Services for their help, as to the Town assistance and the grant from the Regional Economic Development Organization. Also, a huge shout out to all of our volunteer staff; this event would not be pos-

sible without them," said Carpenter. Tickets are available for \$15 per person at the door. Children 12 and under get in for free, as well as se-

niors 65 and older. Attendees can order discounted tickets at myMonson.org/RTL using any major credit card. This not only saves patrons money, but will help get them through the gates much

'We feel amazed for the opportunity to do this and for the support that we've received from Monson. A few first-year nerves, but honored and excited for the weekend,' said Carpenter. "Come attend with your neighbors and friends, it will be a memory we hope to provide for years to come.

About myMonson

Established in 2021, myMonson is a company that was formed to promote local events and small busi-

myMonson has a business directory listing on their website. Local companies can list with them and market to their thousands of monthly site visitors and provide social media services. For more information. visit mymonson.org.

Managing separation anxiety on the first day of school

SPRINGFIELD Anxiety - just about everyone, no matter what age, experiences the uncomfortable feeling at

some point in their lives. For kids returning to school, changing schools or for first-time kindergarten students, anxiety on the first day of school isn't a rarity and can often be prevented.

"First and foremost, parents need to manage their own anxiety over the separation, or any worry about their child's ability to handle it," said Dr. Bruce Waslick, chief, Child Psychiatry, Department of Psychiatry at Baystate Health in a press release.

He noted that parents should make sure children can handle what will be expected of them in 11 he or she has any concerns about school, such as managing their going to school. Address those



Dr. Bruce Waslick

pants with an elastic waist rather than a zipper, and shoes with Velcro rather than laces. In addition, make

own clothes when they

dren might feel more

confident if they have

For example, chil-

use the bathroom.

sure your child knows how to seek help from adults. Parents can help their children practice this with other adults such as neighbors, li-

brarians, and store clerks, and can also role-play with their children. Waslick noted parents should exude confidence in their child's ability to handle school and in the

adults who will be taking care of him or her in the classroom.

The more you SAVE

The more you EARN

concerns and provide reassurance by letting them know how proud you are. Let them know that they are not alone in their feelings, that many other children are experiencing the same concerns as they go to school for the first time," he said.

Children can benefit from meeting their teacher and seeing their school beforehand, especially the classroom, bathroom and lunchroom. Some children feel less anxious if they can bring something special from home, like a small stuffed animal or even a picture of their parents.

Additional tips from the American Academy of Pediatrics to help your child manage the first day of school include:

Point out the positive aspects of starting school to help your kids "Talk with your child to learn look forward to the first day of

ANXIETY | page 17

ADDICTION I from page 4

emotional rubble of the past they have inherited, and they must get to the roots of attitudes and behavior patterns that have stunted their

ing outside to deal with "the trash self-esteem, manage addictions, of the past" by remembering your strengths, creating a mindful place, and building resilience for your recovery journey. Try interweaving the different therapies (see below) into your puzzle when you feel stuck or restless.

Volunteering is another way to experience different options while learning new skills! This is how I found that special spark ignited new passions and a life that surpassed any dreams.

Animal-Assisted Therapy has been shown to reduce feelings of depression, anxiety, aggression,

and people "must sort through the loneliness, while increasing a sense of calm and unconditional affection. Caring for an animal helps with feelings of purpose and responsibility.

Art therapy helps patients Now is a great time for be- express their emotions, improve relieve stress, improve symptoms of anxiety and depression and cope with recovery.

Horticultural therapy helps improve memory, cognitive abilities, task initiation, language skills, and socialization.

Music helps in addiction recovery in many ways; it boosts motivation, confidence, and self-expression while reducing physical pain and stress. Additionally, music helps with the emotional pain of past trauma when releasing repressed emotions that arise in so-

The Quaboag Hills Substance Use Alliance https://qhsua.org/; is a regional coalition serving local communities located in Hampshire, Hampden, and Worcester Counties - the towns of Barre, Belchertown, Brimfield, Brookfield, Hardwick, Hubbardston, Holland, Monson, New Braintree, North Brookfield, Oakham, Palmer, Spencer, Wales, Ware, Warren, and West Brookfield. Join them by going to their Facebook page https://www.facebook. com/QHSUA/ or website, www. qhsua.org.

If you or a loved one needs help for substance abuse, call the statewide helpline at 1-800-327-5050 (TTY: 1-800-439-2370); the phoneline is open 24 hours a day, seven days a week; you can also go to the website at: https://hub.helplinema.org/findhelp.



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The Monson Summer Swim Camp's youngest group, the Minnows. Camp Counselor Katie Roberts is shown in the back row with Easton Bailey, at left, and Nolan Snow, at right. Front row, from left to right, are Lennox Manely, Nell Ryan, Mason Savage, Brylee Wentworth and Audrey Zimmer.





Mason Savage smiles and lays back as he learns to navigate the water.

Lennox Manley, 4, is a strong swimmer and mostly freeswims.

> By Dallas Gagnon Staff Writer

are all smiles on the playground.

MONSON - Youth swimmers ages 4 and older were granted an opportunity to learn to swim or improve swimming abilities while attending Monson Parks and Recreation Department's first ever Summer Swim Camp.

dgagnon@turley.com

The program was offered in three, one-week sessions; beginning on Aug. 7, followed by an Aug. 14 session and an Aug. 21 session.

Camp Director Malinda Manley said she spearheaded the addition of the camp because there are no camps in the area that take 4-year-olds.

As a former competitive swimmer herself, Manley said children as young as 4 are "capable of going to camp and swimming."

While there were about 30 swimmers each week ranging from 4 to 10-year-olds, Manley said by week three, they reorganized the

camp to be divided into smaller groups according to age.

Brylee Wentworth and Camp Counselor Katie Roberts

The 4 and 5-year-old swimmers made up the "minnows" group.

Minnows focused on swimming fundamentals such as learning to float on their backs, how to kick their feet and gain "water-confidence."

"Everyone needs to be able to float on their back," said Manley. She added learning to swim is

"so important, especially now because there are so many people with pools and you never know where the kids might end up."

There are two counselors and one lifeguard per group.

The Minnows' camp counselor, Katie Roberts, said she worked for the pool program for years before joining the Summer Swim Camp program.

"I work really well with younger kids [and] have always worked coaching and teaching swim," said

She added she used to be on the

Monson swim team, the Dolphins, and later joined the high school "I love working with kids, they

paddle with the in-

struction of Aquatics **Director Liz Manley.**

are adventurous and exciting," said She said the addition of a Sum-

mer Swim Camp is beneficial as "the sole thing is safety." In addition to learning safe-

ty and survival skills, Roberts said swimming creates "a sense of community. It's nice to see kids who are really shy at first blossom after swimming for a few days...it's a lot

Manley said the program will most likely grow to satisfy 40 children per cohort next year, as this year the program was brand new and it was necessary to see how it went before adding more children..

While swimming was the main attraction, children were also granted an opportunity to make arts and crafts and play outside and inside of the gym.





Brylee Wentworth and Audrey Zimmer are shown playing on the playground with one another.



Aquatics Director Liz Manley supports Easton Bailey's head as he learns to float on his back and kick his feet.

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Easton Bailey smirks while floating and paddling with a flotation device.



Nell Ryan rests on Manley's arms as she learns to float.

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413-967-5996

HCC offers free line cook training

HOLYOKE— Holyoke Community College is offering free training classes in line cook skills offered through the Office of Workforce Development office. The free line cook training starts in September and is for anyone interested in developing new skills.

Classes will be held in person at the HCC MGM Culinary Arts Institute, 164 Race St. For more information about the programs, please visit hcc.edu. Class times are as following:

Line Cook a.m. Training Sept 18 to Oct 20, 2023 Mon is from 9 a.m. to Noon Tues to Friday, 9 a.m.to 3:30 p.m.

Line Cook p.m. Training Sept 18 to Nov 9, 2023 Mon to Thursday, 5 p.m. to 9:30 p.m.

Line Cook AM Training Oct 30 to Dec 8, 2023 Mon is from 9 a.m. to Noon Tues to Friday, 9:00 am to 3:30 pm





Bus Routes 2023 - 2024

Monson High School GRADES 7 - 12

ALL ROUTES SUBJECT TO CHANGE UPDATED: August 8, 2023 PLEASE BE OUT 5 MINUTES PRIOR TO THE SCHEDULED TIME.

AM – Leave at 6:35 am – Left on Margaret St, left on High St, right on Main St, continue on Main St, right on Lincoln St, left on Green St with pick-ups, right on Bridge St, right onto Lower Hampden Rd, left onto Bogan Rd, left on Bumstead Rd for pick-ups 6:48, continue onto Elm St 6:50 for pick-ups, continue straight to Bridge St 6:51 for pick-ups, left on Green St for pick-ups, right on Main St, left on Hampden Ave 6:54 for pick-ups, stops at Hampden Court, Park Ave. left on Pease Ave for pick-ups 6:55, left on Cushman, right on Gates St, left on State St, right on Main St 6:58 am with pick-ups, continue onto Palmer Rd (Rte. 32) for pick-ups 7:00, left on Hospital Rd, turn around on Hospital Rd, back on Hospital Rd for pick-ups 7:07, to Palmer Rd. (Rte. 32) for pick-ups along Palmer Rd, with stop at Silva St, stop at Country Club Dr, continue on Plamer Rd to Main St for pick-ups. Right on Thompson St Express to High School.

PM – Left on Mill St, right on Main, right on Lincoln, left on Green one drop-off 2:19, right on Bridge St, right on Lower Hampden, drop-off at Highland Ave, left on Bogan, left on Bumstead Rd 2:24, turns into Elm St 2:27 with drop-offs, continue on Bridge St, right on Green St, left on Main St, Right on Hampden Ave with drop-offs 2:30, left on Pease Ave 2:32 with drop offs, left on Cushman, right on Gates, left on State St, right on Main St with drop-offs 2:35, continue on Palmer Rd with drop-offs 2:37, left on Hospital Rd 2:40to turn around, back out on Hospital Rd, stop at trailer park 2:43, Bear right onto Palmer Rd with drop-offs, continue on Main St to Thompson St 2:47. END

ROUTE 2

AM -Leave at 6:35am - Start with a right up High Street to Wilbraham Rd 6:40 for pick-ups, continue bearing right on Wilbraham Rd , right on Thayer Rd 6:42 for pick-ups, straight across intersection to Reimers Rd 6:50 for pick-ups, right on Nieske Rd, left onto Silver St no pickups, right on Wilbraham Rd 7:00 for pick-ups, left on Waid Rd 7:02 for pick-ups, left on Upper Hampden Rd 7:07, continue onto Wilbraham Rd 7:09 for pick-ups, continue High St 7:12 for pick-ups, left on Margaret St, express to High School. PM - Right on High St, continue Wilbraham Rd 2:15 with drop-offs, bear right on Wilbraham Rd with drop-offs 2:22, left on Waid Rd 2:25 for drop-offs, left on Upper Hampden Rd, left on Wilbraham Rd, right on Thayer Rd 2:33 for drop-offs, straight across Silver St for drop-offs on Reimers Rd 2:37, right on Nieske Rd, to left on Silver St, left on Wilbraham Rd 2:45, continue onto High St with drop offs 2:47. END

ROUTE 3

AM -Leave At 6:35 - Right on Ely Rd for pick-ups 6:39, right on Paradise Lake Rd for pickups 6:41, to the turnaround at Lakeside Dr with pick-up, then return down Paradise Lake Rd for pick-ups 6:39, right on Ely Rd 6:45 for pick-ups, left on Lower Hampden Rd, right on Bogan Rd 6:49 for pick-ups, right on Bumstead Rd 6:52 for pick-ups, left on Mayhill Rd 6:57 for pick-ups, left to merge onto Rte. 32, Continue on 32, onto Main St. Left up to High St 7:02, right on Mechanic, right on Mill St 7:08 with pickups at Flynt and Harrison, left on Main, left on Thompson with pickups 7:10, Express to Monson High School PM – Left on Margaret St with drops 2:12. left on Thompson, right on Mechanic, left on Mill with drops 2:14 stop at Flynt Ave. Harrison Ave. left on Main. left on Thompson with drops 2:16, left on Margaret St, left on High St, right on Ely Rd 2:21 with drop offs, right on Paradise Lake 2:23 with drop offs, turn around at Lakeside Dr with drop off 2:25, continue back on Paradise Lake with drop offs, right on Ely Rd 2:28 with drop offs, left on Lower Hampden Rd, right on Bogan 2:31 with drop-offs, right on Bumstead Rd 2:32 with drop-offs, left on Mayhill with drop-offs 2:35 Continue onto Stafford Rd END

ROUTE 4

AM – Leave at 6:35 – Express to Fenton Rd 6:40 for first pick-ups, right on Rt. 20E, left on Dunhamtown Rd 6:47 for pick-ups, return to Rt. 20W, a left on Fenton Rd 6:49 for pick-ups, left on Town Farm Rd 6:52 for pick-ups, left on Beebe Rd 6:58 for pickups, right on Brimfield Rd for pick-ups 7:01, left on Carpenter Rd 7:03 for pick-ups, turn around continue on Carpenter Rd for pick-ups, left on Brimfield Rd 7:09 for pick-ups, left on Bethany Rd 7:10 for pick-ups, pick up at Pine St 7:11, left on Stewart Rd 7:14 for pick-ups, right on Heritage Lane 7:15 for pick-ups. straight onto State St 7:16 for pick-ups, right on Main St, left up onto High St, stop at Pleasant St 7:18, right on Mechanic for pick-ups 7:19 Express to Monson **High School**

PM – Leave High school, left on Thompson right on Mechanic for drop offs 2:13, stop at Pleasant St 2:14, continue down to Main St. left on State St with dropoffs 2:15, left on Heritage 2:19 with drop-offs, left on Stewart, stop Stewart/Bethany for drop-offs 2:19, right on Bethany Rd with drop-offs, drop at Pine St 2:20, right out onto Brimfield Rd. right on Carpenter Rd with drop-offs 2:22, turnaround back on Carpenter, right Brimfield Rd 2:26 with drop off, left on Beebe Rd 2:30 with drop-offs, stop at Old Reed Rd for drop-offs 2:32, continue on Beebe Rd, right on Town Farm Rd 2:33 with drop-offs, right on Fenton Rd 2:40 with drop-offs, right onto rte.20, left on Dunhamtown Rd 2:45 with drop-offs. END

ROUTE 5

AM -Leave At 6:25 am - Left out on High St to Wilbraham Rd, Left on Cote Rd 6:32 for pick-ups, right on T-Peck Rd 6:33, stop at Carriage House Lane for

pick-up, left on Woodhill Rd ,FIRST STOP at the corner of Zuell Hill Rd 6:35am, continue on Woodhill Rd for pick-ups, left on Lower Hampden Rd, right on Butler Rd 6:42 am for pick-ups, right on Bradway Rd 6:49 am for pick-ups, Bradway joins with St. Germain Rd.. express on St. Germain, right on Thresher Rd, right on Lower Hampden Rd 6:58 am for

pick-ups, stop at Mayhill for pick up 7:02, left on Bridge St 7:08 am for pick-ups, left onto Green St, right on Lincoln, left onto Main St express to Monson High School

PM - Left out on High St to Wilbraham Rd, left on Cote Rd, right on T-Peck Rd 2:19 stop at Carriage House Lane for drop-off, left on Woodhill Rd 2:20, FIRST STOP at stop at Zuill Hill Rd 2:21 for drop-off, continue on Woodhill with drop offs, left on Lower Hampden Rd, right on Butler Rd 2:23 with drop-offs, continue on Bradway Rd 2:27 with drop-offs, continue to a right on Thresher to a right on Upper Hampden Rd 2:34 with drop-offs, stop at Mayhill 2:35, continue to a left on Bridge St 2:55, left on Green St . END

AM -Leave at 6:30am - Left out on High St, continue down onto Main St 6:35 with pick-ups along Main St, cross over railroad track stop at Pineview 6:41, with pick-ups along Stafford Rd stop at Crow Hill 6:45 for pick-up, left on Stafford Hollow Rd 6:45 with pick-ups, turnaround at Cedar Swamp with a pick-up before backing 6:50, continue back on Stafford Hollow Rd 6:50 with pick-ups, left on Stafford Rd - South 6:56 with pick-ups, turnaround at the CT line 6:59, head back into town with pick-ups along Stafford Rd – North, at railroad tracks 7:00, continue on Main St with pick-ups along Main St 7:08, King Ave 7:09, Whitney Ave, Reynolds Ave 7:11 continue along Main for pick-ups 7:13 to the White Church. Left on High St. Express to High School

PM – Left out on High down to Main St 2:14 with drop-offs along Main St, stop at Reynolds Ave 2:19, Whitney Ave, King Ave 2:20 for drop offs, cross railroad tracks 2:21 stop at Pineview for drop off continue with drop-offs along Stafford Rd, stop at Crow hill for drop-off 2:26, left on Stafford Hollow Rd 2:27 with drop offs, turn around at Cedar Swamp 2:30 with a drop off, continue back on Stafford Hollow Rd 2:31 with drop-offs, left on Stafford Rd South 2:37, drop offs along Stafford Rd, turnaround at CT line 2:41, drop-offs along Stafford Rd - North, cross railroad tracks 2:46, continue on Main St 2:48 with drop offs, continue with drop-offs along Main St. END

AM - Leave at 6:30 am - Margaret St to Mill to Chestnut St. left on Bethany 6:34 for pick-ups, stop at Betty Jean Dr 6:35, right onto Beebe 6:38 for pick-ups , right on Crest 6:40 for pick-ups, left on Brimfield Rd 6:42 for pick-ups (only on right side of road), right on East Hill Rd 6:45 for pick-up to end around circle, right on Munn Rd 6:52 with pick-ups, left on Wales Rd 6:56, picking up all the way to Lynch Rd 7:01, turnaround back onto Wales , right onto Old Wales Rd 7:03for pick-ups, left on Moulton Hill Extension to a right back onto Wales Rd 7:06, continuing to pick up Wales Rd to Main St, then express to Monson High School PM – Left out on High St. left around the white church. left on Main for a drop off, right on Chestnut St , left on Bethany Rd, bear left stay on Bethany 2:15 with drop-offs, stop at Betty Jean 2:16, right on Beebe Rd 2:17 with drop-offs, right on Chest St 2:18 with dropoffs, left up Brimfield Rd 2:21, right on East Hill Rd 2:24 with drop-off to end and around circle, right on Munn 2:32 with drop-offs, left up Wales Rd 2:33 with drop offs, turnaround at Lynch Rd 2:36, continue back down Wales, right on Old

Wales Rd 2:45 with drop-offs, Continue out to a right on Wales Rd 2:48 with drop-offs, down to Main St.

ROUTE 10

AM - Leave At 6:35 am - Start on High St, continue on Wilbraham Rd, left on Cote Rd 6:39 for first pickups, right on Woodhill Rd 6:43 for pick-ups, left on Upper Hampden Rd 6:45 for pick-ups, left on Bennett Rd 6:48 for pick-ups, return to Upper Hampden Rd 6:50 for pick-ups, to Wilbraham Rd, left on Reimers Rd 6:56 for pick-ups to Stebbins with pick-ups, left on Upper Palmer Rd 7:00 for pick-ups, continuing onto State Ave 7:02 for pick-ups to turn around on Water St, Continue back on State Ave 7:10 for pick-ups, continuing on Upper Palmer Rd 7:12 with pick-ups, continuing on Margaret St 7:15 for pickups, left into Monson High School

PM – Leave MHS -right on Margaret St 2:11 with drop-offs, continue Upper Palmer Rd with drop-offs. onto State Ave 2:15 with drop-offs, turnaround at Water St. continue back on State Ave for drop-offs 2:19. continue on Upper Palmer Rd with drop offs, right Stebbins Rd 2:23 with drop-offs, continue on Reimers Rd 2:25 with drop offs, left onto Wilbraham Rd 2:28, right on Cote 2:29 with drop offs, right on Woodhill Rd 2:34 with drop-offs, left on Upper Hampden Rd with drop-offs, left on Bennett Rd 2:39 with drop-offs, turnaround and head back onto Upper Hampden Rd 2:40 with drop offs to Wilbraham rd. End

AM - At 6:30 -High St to Wilbraham Rd right at fork Wilbraham Rd, right on Silver St 6:36 continue Silver St for pick-ups, stop at Lakeshore Dr 6:40, right on Rt. 20E 6:46 for pick-ups, right on Hovey Rd 6:50 for pick-ups, right on Maxwell Rd 6:51 for pick-ups, left on Silver St 6:56 for pick-ups, stop at Lakeshore Dr 7:00, left on Wilbraham Rd, express to Monson High School

PM - High St to Wilbraham Rd, bear right and continue Wilbraham Rd , right on Silver St 2:18 with dropoffs, stop at Lakeshore Dr 2:20, continue Silver St with drop offs, right on Rte. 20 at 2:30 with drop-offs, right on Hovey Rd 2:34 for drop-offs continue bearing right on Maxwell 2:32 for drop-offs, left on Silver to Wilbraham Rd END

ROUTE 12

AM -Leave At 6:35 - Start out on High St onto Main St, left on Wales Rd, right on Blanchard Rd Ext., bear right on Moulton Hill Rd 6:45 with pick-ups, Stop Childs Rd 6:50 for pick up, turnaround, continue back on Moulton Hill for pick-ups, left on Ayers Rd 6:52 for pick-ups, continue to intersection of Ayers Rd 6:55 and Cedar Swamp Rd for pick-up, right on Cedar Swamp Rd, left on Peck Bros. Rd 6:58 am for pickups, right on Stafford Hollow Rd 7:00.(NO pick-ups on Stafford Hollow Rd), right on Stafford Rd 7:02 am, express to a left on Bumstead Rd 7:02 for pick-ups to the intersection of Mayhill Rd. and Bumstead Rd. bear to right onto Old Stafford Rd merging onto Rte. 32, left on Oak St 7:10 for pick-ups right on Bliss St 7:12 for pick-ups, Left on Main St express to Monson High School

PM -Left out on High St down to Main St, right on Bliss St 2:14 for drop offs. Left on Oak St 2:15 with drop-offs, left on Main St, right on Wales Rd, right on Blanchard Rd Ext, continue onto Moulton Hill Rd 2:23 with drop offs, stop at Childs Rd 2:25, turnaround at Childs Rd, continue Moulton Hill Rd, left on Ayers Rd 2:30 with drop offs, stop for drop off at Cedar Swamp/Ayers Rd 2:32, continue on Cedar Swamp Rd, left on Peck Bros. Rd 2:35 with drop offs down to Stafford Hollow Rd with no drop offs, right on Rte 32 left on Bumstead 2:42 to Mayhill Rd for drop offs END ALL ROUTES SUBJECT TO CHANGE.

Granite Valley School/ Quarry Hill School GRADES K – 6

ROUTES SUBJECT TO CHANGE UPDATED August 1, 2023 ALWAYS HAVE YOUR CHILD OUT AND READY TO BOARD BUS 5 MINUTES PRIOR TO YOUR SCHEDULED TIME.

ROUTE 1

AM - Leave at 7:50am - Left out on High St to Main Street 7:52 pick-up # 173 & 175 Main St, Start picking up along Main St after Bliss street right side, over railroad tracks, stop at Pineview 7:57am, continue Stafford Rd with pick-ups, stop at Crow Hill for pick-up 8:03. continue to turnaround at CT line 8:08. return on Stafford Rd with pick-ups, continue over railroad tracks 8:16, with pick-ups along Main St, stop at King Ave 8:17, Whitney Ave 8:18am, Reynolds Ave 8:20am, Cushman for pick-ups, pick-up along Main until Memorial Hall 8:22, right on State St, Left on Bethany Rd 8:27 with pick-ups, stop at Pine St 8:35. END PM - Leave QHS, left on Margaret Street, left on Thompson Street, right on Mechanic Street, left on Mill Street, left on Main Street, right on Chestnut Street. right on Bethany Road 3:17 for drop-offs, right on State Street, left on Main Street, Stop at Cushman for drop-off, Stop 173 & 175 Main for drop-off 3:25 continue along Main Street, stop at Reynolds Ave crosswalk 3:30, continue with drop-offs along Main St, stop crosswalk Whitney Ave 3:31, stop King Ave 3:32 crosswalk for drop-offs, continue on Main St with drop-offs, over railroad tracks, stop at Pineview 3:37, continue on Stafford Rd with drop-offs stop at Crow Hill 3:40, turnaround at CT line 3:46, continue on Stafford Rd with drop-offs, over railroad tracks 3:50. continue onto Main St with drop-offs up to Memorial Hall 3:55, END

ROUTE 2

AM – Leave at 7:35am –First pick-up start on High Street 7:40 ,stop Longview Dr for pick-up, stop Homer Dr 7:41, continue on Wilbraham Road 7:43 with pickups, bear right at fork continue on Wilbraham Road 7:44, left on Waid Road 7:45 for pick-ups, left on Upper Hampden Road, left back on Wilbraham Road, right on Silver Street 7:53 with pick-ups, pick-up at Silver Street Chapel 8:00, right on Rt. 20E 8:05 (Boston Road) for pick-ups, right on Hovey Road 8:09 for pick-ups, bear right on Maxwell Road 8:12 for pick-ups, left on Silver Street for pick-ups, left on Reimers Rd for pick-ups 8:15, right on Nieske Rd, right on Silver St, Left on Thaver Rd for pick-ups 8:22. left on Wilbraham Road 8:28 for pick-ups continue on High Street 8:36 for pick-ups, then express to Schools. PM –Right on High Street 3:15 for drop-offs, continue

on Wilbraham Road 3:18 for drop-offs, bear right at fork continue on Wilbraham Rd , left on Waid Rd 3:25 for drop-off, left on Upper Hampden Road, left back onto Wilbraham Road, right on Silver St 3:35 for dropoffs, continue on Silver St, stop at Silver St chapel 3:42, right on Rte. 20 (Boston Rd) 3:46 for drop-offs, right on Hovey Rd 3:49 with drop- offs, bear right on Maxwell Rd 3:50 with drop-offs, left on Silver, left on Reimers Rd for drop-off 3:56, right on Nieske Rd, right on Silver St, left on Thayer rd. 4:06 for drop-offs, left on Wilbraham Rd, continue on High St 4:15 with drop-offs. END

AM - Leave yard at 7:40am, Start on Chestnut St, left on Bethany Rd, stop at North Lane7:45 for pick-up, bear left continue on Bethany Rd 7:46 with pick-ups. right on Beebe Rd 7:48 with pick-ups, right on Crest Rd 7:50 with pick-ups, left on Brimfield Rd 7:58 with pick-ups on right side, right on East Hill Rd 8:03 with pick-ups, continue on East hill, left on Munn Rd for pick-ups, Turnaround at the entrance of Partridge Hollow Campground pick-up students from Sutcliffe 8:12, turnaround, continue back up Munn Rd, left on East Hill Rd 8:14 for pick-up, continue around circle 8:16 back on East Hill, left on Brimfield Rd 8:20 with pick-ups, bear left on Bethany Rd 8:25 with pick-ups, right on Chestnut St, left on Main St, right on Thompson St 8:28 for pick-ups, left on Mechanic St, left on Mill St 8:35 with pick-ups at Flynt Ave and Harrison Ave, Express to QHS/GVS PM - Start from GVS right on Thompson with drop-

offs, Pick up QHS, Start at Mechanic St, left on Mill St

3:12 with drop-offs at Flynt Ave and Harrison Ave, left on Main St, right on Chestnut St, bear left on Bethany Rd 3:20, stop at North Lane for drop, bear left on Bethany Rd 3:23 for drop-offs, right on Beebe Rd 3:24 for drop-offs, right on Crest Rd 3:26 with drop-offs, left on Brimfield Rd 3:32 with drop- offs on right side going up, right on East Hill Rd 3:36 with drop-offs. left on Munn Rd 3:40 with drop- offs, turnaround at campground drop-off students from Sutcliffe Rd 3:42, back up Munn Rd, left on East Hill rd. 3:45 for dropoffs, around circle continue back out on East Hill, left on Brimfield Rd 3:55 with drop-offs on right side bear left on Bethany 4:00. END

ROUTE 4

AM – Leave at 7:48 – right on Mechanic 7:50 with pick-ups, left on Mill, left on Main St, right on Chestnut St. bear left on Bethany Rd. continue up Brimfield Rd. right on Carpenter Rd 7:56 with pick-ups, turnaround at corner, continue back on Carpenter Rd with pickups, right on Brimfield Rd ,right on King St for pick-ups 8:00, left on East Hill, right on Brimfield Rd, left on Beebe Rd 8:05 with pick-ups, stop at Old Reed Rd 8:08 for pick-ups, continue on Beebe Rd for pickups, right on Town Farm Rd 8:11 for pick-ups, right on Fenton Rd 8:17 for pick-ups, continue out onto Rte. 32, left on second Dunhamtown Rd 8:19 for pick-ups, continue out on Rte.20, left on Fenton Rd 8:25 with pick-ups, left onto Rte 32 Palmer Rd, continue on Main St with pick-ups after Thompson St 8:29, right around white church, up High St, stop at Pleasant St 8:30, right on Mechanic St 8:31 with pick-ups, left on Thompson St 8:33 with pick-ups, express to QHS/GVS. PM - Leave GVS left on Thompson 3:09 with drop-off on right side, right on Margaret St to QHS for pickup, left on Margaret St, right on Mechanic St 3:15 with drop-offs, left on Mill St, right on Main St 3:18 for

drop-offs, right around white church, stop at Pleasant St 3:20 drop-off, right on Mechanic St 3:20 for dropoffs, right on Mill St, left on Main St, right on Chestnut St, bear left on Bethany Rd 3:30, continue up Brimfield Rd 3:25 with drop-offs on right side, right on Carpenter Rd 3:25 with drop-offs, turnaround continue back out on Carpenter with drop-offs, right on Brimfield Rd, right on King St for drop-off 3:30, left on East Hill, right on Brimfield Rd, left on Beebe Rd 3:33 with drop-offs, stop at Old Reed Rd 3:36 for drop-off, continue on Beebe Rd for drop-offs, right on Town Farm Rd 3:37 for drop- offs, right on Fenton Rd 3:42 with drop-offs, continue out on Rte. 20, left on second Dunhamtown Rd 3:47 with drop-offs, back out on Rte.20, left on Fenton Rd 3:49 with drop-offs, continue to Rte.32 Palmer Rd.

AM – Leave yard at 7:54, left on Margaret St, left on Thompson, right on Mechanic St, left on Mill St, left on Main, continue on Plamer Rd for pick-ups 7:58, continue to a left on Hospital Rd 8:03, turnaround at water tower, back on Hospital Rd, stop at trailer park 8:05 for pick-up, continue out on Palmer Rd with pick-ups along Palmer Rd, stop at Silva 8:08, stop Maple Lawn, stop Country Club Drive for pick-ups 8:13, continue onto Main St, pick-ups after library 8:16, left on State St for pick-ups 8:17, left on Heritage Lane for pick-ups 8:20, turnaround at Stewart Ave, back on Heritage with pick-ups, continue on State St 8:23, stop at Washington St for pick-up, right on Main St 8:26 with stops along Main St, stop at Belmont 8:28, pick-ups on Main St, left on Thompson St. Express to QHS/GVS. PM – left on Margaret, left High St, continue down to Main St 3:18 with drop-offs after library, left on State St 3:20 for drop-offs, left on Heritage Lane 3:22 with drop-offs, turnaround on Stewart Ave 3:23, back on Heritage Lane for drop-offs, continue onto State St 3:25 with drop-offs, stop at Washington, right on Main St 3:27 with drop-offs, stop at Belmont 3:30, continue on Main St with drop-offs, continue on Palmer Rd with drop-offs 3:35, to Hospital Rd, left on Hospital Rd, turn around at water station 3:43, continue on Hospital Rd with drop-off, stop at trailer park 3:45, bear right onto Palmer Rd 3:45 with drop-offs, stopping at Silva, Maple Lawn, stop at Country Club Drive 3:50 with stops along Palmer Rd. END

ROUTE 6

AM – Leave at 7:40 -Start on Wilbraham Rd, bear left and continue on Upper Hampden Rd with pick-up 7:45. bear left on Woodhill Rd with pick-ups 7:48, stop at Zuell Hill Rd 7:50, continue on Woodhill with pick-ups, left on Lower Hampden Rd, right on Butler Rd 7:57 with pick-ups, continue bearing right on Bradway Rd 8:04 with pick-ups, right on Thresher Rd, right on Lower Hampden Rd 8:12 into Monson with pick-ups, stop at Alden Thresher Rd 8:14 for pick-up, continue on Lower Hampden Rd, stop at Mayhill 8:15 for pickup, continue on Lower Hampden Rd for pic-kups, bear left on Ely Rd 8:20 with pick-ups, left on Paradise Lake 8:21 for pick-ups, turn around Lakeside Dr for pick-up 8:22, continue back on Paradise Lake with pick-ups, right on Ely Rd 8:24 with pick-ups, left on Bogan cut over to left on Lower Hampden Rd 8:29 with pick-ups to Bridge St. Express to QHS/GVS PM – Start Wilbraham Rd, bear right Upper Hampden Rd for drop-off 3:22, bear left on Woodhill Rd for drop-off 3:25, stop at Zuell Hill Rd 3:26, continue on Woodhill Rd with drop-offs, left on Lower Hampden Rd, right on Butler 3:33 with drop-offs, bear right on

Bradway Rd 3:41 with drop-offs, right on Thresher Rd, right on Lower Hampden Rd 3:50 with drop-offs, drop off at Alden Thrasher Rd, drop- off at Mayhill Rd 3:53 with drop-offs along Lower Hampden Rd, bear left on Ely Rd 3:57 with drop-offs, left on Paradise Lake 3:59 with drop-offs, turn around and continue on Lakeside Dr with drop-offs, right on Ely Rd 4:03 with drop-offs, left on Bogan Rd, left on Lower Hampden Rd 4:08 with drop-offs. End at left on Bridge St. END

AM - Leave at 7:45 - Out onto High St, continue on Wilbraham Rd, left on Cote Rd 7:50 with pick-ups, right on Woodhill Rd 7:57 with pick-ups, stop at

Pinnacle for pick-up, left on Upper Hampden Rd 8:00 with pick-ups, left on Bennett Rd 8:02 with pick-ups, turnaround continue back on Bennett Rd, Continue out onto Lower Hampden Rd 8:06 with pick-ups, down to Wilbraham Rd, left on Reimers Rd 8:10 with pick-ups, bear right continue on Stebbins Rd 8:12 with pick-ups, left on Upper Palmer Rd 8:17 with pick-ups, continue on State Ave past Monson State 8:18 with pick-ups, turn around on Water St 8:20, continue back on State Ave with pick-ups, past Monson State onto Upper Palmer Rd 8:24 with pick-ups, continues onto Margaret St 8:26 with pick-ups. Express to QHS/GVS PM - Leave QHS, right on Margaret St 3:15 for dropoffs, continue on Upper Palmer Rd with drop-offs, past Monson State, continue on State Ave with drop-offs, turn around at Water St 3:26, continue back on State Ave with drop-offs, past Monson State, continue on Upper Palmer Rd with drop-offs, right on Stebbins Rd 3:31 with drop-offs, continue on Reimers Rd with drop-offs, left on Wilbraham Rd, right on Cote Rd 3:36 with drop-offs, right on Woodhill Rd with drop-offs 3:41, stop at Pinnacle for drop-off, left on Upper Hampden Rd 3:44 with drop-offs, left on Bennett Rd 3:46 with drop-offs, turn around, back on Bennett Rd, continue down on to Upper Hampden Rd 3:50 with drop-offs up to Wilbraham Rd. END

ROUTE 10

AM -Leave At 7:45- Start out on Main St south, left on Wales Rd 7:51 for pick-ups, left on Munn Rd for pick-ups, turn around on Beckwith for pick-up 7:52 , continue back down Munn Rd for pickups, left on Wales Rd 7:55 for pick-ups, right on Blanchard Rd Ext., bear right onto Moulton Hill Rd 8:00 for pick-ups, at Childs Rd 8:05, turn around at CT line Leonard Rd 8:08, continue back down Moulton Hill for pickups, stop at Childs Rd for pick-up 8:10, continue on Moulton Hill for pick-ups, right on Wales Rd 8:14 for pick-ups, turn around at Lynch Rd 8:16, continue down Wales Rd for pick-ups 8:17, right on Main St, left up on High St, right on Margaret St, right on Thompson St 8:30 for pick-up. Express to QHS/GVS

PM - Leave Quarry Hill, take a left on Thompson 3:20 for drop-off, right on Mechanic St, left on High St, continue down on Main St, left up Wales Rd 3:29 for drop-offs, left up Munn Rd 3:30 for drop-offs, turn around at Beckwith 3:32 for drop-off stop, back down Munn 3:26 for drop-offs, left on Wales Rd 3:33 for drop-offs, right on Blanchard Rd Ext., bear right on Moulton Hill Rd 3:38 with drop-offs, at Childs Rd 3:43, continue to turn around at CT line, Leonard Rd 3:46, continue back on Moulton Rd with drop- offs, stop at Childs Rd for drop-off 3:49, continue on Moulton Hill Rd for drop-offs, right on Wales Rd 3:52 for drop-offs, turn around at Lynch Rd 3:55, continue back down Wales Rd with drop-offs, Stop at 2nd Old Wales Rd 4:00, down to Main St. END

AM -Leave at 7:45, left on High St, continue down on Main St pick up at Gazebo 7:50, continue on Stafford Rd 7:51, right on Mayhill Rd 7:55 for pick-ups, right on Bumstead Rd 7:57 for pick-ups, Bumstead turns into Elm, continue on Elm for pick-ups 8:08, continue straight onto Bridge St 8:11 for pick-ups, left on Green St 8:13, right on Lincoln St, right on Main St, right on Bliss St 8:15 for pick-ups, left on Oak St 8:17 for pickups, left on Main St, right on Hampden Ave 8:20 for pick-mmups, left on

Pease Ave 8:22 for pic-kups, left on Cushman, right on Gates 8:24 for pick-ups, continue to Main St. Express

PM -Left out onto High St, continue down Main St. right on Bliss St 3:21 for drop-offs, left on Oak St 3:22 for drop-offs, left on Main St, right on Hampden Ave 3:25 for drop-offs, left on Pease Ave 3:27, left on Cushman, right on Gates 3:30 for drop-offs, left on State St, left on Main St, right on Lincoln St, left on Green St 3:31 for drop-offs, right on Bridge St 3:33 for drop-offs, continue over to Elm St 3:34 for dropoffs, turns in Bumstead Rd 3:36 for drop-offs, left on Mayhill 3:45 for drop-offs to Stafford Rd 3:46 for drop

ROUTE 12

AM - Leave yard at 7:45, left out on High St down to Main St pick- up along Main St #227 thru #255 Main St 7:50, left on Wales Rd 7:52, right on Blanchard Rd Ext., bear right on Moulton Hill Rd 7:55, right on Ayers Rd 8:00 for pick-ups, stop for pick-up at corner of Cedar Swamp and Ayers Rd 8:00, bear right on Cedar Swamp Rd for pick-ups, left on Peck Bros. Rd 8:02 for pick-ups, left on Stafford Hollow Rd 8:04 for pick-ups, stop for pick-up at Stafford Hollow Rd/Cedar Swamp Rd 8:08, turn around, continue back on Stafford Hollow Rd 8:09 for pick-ups to Rte.32, right on Stafford Rd, left on Bumstead Rd 8:16 stop Mayhill, left on Bogan Rd 8:20, stop at Stagecoach Lake Dr for pick-ups, continue down Bogan, right on Lower Hampden Rd left on Bridge St, left on Green St, right on Lincoln St, left on Main St 8:24, stop at Woodbines/Cushman 8:25 for pick-up, stop at Monson Pizza for pick-up, left up on High St, right on Margaret St 8:30 for pick-ups, Express to QHS/GVS.

PM - Leave GVS to QHS, left on Margaret St 3:15 for drop-offs, left on High St, down onto Main St 3:20, stop at Monson Pizza crosswalk, Woodbines/Cushman crosswalk for drop-offs, left on Wales Rd 3:25, right on Blanchard Rd Ext., bear right on Moulton Hill Rd , right on Ayers Rd 3:31 for drop-offs, stop at Ayers/ Cedar Swamp Rd 3:34 for drop-off, bear right on Cedar Swamp Rd for drop-offs, left on Peck Bros. Rd 3:36 for drop-offs, left on Stafford Hollow Rd 3:39 for drop-offs, stop at Cedar Swamp/Stafford Hollow for drop-off 3:42, turn around, back down Stafford Hollow Rd for drop-offs to Rte. 32, right on Stafford Rd, left on Bumstead Rd 3:50 stop at Mayhill, left on Bogan Rd 3:49 stop at Stagecoach Lake Dr 3:55 for drop-offs. END ALL ROUTES SUBJECT TO CHANGE.

23rd Annual young parents regatta

HOLYOKE— The Rowing Strong / Rowing Together annual Young Parents Regatta will take place at the Holyoke Rows Boathouse on Jones Ferry Road from 10 a.m to 1 p.m. on Saturday Aug. 26, rain date Aug. 27. Six races are planned for teams of young mothers from Holyoke, Springfield, Chelsea, Mass and Hartford, CT.

Racing is expected to be underway at 10 a.m. and lunch and an awards ceremony will follow the races. Close to 100 spectators are expected to be on hand to cheer on the rowers. Volunteers from The Care Center, Yankee Rowing Club, Northampton Youth and Community Rowing, Clark University alumnae rowing team and Holyoke Rows will staff the

The regatta is the culminating event of the summer rowing program, designed by The Care Center and Mount Holyoke College, that brings the power of women's rowing to under-served pregnant and parenting young moms. Rowing Strong/ Rowing Together is the only rowing effort in the country that links college programs and community rowing programs with teenage mothers.

During the past three months, pregnant and parenting teen mothers have been practicing twice weekly to get ready for this annual rowing festival. The rowers started with strength building and then learned how to handle boats, row as a team, and row on their community river. This summer the program was housed at the Holyoke Rows Boathouse, Pioneer Valley Riverfront Club in Springfield, New Bedford Rowing Center, Gentle Giant Rowing Club in Somerville and Riverfront Recapture Boathouse in Hartford, CT. Rowing Strong/Rowing Together concludes each year with this unusual and festive regatta that highlights and celebrates the teamwork and determination of these unusual novice rowers. The regatta is free and open to the public.

"For someone who has never set foot into a skinny crew shell, pushing off a

dock may be terrifying. But with the support of their coaches, caseworkers, and team, the rowers learn how to overcome fear. For this group, rowing is not just an athletic experience, it's also a container to take risks and be celebrated. It's a way to connect with the healing power of nature. Rowers have seen bald eagles, the shad run, and blue heron. It's a teacher in teamwork, commitment, and patience. Many have told me that it was rowing that taught them how to be better mothers" said Holyoke Coach Halley Glier.

Founded in 1986, The Care Center is the oldest and most comprehensive provider of education and services for pregnant and parenting teens in Massachusetts. Each year more than 100 young women use The Care Center, a multi-service alternative education and cultural center located in Holyoke. All are high-school dropouts receiving public assistance. Services include classes and individual instruction leading to completion of the HiSet exam; college prep and college coursework; onsite daycare; counseling; assistance in making the transition to higher education; on-site associate degree program; nutrition. The Care Center has received nationincluding a Presidential Award in 2011.

The Care Center program is modeled, in part, on elite prep schools. Mornings are focused on academics. Afternoons are spent participating in elective activities, ranging from rowing to golf, dance to photography, and writing to religion. Students frequently take the results of their elective work into the community, whether it's an art show on the walls of a shopping mall, a poetry reading and book signing at a local bookstore, or the Young Parents Regatta. Nearly 75 percent of Care Center graduates go on to higher education.

Rowing Strong/Rowing Together was launched with support from the New England Women's Fund and is supported in part this year by the Massachusetts Department of Public Health.

tious food; and door-to-door transportaal recognition for its innovative approach

While attending HCC, North said she would substitute teach in between school breaks before accepting her first full-time position after graduating from Westfield State. North worked for four years as a classroom teacher at a private school, and that is where she

State University.

NORTH I from page 1

said she gained experience creating individualized curriculum catering to the needs of students. When she landed an interview for a position at Old Mill Pond, North said she was "excited," as it

and the town and want what's best," said North.

experience as a student within the district.

er. I just loved helping people," said North.

North is a Palmer native with a background in

"In high school, [I knew] I wanted to be a teach-

After graduating from Palmer High School,

elementary education, administration and firsthand

North pursued an associate degree in early elemen-

tary education from Holyoke Community College

before earning her bachelor's degree from Westfield

was her "dream job." "It's exciting seeing things click for students,"

She added helping students be successful and achieve their dreams is definitely what she is meant

After acquiring 17 years as a classroom teacher, North decided to pursue administration when her daughter was a student.

At the time, the district was considering shutting down the pool at Palmer High and discontinuing the district's swimming program.

Concerned with how the absence of a swim program would impact students' access to a significant life survival skill, North joined forces with another

faculty member to raise money and save the pool. Additionally, North's daughter was very involved with the district's swim program and did not want the district to lose a valued extracurricular ac-

"We raised a significant amount of money to save the pool," said North.

She added the experience made her realize she could have a greater impact in an administrative po-

North went on to obtain a master's degree in leadership from the University of New England before becoming the assistant principal at Converse Middle School for three years.

She later transitioned to the position of assistant principal of Old Mill Pond where she served for two years before joining Palmer High School as

In her experience as a student, North said all of her teachers in the Palmer District really made an

"They really understood me and my learning style. I wanted to do that," said North. "That is what is unique about our town, (our teachers) have that connection with our students."

As the district moves into the 2023 school year, North said there a number of events, classes and leadership moves she is looking forward to.

She added the "motto this year is 'Palmer High School - a place to thrive'."

The high school will offer a new Advanced Placement Biology course this year and will continue as the second year to offer an EMT course to

The school also will host a homecoming dance to revive a lost tradition.

North said faculty appreciation and development is also a focal point this year, and the high school will implement a leadership book to celebrate the positive successes of faculty and make sure their needs are met.

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FRANCIS I from page 1

In 2000, Francis relocated to Massachusetts and began a teaching career in the commonwealth at Heritage Academy, in Longmeadow, before accepting a position in the Chicopee Public School system.

He acquired more than 20 years of experience while employed for the Chicopee School District, 17 of which were in administration.

Francis said he decided to pursue administration after the principal of Bellamy Middle School, who was preparing to retire at the time, approached him and asked if he had ever considered administration.

"At that point, I hadn't. I was just enjoying what I was doing," said Francis. However, "as an admin, you have even more in-

fluence," and that's what "sold" him, he said. Francis accepted the principal position at Bellamy Middle School in 2006, where he maintained his position for 14 years before accepting an assistant

superintendent position in 2020. Francis said he made the decision to join the Palmer School District for a few reasons.

"Palmer has roughly 1,200 students. Both schools are on one campus and I can walk to either of them," said Francis.

He added his goals are to know the first and last names of every student, know whether they have siblings or not, and connect with families.

"This was a district I saw I could know almost every student... When I was assistant superintendent in Chicopee, there were 15 schools," said Francis.

He said he did not apply for the superintendent position in Chicopee because in a district "that size, you are farther away from why we do what we do."

As each graduating class in Palmer has roughly 100 graduating students, Francis said there is "no reason," he "shouldn't know each student walking across that stage."

Some things Francis said he is looking forward to as he steps into the superintendent role in Palmer are the 128th convocation kick-off, the first day of school, attending athletic events as well as fine arts

events and "coming together." "When I eventually leave the Palmer Public School District, I want to before," said Francis.

MURPHY I from page 1

assembly in the first week to bring together students from all different grades, uniting them through school pride.

To illustrate this point, Murphy said that a sign in his office reads, "Keep it R-E-A-L, Mustangs.

"R-E-A-L means 'Respect, Empathy, Accountability, and Leadership'. That was started in the seventh and eighth grade last year, but brought to nine through 12," Murphy explained.

Murphy grew up in Winchendon, graduating with a class of 60 kids. He said that Monson reminds him a lot of where he grew up, and that makes him feel like it's where he wants to be.

"My father was a mailman in the town I grew up in. My mother was a secretary in the school, and I just always loved schools," Murphy said. "I have two older sisters, they're both in education. One of my sisters is a teacher in Leominster, my other one is out in Cambridge. Just a family that grew up just loving education."

After graduating from the University of Massachusetts, Amherst with a degree in history, Murphy got a job as a Recreational Sports Director at the YMCA—his first time working directly with children's education. He then taught history for six years at Gardner Middle School, while getting his Master's in administrative leader-

"I went to Southbridge Middle School the first year of the receivership," Murphy said. "That's where I met Joe Trivisonno, the principal down at Granite Valley

and Quarry Hill."

Murphy was the principal of Gardner Middle School for six years, after which he decided to broaden his horizons.

"This job came up, Joe [Trivisonno] talked to me about what Monson is and what they're about, and it seemed like a great place to work," Murphy said.

Murphy is no stranger to small communities, also comparing Monson to his current town, Rutland, describing it as "a small, prideful community." He described visiting the school while class was still in session, which gave him the opportunity to meet students and staff in person.

"I was actually a finalist in another district," Murphy said, "and after meeting the kids and talking with them, and meeting their families, I just dropped from the other position, because [Monson] just seemed like a place that I wanted to be."

Murphy said that his priority coming into the Monson school system is to learn the needs of the community, to provide stable leadership for the students after a few years of fluctuation, and to unite the school across grades 7 through

Murphy originally went from teaching to administration at the recommendation of a mentor, so that he could get to know the students better and make a bigger impact on the school.

Teachers are our biggest asset. I think teachers need to feel respected and need to feel that they have a voice," Murphy said. "What I miss most about teaching is having that time with students in a classroom. You're literally doing

the best work you can to get academically and socially."

In addition to his passion for teaching and school administration, Murphy is also an avid sports fan, coaching teams in his free time, as well as spending time with his family.

"I have a wife who's actually a teacher, she teaches out in Central Massachusetts," Murphy said, "then I have two twins, 11-yearolds, they're my step-children."

"I just love youth sports," Murphy said. "I guess my moral imperative is just putting kids in situations to succeed and watching them grow, watching them on that journey and helping them have that experience, because if they're building their confidence at a young age, they can apply that to many things as they get older."

Murphy had nothing but praise for the school system and the process of coming into the district, speaking highly of the School Committee and the staff that have been helping him to acclimate to

"My Assistant Principal Katie Czarniecki...graduated from this district," he said, "and she's really been able to let me know about what Monson really is prideful about."

"[Superintendent Clarke] has been very helpful. I think she was in a role where she was in this building a lot last year," Murphy said. "She's very involved with the schools, and you can tell that she loves Monson schools, and that's what I love about her as a superintendent."

"Listening, having tough conversations when needed, facilitating conversations between people who might have a hard time doing that, being visible, letting people know that I'm here, and building them to where trust with the community," Murphy they need to be cited as the qualities he wants to exude as a leader.

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MARKET COVERAGE



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Celebrating Recovery Month and Overcoming Stigma

dose Awareness Day, a free public exhibition opening from 4 to 6 p.m. will take place at ArtWorks Gallery, 69 Main Street, with light refreshments and remarks that recognize that, while marking the opening of the art show that looks ahead to September and Recovery Month, hold space for those in our community, in our lives, who we have lost to substance use disorder.

This exhibition is a partnership between the Recovery Center of HOPE and Artworks Gallery /

WARE— On Aug. 31, Over- Workshop 13, a cultural arts and learning center located in Ware. This program is supported in part by a grant from the Ware Cultural Council, a local agency that is supported by the Mass Cultural Council, a state agency. RCH is a program of the Western Massachusetts Training Consortium and was founded by the Quaboag Hills Substance Use Alliance. This exhibition celebrates a positive view of recovery to reduce stigma, a serious obstacle in the way of people seeking treatment

or other help for substance use disorders. Artists share not only their artwork but also their statements that speak to the challenges and rewards of recovery. These are displayed alongside the artworks in the gallery and are captured in an exhibition booklet that is distributed to participants and visitors to the gallery. The Exhibition will be open until Sept. 17, on Saturdays and Sundays only 1-5 p.m.

QVCDC I from page 1

last three years, Monson residents have ridden about 2,000 times," said Healy.

She added 82% of those rides were brought residents to and from work.

"We know that steady employment is a social determinant of health, something that makes communities healthier," said Healy.

The data revealed about 11% of rides from Monson were for medically-related appointments.

From 2021-2023, data recognized 43 distinct riders from Mon-

While the average rider utilized those services about 46 times per person in that two to three year time frame, Healy said "there are three individuals from Monson that have ridden the bus at least 100 times this year already."

"What I get most excited about providing this service is hearing from our riders... we have several folks who have told us the only reason they were able to get to their prenatal appointments is because they had the Connector available," said Healy.

The Quaboag Connector is made possible by the joint effort of Ware and the Quaboag Valley Community Development Corpo-

"It's a transportation service that came about after many, many years of talking about the lack of transportation in the Quaboag

region...(It) was really a public health initiative so folks could access medical care," said Healy.

She added the initiative also aimed to tackle employment transportation issues for area residents.

Since 2017, the transportation service has served 10 communities, including Monson and Palmer, with rides to work, medical appointments, pharmacies and grocery shopping.

"It is a demand-response transportation service, so that means that in contrast to what most folks might think of a public bus; we go to folks, usually to their homes and take them to their destination and back if they would like," said Healy.

Some programs offered through the Quaboag Connector Umbrella include the Quaboag Connector program, the Ware Council on Aging van, the Baystate Health Connector, Pioneer Valley Transit Authority and Palmer Rides to Work.

The Quaboag Connector program allows anyone within the 10-town service area to ride the bus for \$2 each way to their des-

"Generally, if that creates a barrier for folks we figure that out. We are not in the business of denying folks rides for financial reasons," said Healy.

While it is open to the public, Healy said the program prioritizes individuals with disabilities and those over 60..

The Ware Council on Aging senior van service was established in 2022, allowing QVCDC to take responsibility of the Ware COA transportation.

This service allows seniors to take "that van anywhere, including Monson... whether it's to go shopping [or] go to work."

The Baystate Health Connector service provides medical transportation for residents within any of the 10 towns to Baystate Wing Memorial in Palmer.

This service also allows riders to have transportation to pharmacies if they need to fill prescrip-

For those who need transportation to major cities or outside of the Connector's general service area, the Pioneer Valley Transit Authority collaboration offers a service for riders to travel along Route 9 from Amherst to Worces-

This service runs three times a day, from Thursday through Monday from the UMass Amherst campus to Union Station in Worcester.

Finally, Palmer residents have access to a Palmer Rides to Work program. The program is funded by the town annually.

Veterans ride the bus for free. To schedule a ride, call the dispatch center at 413-544-3401 or go to rideconnector.org

Hours of operation include 6 a.m-7 p.m, Monday through Friday and 8 a.m-7 p.m, on Saturday.

EVERY TECH CLASS REUNION 1906 - 1986 Keeping Our Tech Spirit Alive! ==

Standing in front of Tech High on Elliot Street, committee members for the September 23 Every Class Tech Reunion (L to R) Mike Borecki '72, Dawn Duncan '71, Matt Villamaino '67, Paul Montefusco '69, Joan Learned '56, Walter LaBroad '47, and Margaret McCormick '74

Springfield Technical High School every class reunion Sept. 23

SPRINGFIELD— The spirit and camaraderie of Springfield's Tech High School is alive and well as they gear up for another exciting reunion on Saturday Sept. 23 at the Elks Lodge, #61 at 440 Tiffany St. from 3 to 8 p.m. The reunion is open to all tech classes.

An outside barbecue will be held rain or shine under the lodge's pavilion and will include hot dogs, hamburgers, pulled pork, salads, vegan options, dessert and more. Cash bar. Free parking and handicap accessible.

A fun-filled afternoon will include DJ and dancing, cornhole and bocce games, raffles and time to reminisce with friends over the

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fun and to keep the Tech Spirit tradition for many years to come."

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vears and make new friends as well. Mike Borecki '72 at 413-351-6572, Margaret McCormick '74 at 413-531-4763, Dawn Duncan '71 413-896-3930, or Matt Villamaino '67 at 413-896-2206.



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PALMER PUBLIC SCHOOLS

2023-2024 BUS ROUTES

PALMER HIGH SCHOOL

PLEASE REVIEW THE BUS ROUTES CAREFULLY BUS STOP TIMES AND LOCATIONS MAY CHANGE AS NEEDED PALMER HIGH SCHOOL

ROUTE 1 – 6:45 a.m. – Start on North Main St. for pickups at Paramount Pizza parking lot, Les' Auto, and Dunkin Donuts - Express to King St. for pickup at Country Bank - Express to South Main St. for pickups on S. Main and at Dublin St., Chestnut St., Oak St., Conant St. - Express to Breckenridge St. for pickups - Express to stop on River St.-Express to PHS (7:15 a.m.)

ROUTE 2 – 6:40 a.m. – Start on Ware St. for pickups to Rondeau Rd. - Right onto Rondeau Rd. for pickups -Right onto Olney Rd. for stops continuing onto Hickory Lane for stop - returning to Ware St. - right on Ware St. with pickups to Walmart - Right onto River St. for pickups along River and at Countryside, Lauren, and Gay St. - Express to PHS (7:15 a.m.)

ROUTE 3 – 6:42 a.m. – Start on Wilbraham St. for pickups - Right onto Three Rivers Rd. for pickup at Laurel/Juniper St. - Return to Three Rivers Rd. to Burlingame Rd. for pickups - Express to Baptist Hill Rd. for pickups - Left on Wilbraham St. for pickups -Express to Calkins Rd. for pickups to Palmer Rd. for pickups = Express to PHS (7:15 a.m.)

ROUTE 4 – 6:51 a.m. – Start on Park St. for stop at corner of Walnut - Left on Winthrop St. for pickups at corner of Cabot/Alden Streets, Emalda/ Geraldine St. and Berkshire/Geraldine- Continue to Pinney St. for pickup - Express to Thorndike St. for pickups, - Left onto Mt. Dumplin Rd. for pickups along Mt. Dumplin, left on Memory Lane for stops, Right onto Desimone Dr. for stops - Return to Mt. Dumplin Rd. for pickups -Express to PHS (7:15 a.m.)

ROUTE 5 - 6:42 a.m. - Stop on Rondeau Rd. at West Ware Rd., right on Boston Rd. for Stops, continue to Park St. for Stops along Park, stops at E. Palmer Park Dr. and XTRA Mart, right on Thorndike St., stop at Converse St., left on High St. for stops along High-Express to PHS (7:15 a.m.)

ROUTE 6 – 6:38 a.m. – Start on Flynt for stops, left on Smith for stop at French St., right on Beech St. for stops, - Left onto Country Lane for pickups - Left onto Peterson Rd. for pickups - Left on to St. John St.for pickups - Right onto Old Warren Rd. for pickups at Katie Lane- Express to State St. for stops along State St. - Express to PHS (7:15 a.m.)

ROUTE 7 - 6:28 a.m. – Start on Flynt St. for stops along Flynt, stops at Carter and Whalen. Left on Cedar Hill St. for stops along Cedar Hill. Left on Homestead for stops, Express to Mason St. for stop at Fairfield Dr. - Express to Fieldstone Dr. for stops at Ridge Rd. and Old Farm Rd. Left on Old Farm Rd. for stops, Left onto Carriage for stops, Left on Mason for stops along Mason, Left on Thompson St. for stops along Thompson, Left on Flynt for stops on Flynt. Express to Stimson St. for Stops along Stimson. Right onto Gates for stops at Forest Lake Rd. and along Gates St. -Express to PHS (7:15 a.m.)

ROUTE 8 – 6:54 a.m. – Start on North St. for pickups - Left onto Norbell St.- Left onto Belchertown Rd. for Stops, - Right onto Chudy St. for stops at Barker St. and Linda St. and along Chudy - Left onto Glenn St. for stops – Express to Ford St. for stop at Central St. - Express to Bourne St. for pickups Express to Palmer HS (7:15 a.m.)

ROUTE 9 – 6:48 a.m. – Start on South Main/Prospect S. for pickups - Right onto South High St. for pickups - Right onto State St. - Left on Jim Ash Rd. for pickups - Left on Griffin St. for pickups along Griffin. Stop at Griffin and Stewart - Right onto High St. for pickups -Left on Maple, Left on Main St. for Pickups at Center St., Spring St., State S.t, and Crawford St. Right onto Pine St. for stops – Left on Fuller Rd. for stop at Ains Manor - Left on Sykes St., Right on Thorndike St. to Pleasant St. - Stop at Pleasant St. and Elizabeth St. -Express to PHS (7:15 a.m.)

ROUTE 10 – 6:58 a.m. – North Main St. for Stops at Capitol Cleaners - across from O'Reilly Auto Parts - Left on Thorndike St. stop at Foster St., left on Lawrence St., stop at Lawrence Apt - Left on Shearer for stops at Beacon Dr., Longview, Prospect St., and Randall St. - Right on North Main for pickups - Stop at corner of Temple St. and Fletcher St. - Express to PHS (7:15 a.m.)

ROUTE 11 - 7:01 a.m. - Start at Springfield St. for Stops - Left onto Chilson Rd. - Left onto Three Rivers Rd. for stop - Right onto Springfield St. for stops at Anderson St. and Hryniewicz Park - Express to PHS (7:15 a.m.)

OLD MILL POND SCHOOL

LEASE REVIEW THE BUS ROUTES CAREFULLY BUS STOP TIMES AND LOCATIONS MAY CHANGE AS NEEDED OLD MILL POND ELEMENTARY

ROUTE 1 - 7:57 am Thompson St. for stops, Right on Mason St. becomes Nipmuck St., Right on Rt 20 Park St., Right on Winthrop St. for stops, Left on Cabot St., Right on Geraldine St. for stop at Berkshire, Left on Berkshire St., Left on Breckenridge St., Left on Park St., Right onto Stone St., Right on South Main St. for stops, stops at Strong, Chestnut, Dublin, Continue onto Main St. for stop at Sunny Nails, Continue onto N. Main St., stops at Rockview, Shaw, Les's Auto, Capitol Cleaners, express to OMP for Drop off (8:30 a.m.)

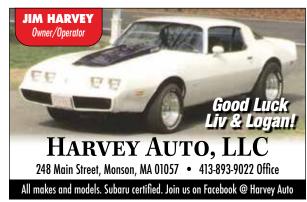
ROUTE 2 - 07:46AM Thorndike St. to Rt. 32 North (Ware St.) for stops along Ware St. Right onto Rondeau Rd., Right onto Olney Rd. for stops, Loop on Hickory Lane, Left onto Rondeau Rd. for stops, Right on Ware St. for stops, Right on River St., Right on Lauren Dr. for stops, Right on Countryside Dr., Right onto River St. for stops along River, and at Gay St. Straight on Center St. becomes High St., Right on Commercial St., Right on Main St., Right on Church St. for stops at Hill St. and Post Office, Left on Main St. for stops, Drop off at OMP (8:30 a.m.)

ROUTE 3 - 7:58AM Wilbraham St. (Route 20), Right onto Three Rivers Rd., Right on Circle Dr. for stops, Right on Laurel Dr., Right on Circle Dr., Right on Three Rivers Rd., Right onto Burlingame Rd. for stops, to Baptist Hill Rd. for stops, Left onto Wilbraham St., Left onto Calkins Road for stops, stop at Overlook, Left on Palmer Rd. for stops at South St., Right on Bridge St., Right on North St. for stops and stop at Norbell, Left onto Norbell St., Left onto Belchertown Rd. for stops, Left on Main St. for stops, Express to OMP (8:30 a.m.)

ROUTE 4 – 7:55 AM Thorndike St., Right on Converse St. for stop at Walnut, Right on Central St. for stop at Park, Left on Park St. for stop at Maple, Pearl, Buddy's Auto, Left on Breckenridge St., Left on Pinney St. for stops, Left on Park St. for stops, Left on School St. for stops at Pleasant, Right on Pleasant St. for stop at Walnut, Right on Thorndike St., Left on Pine St. for stop at King, Left on King St. for stop at Highland, Left on Highland St. for stop at Cute Kids, Knox, Left on Knox St., Right on Pine St., Left on Thorndike St. for stops on Thorndike and at Forest Hill, Left on High St., Right on Commercial St. for stops, Express to OMP (8:30 a.m.)

ROUTE 5 - 7:40 a.m. - Start on corner of Breckenridge at Ware St Picking up along Breckenridge St. - left on Park St. for stops at Girly's Grill, and East Palmer Park, express to Dunhamtown Palmer Rd. and loop back on Park St. to stop at 114, Right on Nipmunk, Right on Mason for stop, to Boston Rd. for stops, Right on Robinson for stops, continue to Thompson St. to Beauregard, Left onto Old Farm Dr. for Stops, Right onto Carriage Dr. for stops, Right on Field Stone for Stops Left on Old Farm for Stops, Left on Beauregard Dr. Right on Thompson Rd., Right on Mason for stops at Fairfield, Express to Homestead St. for stops at Pioneer and along Homestead, Right on Cedar Hill, Right on Flynt, Stops along Flint and at Whalen and at Carter, Left on Ware St. to High St., Stops at Vicardiv Ave., and along High St. Express to OMP (8:30 a.m.)







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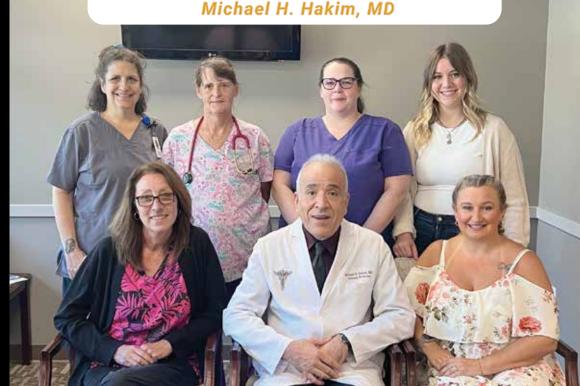


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Front row (from left to right)- Susan Piche, Dr. Michael Hakim, Caitlyn Garceau, RMA, Practice Manager, Back row (from left to right)- Charlene Gryszowka, Dawn Greene, RMA, Crystal Best, RMA, Faith Przybycie

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PVIAC

Fall leagues update

By Gregory A. Scibelli gscibelli@turley.com

The fall preseason has started this week, and with it, alignments for fall leagues have been updated. Full realignment typically takes place every four years, but has happened more frequently due to the pandemic and the introduction of the new state tournament.

In Western Massachusetts, due the geographic diversity throughout the region, the Pioneer Valley Interscholastic Athletic Association makes leagues based on the competitiveness of a school in a given sport, sometimes regardless of what division they play in at the state level for tourna-

For example, in the updated Kurty-Fielding Division for girls soccer, South Hadley, a Division 4 and smaller school, is in a crowded league with larger schools like Agawam, Wahconah, Chicopee Comprehensive, and Pittsfield.

The Central League features one of the top teams in Western Mass. once again. Monson is a part of the league, along now with Palmer, which has had a couple of very successful leagues. Chicopee, Southwick, and Granby are also a part of the

FALL LEAGUES | page 16

FOOTBALL



The game has now been moved back to the rear end of the schedule.

Rivalry returns to 'primetime' slot in schedule

By Gregory A. Scibelli gscibelli@turley.com

PALMER - For nearly a century, the Palmer vs. Ware high school football matchup is widely anticipated, a highlight, and a spectacle for the two small, neighboring

While the rivalry has always meant a lot to the two schools, and the players, it did lose just a bit of its hype for the past several years when schedule makers moved the game from being last on the regular season schedule, to the first league

That change has been rectified this season, as changes to the schedule were made and Palmer and Ware will once again face each other last in the regular season on Saturday, Oct. 28.

Palmer and Ware, which have been part of the Tri-County Conference in the past, are currently a part of the Intercounty North and also face Franklin Tech, Athol, Mahar, and Greenfield during their regular season conference schedule. The football schedule for the regular season typically has featured seven or eight regular season games, starting with two or three independent games, followed by the five conference games.

The crisp air of late fall

will once again be the

Ware football.

backdrop for Palmer vs.

Palmer and Ware have remained in the same conference for several years. Ware has enjoyed just a bit more success in recent years, and have had the better of the rivalry between the two teams for the past decade. But Palmer has also been competitive from yearto-year, including making the first state tournament in 2021.

This year, Palmer and Ware will have their historic 97th annual matchup. But instead of facing each other in late September-early October when the leaves are changing color, they instead will match up as the leaves have nearly all fallen, and children are preparing their Halloween costumes.

The most fun part of having the rivalry game on the final week of the season is that the conference title could be on the line in the game. At that point, Ware and

Palmer will have played their other conference games and may look for a key piece of momentum, a conference title, heading into the state playoffs.

Ware has made the state playoffs each of the last two years since the new tournament was estab-

Heading into this year's game, Ware holds a five-win advantage at 48-43-5. They have won the last six games against Palmer, and nine of the last 10. Last year, Ware shut out Palmer 21-0 on Oct. 1, 2022.

SOCCER



Turley photos by David Henry www.sweetdogphotos.com



St. John's took home the PVSSL Men's Championship this year.

Aiden Cashinghino takes a shot.

St. John's captures men's title

By Tim Peterson

Sports Correspondent

LUDLOW-Aiden Casinghino was a senior captain of the Tantasqua Regional boys varsity soccer team in 2018. Braylon Casinghino was a senior captain of the Warriors soccer team a year ago.

The brothers had never been teammates on the same soccer team until this summer.

The duo helped the top-seeded St. John Heating & Cooling celebrate an exciting 2-1 victory over the second-seeded Villa FC in the men's championship match of the prestigious Pioneer Valley Summer Soccer League held at historic Lusitano Stadium in Ludlow, last Saturday

"Because I'm a few years older than my brother, we never played on the same soccer team in high school," said Aiden Casinghino, who also played soccer at Springfield College. "Winning the men's championship title is fantastic, especially having the opportunity to play on the same soccer team with Braylon. We fought very hard for the entire 80 minutes.'

St. John Heating & Cooling (10-1 regular season record), who was previously known as Griffin's Café,



Jed Theilman settles a ball.

lost to the Lusitano Red, 1-0, in last year's finals. They also captured the men's title in 2016 and 2019.

"We've been able to win the summer league title every three years. There wasn't a summer league season in 2020 because of COVID," said St. John Heating & Cooling cocoach Jon Remillard, who's from Palmer. "We have some younger guys on this year's team who worked very hard. It feels great to win another title."

in South Hadley.

Following this year's championship match, Aiden Casinghino received the MVP award.

"Winning the championship game means a little bit more to me than receiving the MVP award," he said. "The MVP award should go to the entire team because everyone has worked very hard this summer. The championship cup trophy is the only one that matters."

While Aiden Casinghino is a Remillard shared the coaching midfielder, his younger brother was duties with Jaime Prickett, who lives the St. John Heating & Cooling



Cam Rigney, of Wilbraham, dribbles up the field.

starting goalie.

Braylon Casinghino will be a goalie for the Western New England University men's soccer team in the fall. He was in the spotlight throughout the entire second half of the championship match.

'It has been a lot of fun playing on the same soccer team with Aiden," Braylon Casinghino said. "Watching him receive the M.V.P.

award was awesome. He just put us on our backs and got the job done. We came out firing on all cylinders in tonight's game.'

The Western New England University men's soccer coach is Devin O'Neill. His two sons, Sean and Shay are listed on the St. John Heating & Cooling roster, but they didn't

SOCCER | page 16

AUTO RACING

Bonsignore Rolls To 13th Career Thompson Win



Submitted photo

Justin Bonsignore picked up his first Thompson Speedway in four years last week.

THOMPSON - Justin Bonsignore hadn't won at Thompson Speedway Motorsports Park since 2019, but Wednesday night, he reminded everyone on the NASCAR Whelen Modified Tour why he leads all active drivers with wins at the oval.

Bonsignore's Kenneth Massa Motorsports team sent him off pit road first after a pit stop around halfway, then Bonsignore held off the charges of Doug Coby, then Ron Silk through multiple restarts to score his 13th career Thompson win. The victory tied Bonsignore for second all-time in Thompson wins with Ted Christopher, only trailing Mike Stefanik, with 15.

The victory was also Bonsignore's third of the 2023 season (Riverhead, Loudon) and his 10th top-five finish in 11 races this season.

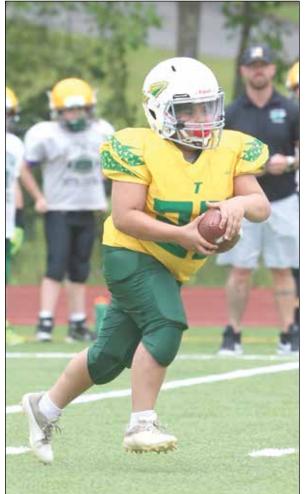
"After we won seven out of eight here, then the runs we start-

RACING | page 13

Warriors prepare for opener



Turley photos by David Henry www.sweetdogphotos.com Jordyn Brooks heads on a rush.



Logan Travers makes his way up the field.



FISKDALE - Last Saturday, Tan- ipated in a number of short scrimmages tasqua's youth football program held a throughout the day and are preparing for jamboree for the youth football teams of their regular season opener next week-Central Massachusetts. Tantasqua particend.



Jayven Zayas and Carter Kelly try to make a tackle.



Lucas Ferguson gets set to throw.

PVIAC ALL-STARS

ALL STARS

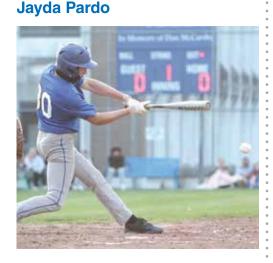
PALMER HIGH **SCHOOL**

BASEBALL

Brendan Hess Dom Allen Ty Miller

BOYS TENNIS Jacob Jablonski Daniel Loriczak

SOFTBALL Neftali Romero Lily White Ashley Bransky



MONSON **HIGH SCHOOL**

BASEBALL

Ben Pignone Austin Meacham



SOFTBALL **Molly Szado** Cneisea Huii Ella Corthell

BOYS LACROSSE

Brody St. Martin Karter Benoit Brayden Pratt



GIRLS LACROSSE Nevaeh Chiacchia

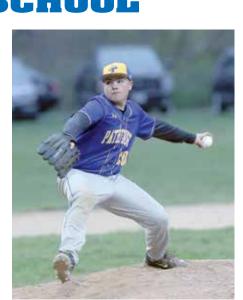
Haley Arventos

BASEBALL Austin Lagimoniere **Brayden Mega**

SOFTBALL

Tim Russell Trevor Millet

Emma Chevalier Greenly Lagimoniere



ALL STARS

TANTASQUA GIRLS TRACK

KEONI SAVOIE Division 3 state champion - 100 meter TANTASQUA GIRLS TRACK HALEY MCCORMICK Division 3 state champion - high jump

GIRLS LACROSSE

Kaydie O'Neil **Taylor Sexton Grace St. Laurent**

BOYS TRACK FIRST TEAM

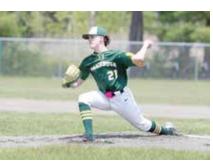
Bryce Tessier Avant Fitzpatrick Derek Plowman Cam Murphy

GIRLS TRACK

FIRST TEAM **Haley McCormack Keoni Savoie Tessa Kline**

SECOND TEAM

Tess Chevalier Katie Riley



TANTASQUA REGIONAL **HIGH SCHOOL**

BASEBALL FIRST TEAM **Miles Blake** Devin Krochmalnycki **Henry Blake** Colm McGrath SECOND TEAM **Hunter Normandin**

SOFTBALL FIRST TEAM

Jack Ricci

Patrick Dunn

Katelyn Schneider Alexis Taudel SECOND TEAM Elyse Genaway Emma Quinn Boys Lacrosse Aidan Way Liam Hubacz



Congratulations to all athletes for their accomplishments!







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Turleysports Aiden Athlete of the Week

Cashinghino

Brimfield

Cashinghino would capture the MVP award in the Men's Championship game in the PVSSL. He played for champion St. John's this past summer.

To nominate someone for Athlete of the Week, contact Managing Sports Editor Gregory A. Scibelli at 413-283-8393 ext. 258 or send an e-mail to gscibelli@turley.com.



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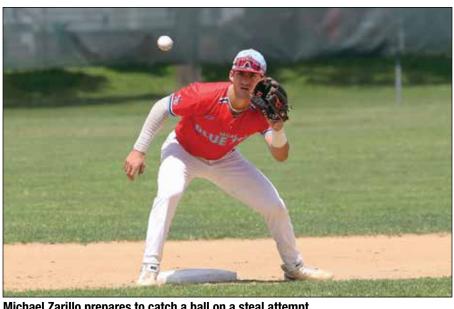
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ARBELLA



Michael Zarillo prepares to catch a ball on a steal attempt.

Blue Sox season ends in opening round

Valley Blue Sox won their division and went after the New England Collegiate Baseball League championship. The Blue Sox won back-to-back titles in 2017 and 2018, but have not gotten back there since.

Unfortunately, history would repeat as the Blue Sox were defeated by the Bristol Blues two games to one in a best-of-three

The Valley Blue Sox season has come to an end after falling to the Bristol Blues 10-3 After winning the first game of the quarterfinals series, the Blue Sox were shutout in game two and defeated in game three at home, allowing Bristol to advance to the semifinals.

The Blues piled on the scoring early, putting up six runs in the first three innings. An RBI groundout in the first, a throwing error and RBI single in the second, and a sacrifice fly and RBI single in the third allowed the Blues to take the lead 6-0.

Dillon Ryan started the game for the batters during his clean inning.

HOLYOKE – Earlier this month, the Blue Sox, pitching three innings allowing six runs and striking out two batters.

> Joe Dooley took over for Ryan in the top of the fourth, pitching four innings allowing four runs with one strikeout.

> Bristol added a run in the top of fifth following an RBI double, another in the sixth off an RBI double, and two more in the seventh after a sacrifice fly and RBI groundout to go up 10-0.

The Blue Sox put a run on the board in the bottom of the seventh after Jeff Pierantoni hit an RBI single to score Matt Ber-

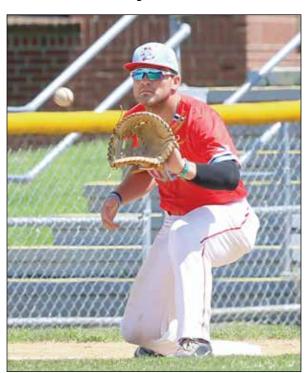
Brendan Yagesh relieved Dooley in the top of the eighth, pitching a scoreless frame with three strikeouts.

Valley added two more runs in the bottom of the eighth following an RBI single from Michael Zarillo to score CJ Willis

2023 All-Star Michael Weidinger got the ninth for the Blue Sox, striking out two



Zach Ketterman fields a grounder.



Matthew Bergevin gets the out at first.



Kurtis Thomas fires a pitch.

NECBL announces all-league selections

Collegiate Baseball League (NECBL) is proud to announce the 2023 All-NECBL teams. The honors were voted on by all 13 on-field managers of NECBL franchises. Only regular season statistics and performances were taken into consideration during the selection process.

The list includes 47 players across three teams: the All-NECBL First Team, the

SOUTH HADLEY - The New England All-NECBL Second Team and the All-NEC-BL Honorable Mention Team. Each is composed of one player at each non-outfield position (C, 1B, 2B, SS, 3B), three outfielders, one designated hitter, three starting pitchers, two relief pitchers and one closer. In the case of ties, some positions may include addition-

Making the second team was Valley Blue Sox DH A.J. Guerrero.

Guerrero led the Blue Sox in hits (42), RBIs (23), finished second in runs (21), third in batting average (.298) and led the league in doubles (11) in 141 at-bats. His best performance of the season came on July 26 when he went 2-for-3 with two doubles, two RBIs and two runs scored, leading Valley to an 8-3 victory.

RACING I from page 11

ed having were a bit frustrating for us," Bonsignore said of Thompson. "The car was really good. We missed it a little bit, too tight on the first set of tires, but on the second set, it fired off so well. This is a really big confidence booster. This is

my favorite track - and to bounce back like this and to lead half the race... it was a total team effort to win this one.'

Bonsignore and the Kenneth Massa Motorsports team will be heading to Langley Speedway in Virginia for the next NASCAR Whelen Modified Tour race on Saturday, Aug. 26.



Veterans Day Salute

The Journal Register ~ November 2, 2023

The Journal Register will be saluting our local veterans (from all wars and branches, including honoring deceased veterans), reservists, active duty U.S. Military members.

Please submit a photo of your veteran with his or her name, rank, branch of military and hometown by email to dflynn@turley.com or drop off a photo to

The Journal Register, 24 Water Street, Palmer, MA 01069

All photos will be returned.

Please submit your photo no later than Monday, October 16, 2023.

There is no cost to submit a photo. No photos will be accepted after deadline. If you would like to use a prior submitted photo, please contact before to October 10th.

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Holland Community Center hosts ninth Zucchini Festival

By Dallas Gagnon Staff Writer dgagnon@turley.com

HOLLAND – Friends and family gathered at the Holland Community Center to continue tradition and participate in this year's annual Zucchini Fest, on Sunday Aug. 20.

The event offered attendees an opportunity to shop and support local artisans as well as participate in outdoor activities.

While many attendees could be seen laughing and sprinting through a foam pit, others opted out to stay dry or walk inside the center.

HCC staff member Sanna Hart said the Center has been trying to add more events that draw the community together and provide an all-inclusive space.

"We're trying to get [participation] back up to where it was," said

As a result of COVID, the Center was unable to host the festival for two consecutive years, which val," said Palmer. The then director

few years following the pandemic.

'We are integrating programs for adults and children... this is a hometown (and) it really takes a community. People come together, stand together and support each other," said Hart.

The festival offered a variety of activities including entertainment for visitors of all ages, such as vendors selling local honey, handcrafted jewelry, donated baked goods, a tie-dying activity, face painting and even live animals.

HCC Outreach Coordinator and Center Director Brenda Palmer said she arrived at the center at 9 a.m to begin setting up for the 12 to

According to Palmer, before she was the center director, she introduced the idea of establishing a Zucchini Festival.

"I saw a magazine with corn on it and I said to the director at the time, 'we should host a corn festi-

impacted participation for the past suggested zucchini instead as she believed not as many people grew

> Since then, the festival has become an annual event, allowing the community to come together.

While the first festival was "mostly family," helping organize tables and set up for a smaller event, Palmer said over the course of time the event has grown.

"Now we run raffles and host a bake off," said Palmer.

She added the first Zucchini Festival only had about 50 attendees while last year's had "a couple hundred."

Some of the newest additions to the event included a pendulum painting activity, a history table and new vendors such as "Cliff's Cactus'."

HCC-sponsored booths invest their proceeds into the Center to support programs offered by the Center for the community such as a Thanksgiving dinner.



Brenda Palmer, center director, leaves the foam pit covered in bubbles.



Returning visitors dressed in bathing suits and brought towels in anticipation of participating in the foam pit activity.



Anya and Genna Couture, of Sturbridge, are some of many participants who enjoyed cooling off in the foam



Vioan and Vedant Shah and Aolanee Colon host an



Vendors, volunteers and attendees gathered in the center to support the annual event.



Jewelry sold by local artisans was shown on display.



Saplings were for sale at the annual Zucchini Fest.





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Maggie Allard and Ryan Olszta show off some of the animals from "Out of the Art," an educational animal show



Jace Ferreira stopped by the "Out of the Ark," booth to check out Sunny, a 2-year-old Burmese python.



Don Peloquin, of Holland, stands beside his 1931 Model A Ford, which he inherited from his dad.



Gary Simard is seen here with his 2018 BMW 540i as part of the car show portion of the event.



Gabrielle Lavalle, co-founder of Mother Bear Skincare was one of many vendors in attendance at the Zucchini Festival.



Emily, Wesley, Everett and Lindsay Beer stop for a photo while enjoying festivities.



David Mott and his granddaughter, Delia Mott, stand before their 1961 Farmall Cub tractor. The pair worked on the tractor together to restore it.

Turley Photos by Dallas Gagnon



Holland Community Center staff member Sanna Hart and volunteer Amanda Bagley hosting the tie dye tent. Visitors had an opportunity to purchase a Holland Community Center T-shirt and customize it with the dye of their choice.



Sturbridge BSA Troop 163 scouts Ella Schofield, Edie Simpson, Lydia Metcalf, Carly Goodwin, Tara Gilman-Scheffield, Karlea Gormley and Paige Scheffield selling hotdogs at the annual event.

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Pioneer Valley Environmental

WARE – Glen Wojcik worked for a mechanical contractor for 15 years until 1999, when he had the opportunity to start his own company, and he jumped at it.

He used his home as a base for his company, Pioneer Valley Environmental, and got a home equity loan to get it going. What started with

only him, a helper and a part-time office person is now 22 people strong, and the company continues to offer customers many choices in heating, cooling and plumbing.

"It's a pleasure to help people," said Wojcik about the work he and his employees do. "I really enjoy interacting with the customer and being able to resolve whatever the issue is."

One of the more popular products he has put in a number of Ware homes is a water filtration system due to residents' problems with safe but discolored town water. "We also offer financing for customers," he said.

They offer oil, propane and gas boilers and furnaces as well as indoor and outdoor wood and pellet boiler as well as humidifiers and air filtration systems. They also provide heat pumps, radiant floor heating systems and ductless, mini-



TURLEY PUBLICATION STAFF PHOTO

The staff of Pioneer Valley Environmental with owner Glen Wojcik in front of the company's building at 1 East Main St. in Ware.

split heat systems.

When it comes to plumbing, PVE offers water heater service, repair and replacement whether it be propane, gas, electric and oil, water filtration and conservation systems, new construction and remodels, repair and of replacement toilets, sinks, faucets and other items, and appliance installation and service for dryers, ice makers and other machines.

They also offer indoor air quality, central air conditioning, ductless systems and mini-split air conditioning systems.

Recently, in 2022, the company expanded by buying Colbro Electrical Services and Sterling Pumbing Co. in Ludlow.

Another service they offer is drain cleaning, which many times can be caused by roots infiltrating the sewer lines.

Wojcik said the company also offers around the clock plumbing and heating



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Second Chance Animal Services empowers pet owners

EAST BROOKFIELD— Adopting a pet involves a deep commitment and a lifetime of care. Second Chance Animal Services is committed to turning the tide by instilling a sense of responsibility during the adoption process and providing ongoing support for new pet owners. Making the decision to adopt a pet requires thoughtful consideration, as highlighted by Wendy Hall, director of Second Chance's Animal Relocation programs. "Pet ownership is like raising a child-it takes time, care, and resources and Second Chance is here to help," emphasizes Hall. "Pets have emotions and needs and rely on their owners for food, medical attention, love, and companionship. By investing effort from the start, many common problems can be avoided, leading to a happy and lasting pet-owner relationship." To prevent unnecessary surrenders, Second Chance provides a range of resources and assistance for pet owners facing difficulties. The organization believes that open communication and guidance can often resolve issues without giving up a pet. Knowledgeable shelter staff are available by phone or email to listen to owners' concerns and offer advice on various pet-related matters. Whether it's dealing with behavior problems, training challenges, or introducing a new pet to the family, they offer personalized solutions. In addition, Second Chance operates

four full-service veterinary hospitals to ensure pets receive necessary care. Located in North Brookfield, Southbridge, Springfield and Worcester, the hospitals are open to everyone and offer reduced rates for those who qualify, along with weekly lowcost vaccine clinics. The nonprofit also has a pet food pantry program that supplies pet food to local human food pantries, helping



Mack, a two-year-old Bernese Mountain Dog, is just one of the pets waiting to find a home at Second Chance's Adoption

pet owners facing financial difficulties. New Second Chance adopters also get access to a week of free one-on-one online training through an app designed to help dog owners address behavioral issues and foster positive interactions with their pets in their homes. Owners can continue to use the app for a minimal charge as needed. Well-trained pets are more likely to stay in their homes with their families.

Center in East Brookfield.

Second Chance remains committed to educating pet owners, providing resources, and promoting responsible pet ownership to create a community where pets are valued as cherished family members. With the right support and effort, many challenges can be overcome, allowing pets to stay where they belong, with the families who love them unconditionally. For more information on Second Chance's programs and resources, visit www.secondchancean-

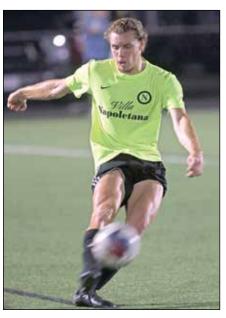
T-Birds announce signings

SPRINGFIELD - The Springfield Thunderbirds announced today that they have signed forwards Mitchell Hoelscher and Steven Jandric, as well as defenseman Austin Osmanski, to one-year AHL contracts for the 2023-24 season.

Hoelscher, 23, skated in 57 games with the Thunderbirds in 2022-23, tallying 16 points (9g+7a). The Waterloo, Ont. native earned a call-up to Springfield after beginning the season with nine points (1g+8a) in just six games with the ECHL's Indy Fuel. He was originally a sixth-round pick by the New Jersey Devils in the 2018 NHL Draft.

Jandric, 25, began his 2022-23 rookie season with the ECHL's Worcester Railers, where he posted 19 points (8g+11a) in 20 games. In 31 games with Springfield, he added eight points (2g+6a). A native of Prince George, B.C., Jandric skated collegiately for five seasons, accumulating 114 points (35g+79a) in 161 NCAA games with the University of Alaska-Fairbanks (2017-20), the University of Denver (2020-21), and Merrimack College (2021-22).

Osmanski, 25, saw 30 games of action last season in Springfield, posting six points (1g+5a), 28 penalty minutes, and a +1 rating. A native of Buffalo, N.Y., the 6-foot-4, 215-pound defenseman was selected by his hometown Buffalo Sabres in the seventh round (189th overall) of the 2016 NHL Draft.



Mason Perham kicks the ball away for Villa FC

SOCCER I from page 11

play in the championship match. The O'Neill's were outstanding soccer players at Belchertown High School.

Aiden and Braylon Casinghino, who live in Brimfield, are really looking forward to being teammates with their younger brother, Cole, next summer.

Cole Casinghino is entering his senior season as a member of the Tantasqua boys' varsity soccer team, which is coached by Matt Guertin.

"We're hoping Cole will be joining our summer league soccer team next year." said Aiden Casinghino, who has been playing in the PVSSL for the past five years. "It has been a lot of fun playing in this soccer league.

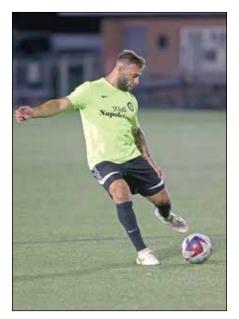
At the start of the summer league season, Braylon Casinghino replaced Mark Tiffany, who's also from Belchertown, as the St. John Heating & Cooling starting

Villa FC (9-0-2 regular season record) posted a 4-0 shutout victory over St. John Heating & Cooling at the beginning of the summer league regular season.

"I only missed two games during the regular season and our loss against Villa was one of them," Braylon Casinghino said. "I think it would've been a little bit different outcome if I had been there."

Troy and Matt Remilard were also key members of the St. John Heating & Cooling soccer team.

All three of the Remillard's were outstanding soccer players at Palmer High



Turley photos by David Henry www.sweetdogphotos.com Mike Lima, of Ludlow, sends a free kick across the field.

School.

It didn't take St. John Heating & Cooling very long to score a goal in the

During the fifth minute of the opening half, Byron Peabody, who also graduated from Palmer High School, fired a rebound shot into the lower left corner of the net past Villa goalie Mike Tranghese, who played soccer at Monson High School, giving St. John Heating & Cooling a 1-0

Ten minutes later, they took a 2-0 lead following a goal by Jed Theilman, who's from Amherst. Aiden Casinghino was credited with the assist.

Villa FC cut the deficit in half following a goal by Deandrae Brown, which was assisted by Anthony Basile.

Brown played college soccer at UConn a couple of years ago.

Villa FC had six corner kicks and several other scoring chances during the second half, but Braylon Casinghino managed to hold onto the one goal lead for St. John Heating & Cooling.

"Braylon is a tall goalie," said Jon Remillard, who has been playing in the adult soccer league since 2010. "The players on the opposing team are afraid of him and I'm very glad that he was a member of our team this summer. I hope he has a good year at Western New England. He's a very good goalie. We do have several brothers playing for our team this year, which made it a lot of fun."

PERITZ I from page 1

er to anybody... he made friends with everybody," said Peritz-

He was "very involved with the Special Olympics," and valued teaching students more than just book work but life skills, said Peritz-Smith.

Encouraged parents, students

Colleague and friend Kelly Simpkiss, who is also a parent with a special needs child, said Dave would always encourage her and her husband to allow their son to "be more independent," and push himself to do things that might be uncomfortable at first.

"Dave was just someone we trusted. We knew [our son] would always be safe at school even if they weren't together, just because Dave was there," said Simpkiss.

She and Dave coached alongside one another for Unified Sports events as well as supporting students participating in Spe-



Scan QR Code to donate to the David Peritz Memorial Fund.

cial Olympics.

"He did the right amount of 'pushing' for students so kids would do things they are not comfortable with, but not too much so they would shut down...that's a skill he had that not everybody has," said Simpkiss.

Living a full life

When remembering her father, Dave's daughter, Morgan Peritz, said "living life to the fullest and really doing everything you want to do," is what she thinks of first. "He was always encouraging and always gave the best advice," said Peritz.

One characteristic that stands out most to her was that he "always wanted to be a part," in anything she was doing, including her sports.

"He is the reason I played hockey in the first place," said Peritz.

Dave is remembered by many for his positivity, free-spirit and love of the outdoors.

"We would go camping a lot," said Peritz.

Behind Dave's home are many hiking trails, which he would frequent with his partner, Jennifer Hodgdon, son, Brandon Peritz, Morgan Peritz and dog "Chill" - Bill.

An avid outdoorsman, some of Dave's family and friends share their most cherished memories with him in the woods; camping, hiking or traveling.

"My dad loves hiking," said

"I remember, one time I really did not want to go - it was just me and him...

"He kept telling me 'vou'll feel better if you just do it'... [and] probably about half way through the hike I felt a sense of accomplishment," Peritz said.

She added that at that moment, "the sun made it so beautiful."

Peritz said she took away from that experience that sometimes "if you just get up and do something, you will feel better."

Dave's long-term partner, Hodgdon, remembers Dave as "always smiling, telling jokes," and being "a great dad."

"He was always involved with the kids' sports, hanging out with friends, traveling, playing disc golf and loved hockey and reggae music," said Hodgdon.

She said the pair would frequent Plymouth over summer vacations to camp and visit friends.

While Hodgdon and Dave enjoyed traveling together, attending music festivals and



A photo of Dave from grade school shows his lively red hair.

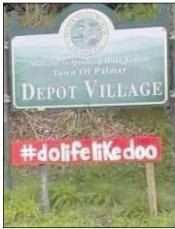
camping with "Bertha," a large, beat-up van; Hodgdon said one of her most cherished memories with Dave was a vacation they took to Jamaica last year.

The pair were joined by Morgan and Brandon, making the vacation an invaluable family

"The weather was perfect, we had a 'Bob Marley' drink [and] had a great time being on the beach," said Hodgdon. "It is a big loss... you could tell by the wake...There were people lined up all the way to Friendly's standing in the torrential rain to pay their respects," said Hodgdon.

She added Dave had "a big heart," and she "loves him very much."

Neighbor and friend Sam Loftus said when he first met Dave five years ago, Dave was "in tattered flip-flops, cut off pajama shorts covered in paint, his hair [was] a mess... and he was in a



A friend posted a " #dolifelikedoo" by the Palmer entrance to the Mass Turnpike to show their support.

tie-dye shirt."

Loftus added that even as a stranger, Dave was "super nice, and asked if [he] needed help."

Since then, Dave and Loftus had become good friends, with Dave attending Loftus' wedding and often helping him "move the

He added Dave "only cared about living life, and not much

"He just camped in his van

and hiked," said Loftus.

Family time

Peritz-Smith said the four siblings Bob, Ivy, David and Holly, would camp at Mount Greylock every summer growing up

and into adulthood. A special memory Peritz-Smith cherishes was a moment in 2021 when all four siblings hiked to the top and met their parents

Pat and Bob Peritz Sr. Just the six of them talked and simply enjoyed sharing each

other's company. "Certain days and memories you don't realize how special they are until after... we knew how special it was in that moment," said Peritz-Smith.

Simpkiss said Dave was a "very positive person about everything in life...He has a way about him, and was always out in nature and enjoying the simple things in life. I think we could all take a page from his book and not sweat the little things.'

In light of Dave's free-spirit motto, those who knew Dave or the family are sharing "#DolifelikeDoo," on social media and signs around town to show their support and honor Dave.



Dave is shown alongside his daughter, Morgan, son, Brandon, and partner, Jen, in Jamaica during a family vacation last year.



Dave embracing his son, Brandon, and daughter, Morgan, while smiling during a camping trip.



Kelly and David are shown alongside the unified track and field



Kelly and Hunter Simpkiss are kayaking and doing life like Doo.

Simpkiss is credited for creating the viral hashtag as she shared a photo with her son, Hunter, whom she took adaptive kayaking.

As "Doo" loved being out in nature, Simpkiss believed she was doing something Dave would have encouraged her family to do.

North said the school community is deeply impacted by his

"It's really hard on the faculty... it has impacted them and we are all reflecting on our own lives and how precious life is," said North.

Since Dave's passing, the Peritz family has established a memorial fund in his memory.

While they have not decided its guidelines yet, they would like to award scholarships. The fund

will generate awards for Palmer High School graduates to apply for as well as using funds in other ways to remember Dave. The family used the funds for

their first purchase of lanyards for

all faculty members of the Palmer School District and bracelets for all students in Dave's honor. In celebration of his life and

impact, Palmer High School will share a moment of silence on the first day of school in his honor as well as have emotional support animals and counselors available.

Peritz-Smith said "our familial bond was unbreakable. We have no regrets... he lived every moment...Although the grief is so painful, the laughter and the love is so much more."

#dolifelikedoo

FALL LEAGUES

I from page 11

league, along with larger schools in Amherst and Northampton. Northampton was defeated by Monson in an independent game last year.

Ware joins the Pioneer North League and will now meet twice this year with Easthampton, St. Mary's, Frontier, Mahar, and even Holyoke.

Holyoke was dropped from the Central League after a couple of disappointing years.

The top league in the region is the Coombs League, and features Minnechaug, Belchertown, East Longmeadow, Longmeadow, Ludlow, West Springfield, and Westfield.

In boys soccer, there are not a lot of big changes, though the Churchill League, which features Agawam, Westfield, and Pope Francis, and Pittsfield, will add Hampshire Regional and Mt. Greylock of Williamstown.

Dropped the Holley League is Chicopee Comprehensive. Chicopee, Holyoke, and Monson are

also a part of that league along with SICS and Northampton. South Hadley will be part of the Moriarty League, and will once again matchup with Frontier, Easthampton, and Mahar. Southwick and Lenox will also be in the league this year.

Granby is part of the Schmid League this year, and Ware is a crowded Bi-County League that features eight teams. Pathfinder, which now co-ops

with Palmer, is in the Tri-County League again this year. Football leagues did not see

any major changes. The AA still features the same six teams, including Minnechaug and Holyoke. Agawam is part of the Suburban South, and South Hadley, Ludlow, and Chicopee are in the Suburban North again this season. Belchertown will compete in

the Intercounty South, and Palmer and Ware are part of the Intercounty North along with Greenfield, Mahar, Athol, and Franklin Tech. Pathfinder remains in the Tri-County.

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To apply please go to https://www. communityaction.us/job-openings for full job description and inforn regarding benefits

Community Action is committed to a

ANXIETY I from page 5

class. Talk about how they will see old friends and meet new ones, for exam-

Find another child in the neighborhood your child can walk to school with or ride on the bus with.

If you feel it is needed, even though your youngster is a bus student, drive your child (or walk with them) to school and pick them up on the first day. Get there early on the first day to cut down on unnecessary stress.

Also, when it comes time to drop your child off at school, Waslick said don't prolong the goodbye.

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For more information if your child is in need of behavioral medicine, talk to an intake coordinator at Baystate's confidential intake line at 413-794-

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We will consider less experienced applicants but must have proven

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> Attention: Graphics Manager Or e-mail directly to dsloat@turley.com. No phone calls or drop-ins, please.



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The Warren Police Department is accepting applications for the position of full time Police Officer. Applicants are preferred to be academy trained and must be willing to work weekends, nights, and holidays.

Responsibilities include responding to emergency and non-emergency calls for Police, Fire and Ambulance services. It is preferred that applicants currently possess valid certification as a Police Officer. Candidates must have strong interpersonal, verbal, and written communication skills. Preferences include an associate degree or higher in criminal justice, serve in the US military, or experience as a Police Officer.

The Patrolmen's contract provides an education incentive and a candidate with prior experience may also be considered to start at a higher step rate of pay.

Resumes and cover letters must be returned no later than Friday, September 8, 2023, to the attention of Lt. James Early, WPD PO Box 606, Warren, MA 01083 or early@warren-ma.gov.

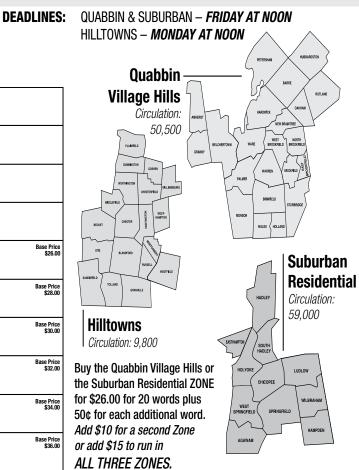
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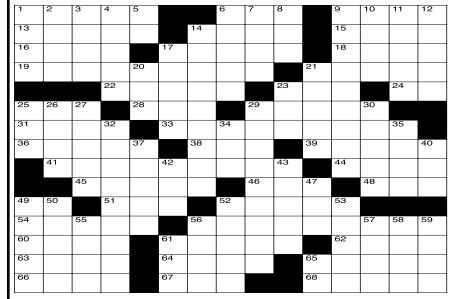
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17. Famed astronomer 18. Ghanaian currency 19. Improved the condition of 21. Int'l association of

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22. Infections 23. Dish made with lentils 24. Thou 25. Former CIA 28. Unit used to

compare power levels 29. Members of Pueblo people

31. Myanmar monetary 33. Polished 36. Signed a contract

52. Move rapidly downwards 54. Koran chapters 56. Streteches out 60. Top of the human body

46. Longing

48. Senior officer

51. Bird's beak

49. Levels of frequency

61. A Chinese temple and Indian town 62. Fertility god 63. Sea eagle 64. Dry 65. Zodiac sign

66. "Horizon Call of the Mountain" character

67. Have the ability to

68. Take somewhere

department store

something

20. Small ornament on a watch chain 21. Richly decorated cloth tapestry

CLUES DOWN

Leslie

5. Atomic #43

album

9. Confines

6. Wise individuals

Horse mackerel

8. Pearl Jam's debut

compound

11. Unsatisfactorily

Plant of the parsley

14. Determines time

17. Causes the birth of

10. Colorless crystalline

2. Wings

1. "Iron Man" actress

3. Adjust the spacing

4. They're usually locked

23. Vito Corleone was one Igbo musical instrument 26. Put in harmony

49. Town in Surrey, England 50. Enquiry 52. Murdered 53. Bura-__: Chadic

29. Tinseltown

30. Closes tightly

an inch

35. Small drink of

whiskey

32. Songs sung to one's

34. One thousandth of

37. Political divisions in

ancient Greece

43. Very long periods of

47. Small block of wood

40. Helps little firms

42. Baby's eating

accessory

language 55. Crater on Mars 56. Mammal genus 57. Sock 58. Make

59. Stony waste matter 61. Partner to cheese

27. Japanese alcoholic 65. Pound

DEATH NOTICES

Albertine Rita

Laviolette Brosnan Died August 1, 2023 Celebration of Life to be announced. lvie Funeral Home. Murphy in charge of arrangements.

OBITUARY POLICY

Turley Publications offers two types of obituaries. One is a free, brief **Death Notice** listing the name of deceased,

The other is a **Paid Obituary**, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph. Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

> Exceptions will be made only when the family provides a death certificate and must be pre-paid.

date of death and funeral date and place.

Albertine Rita Laviolette Brosnan

On August 1, 2023, Albertine Rita Laviolette Brosnan of Port Charlotte, Florida, passed away at the residence of her daughter's home in Murphy, North Carolina. She was 93 years old and lived a long, wonderful life. Albertine was born in Three Rivers, Massachusetts, and was the daughter of the late Napolean and Albertine Lamoureux Laviolette and the wife of the late Daniel Allen Brosnan. She was preceded in death by a son, Daniel "Danny" Allen Brosnan Jr.; and a daughter, Sandra Lee Burns.

Albertine began her married life to Dan by moving to Monson, Massachusetts. Later they moved to Palmer, Massachusetts, where they worked and resided for many years. Along

with raising her family, she worked parttime as a bookkeeper at their gas stations in Palmer, Massachusetts, until they retired to Florida. She resided in Naples then later moved to Venice and Port Charlotte, Florida to live with her daughter, Elaine.

Albertine was an avid golfer, loved to dance, yodel, sing and play the piano. For years, she was very active in the Lions Club both in Massachusetts and Florida. Her greatest love was her family and friends. She raised six children, had 14 grandchildren, 23 great-grandchildren, and one great-greatgrandchild and she loved each



and everyone of them and they all loved her. She had an endless supply of love for her family.

Surviving family members include Roclyn Burton (Paul) of Venice, Florida, Elaine Brosnan Brewer (Peter) of Port Charlotte,

Florida, Rosemarie Lachance (Yvan) of Murphy, North Carolina, Patricia Ann Power (Chip) of Newnan, Georgia; and sister-in-law, Betty Jean Manzi of Monson, Massachusetts.

The family will share plans for a Celebration of Life at a future date.

Ivie Funeral Home, Murphy in charge of arrangements.

Police/Fire

Police Logs

The Palmer Police Department reported 476 incidents on its logs

Palmer

August 8

for Aug. 8 – Aug. 14 including:

At 7:23 p.m. Alec B. Gay, 23, of 836 Cronin Road in Warren was pulled over on Old Warren Road and arrested on charges of OUI liquor, negligent operation of motor vehicle and speeding.

August 9

At 8:23 p.m. Chelsea Ann Lopes, 24, of 128 S. High St. in Bondsville was pulled over on Main Street and received a summons for operating a vehicle with suspended registration and uninsured motor vehicle.

August 10

At 5:11 p.m. Christian T. Magorian, 33, of 2052 Palmer Road in Three Rivers was pulled over on Springfield Street and received a summons for uninsured vehicle and operating a vehicle after suspended/ revoked registration.

August 11

At 9:04 p.m. Rebecca Ramos, 19, of 492 Pecks Road in Pittsfield

was pulled over on Calkins Road and received a summons for a light violation, no inspection sticker, operating a vehicle after suspended/ revoked registration and operating a motor vehicle without registration in possession.

August 14

At 10:06 p.m. Marcos Aguillar, 28, of 3 Bergh St. in Danbury CT, was pulled over on Thorndike Street and received a summons for speed exceeding the posted limit and unlicensed operation of a motor vehicle.

Monson

For the week of Aug. 13 to Aug. 19 the Monson Police department responded to 2 incidents, including the following:

August 13

At 1:36 a.m. Ashley Eileen Kane, 33, of 102 Lakeside Dr. in Monson was involved in a traffic incident and received a summons for speed was greater than was reasonable and proper, leaving the scene of property damage, negligent oper-

ation of a motor vehicle and failure to keep right on hill.

August 14

At 2 p.m. Steven P. Montebello, 61, of 37 May Hill Road in Monson received a summons for negligent operation of a motor vehicle, operating a motor vehicle with a suspended liscense, suspended registration, and 3 counts of wanton destruction of property. This was a follow up investigation, no other details were available.

At 4:05 p.m. Shawn Christopher Brown, 50, of 45 Elm St. in Monson was arrested on a warrant. No other details were available.

August 15

Peter M. Welch, 71, of 11 Bridge St. in Monson was arrested at 7:55 p.m. on charges of obscene matter to minor and accost/annoy another person. No other details were provided.

August 16

At 4:54 p.m. Juan Ramos-Cotto, 37, of 126 Noel St. in Springfield was pulled over and received a summons for equipment violation, number plate violation to conceal ID and unlicensed operation of a motor vehicle.

purchase price must be paid

in cash, certified check, bank

treasurer's or cashier's check

at the time and place of the

sale by the purchaser. The

balance of the purchase price

shall be paid in cash, certi-

fied check, bank treasurer's

or cashier's check within

thirty (30) days after the date

announced at the sale.

Other terms to be

1080 Main Street, Suite 200

Attorney for Citizens Bank

08/17, 08/24, 08/31/2023

PALMER

CONSERVATION

COMMISSION

PUBLIC HEARING

NOTICE In accordance with

the Wetland Protection

Act of the General Laws

of the Commonwealth of

Massachusetts, Chapter 131,

Section 40, and the Town of

Palmer Wetlands Ordinance.

Chapter 143, the Palmer

N.A. f/k/a RBS Citizens,

Brock & Scott, PLLC

Pawtucket, RI 02860

CCO Mortgage Corp.

Present Holder of the

N.A. s/b/m

Mortgage

(401) 217-8701

of sale.

Fire Logs

Bondsville Fire Log

BONDSVILLE— For the period Aug. 8 to Aug 14, Bondsville Fire responded to 2 calls.

On Thursday, Aug. 10 at 4:59 p.m., the department responded mutual aid to Depot Street in Belchertown for the search and rescue for an injured person. The department returned to service at 8:04 p.m.

On Friday, Aug. 11 at 5:10 p.m., the department was dispatched mutual aid to Pine Street in Palmer for a possible fire. The call was cancelled enroute and the department returned to service at 5:14 p.m.

Three Rivers Fire Log

THREE RIVERS— The Three Rivers Fire department responded to 4 incidents for the week of Aug. 8. August 8 at 3:28 p.m. for a motor vehicle accident on Springfield Street. In service at 3:38 p.m.

August 11 at 5:10 p.m. for a mutual aid request from Palmer FD. In service at 5:14 p.m.

August 12 at 2:52 p.m. for a smoke detector activation on Three Rivers Road. In service at 2:54 p.m. August 13 at 1:51 p.m. for an EMS incident on High Street. In service at 2:05 p.m.

Public Notices

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Hampden Division Docket No. HD23P1055EA

Estate of: Douglas Edward Clelland Date of Death: 11/22/2021 INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner Kristie M Say of Enfield,

Enfield, CT has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribuof administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating

or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 08/24/2023

Commonwealth of Massachusetts **The Trial Court Family Court 50 State Street** (413)748-7758

Hampden Probate and Springfield, MA 01103 Docket No. HD23C0226CA In the matter of: John Crawford Mc Ilveen

which you must file a written appearance if you object to CITATION ON PETITION this proceeding. WITNESS, Hon. Barbara M Hyland, First

> Justice of this Court. Date: August 14, 2023 Rosemary A Saccomani

TO CHANGE NAME

Name of Adult has been

filed by John Crawford Mc

Ilveen of Brimfield, MA

requesting that the court enter

a Decree changing their name

Julie Ann Mcilveen

IMPORTANT NOTICE

for purposes of objecting

to the petition by filing an

appearance at: Hampden

Probate and Family Court

before 10:00 a.m. on the

ing date, but a deadline by

This is NOT a hear-

return day of 09/11/2023.

Any person may appear

A Petition to Change

Register of Probate 08/24/2023

(SEAL) THE COMMONWEALTH OF MASSACHUSETTS LAND COURT

DEPARTMENT OF THE TRIAL COURT Docket Number: 23 SM 003150 ORDER OF NOTICE To: Jaime M. Miner

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq):

Lakeview Loan Servicing, LLC

claiming to have an interest in a Mortgage covering real property in Palmer, numbered 1 Meadowbrook Lane, given by Jaime M. Miner to Mortgage Electronic

Loans, LLC, dated June 30, 2017, and recorded in the Hampden County Registry of Deeds in Book 21748, Page 140, and now held by the Plaintiff by assignment, has/ have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status. If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appear-

Registration Systems, Inc.,

as nominee for PHH Home

ance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before October 2, 2023, or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness. Gordon H. Piper, Chief Justice of this Court on August 17, 2023. Attest:

Deborah J. Patterson Recorder 24312 08/24/2023

PALMER CONSERVATION **COMMISSION** PUBLIC HEARING NOTICE

In accordance with the Wetland Protection Act of the General Laws of the Commonwealth of Massachusetts, Chapter 131, Section 40, and the Town of Palmer Wetlands Ordinance, Chapter 143, the Palmer Conservation Commission

will hold a public hearing on Tuesday, September 5th, 2023, at 7:15 PM on the application of John W. Lizak Jr. c/o New England Environmental Design, LLC, of 2451 Main Street, Holden, MA 01520.

The applicant has submitted a Notice of Intent for activities associated with the proposed construction of a single-family home with a driveway and a private sewage disposal system. Work is proposed to occur within the Riverfront area

The project site is located on Old Warren Road, Palmer, MA 01069. Assessor's Map 27 Parcel 4

Any interested persons wishing to be heard on the application should appear at the time and place designated. A copy of the application and plan may be inspected at the Palmer Town Hall in the Conservation Commission Office, 4417 Main Street, Palmer, MA 01069 or contact the office at 413-283-2687.

Donald Blais, Jr., Chair Palmer Conservation Commission

08/24/2023

NOTICE OF MORTGAGEE'S

SALE OF REAL ESTATE Premises: 1089 Pleasant Street, Palmer, MA 01069

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Angela L. Racicot to CCO Mortgage Corp., and now held by Citizens Bank, N.A. f/k/a RBS Citizens, N.A. s/b/m CCO Mortgage Corp., said mortgage dated January 20,

Hampden County Registry of Deeds in Book 15654, Page 381, as affected by a Loan Modification dated July 10, 2015 and recorded in the Hampden County Registry of Deeds in Book 20955, Page 583; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on September 28, 2023 at 02:00 PM Local Time upon the premises, all and singular the premises described in said

2006 and recorded in the

mortgage, to wit: A certain tract of land with the buildings thereon, situate on the southwester-

ly side of Pleasant Street in the Depot Village of Palmer, Hampden County, Massachusetts, containing thirty-eight (38) square rods, more or less, bounded and described as follows: Beginning at an iron pin

in the ground on the southwesterly side of said street at the northeast corner of land formerly of one Dawson, now of Raymond J. and Lois B. Herbet; thence S. 61 1/2 W. along last named land one hundred sixty-six and 32/100 (166.32) feet to land of the Boston & Albany Railroad Company; thence S. 52° E. along last named land, seventy-seven and 22/100 (77.22) feet to land formerly of James H. Tuthill, now of Magdalene Sarna; thence N. 64° E. along last named land, one hundred thirty-seven and 28/100 (137.28) feet to the southwesterly side of said Pleasant Street; thence Northerly along the southwesterly side of said Pleasant Street, fifty-eight and 75/100 (58.75) feet to the place of beginning.

BEING the same premises as conveyed by William F. Barry, Jr. To Angela L. Racicot dated November 5, 2003, recorded at Hampden County Registry of Deeds in Book 13814, Page 75.

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication. For Mortgagor's Title

see deed dated November 5, 2003 and recorded in the Hampden County Registry of Deeds in Book 13814, Page

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the

Conservation Commission will hold a public hearing on Tuesday, September 5th, 2023, at 7:00 PM on the application of Patricia Leavenworth c/o MassDOT District 2, of 811 North King Street, Northampton, MA The applicant has submitted a Request for Determination of Applicability for activities associated with the stabilization of a roadway shoulder.

stream. The project site is located on the Westbound Lane of Route 20 (Wilbraham Street) Right-of-Way (ROW) near 1303 Calkins Road, Palmer, MA 01069. Assessor's Map

Work is proposed to occur

within the 100-foot buffer

to Bank of an intermittent

Any interested persons wishing to be heard on the application should appear at the time and place designated. A copy of the application and plan may be inspected at the Palmer Town Hall in the Conservation Commission Office, 4417 Main Street, Palmer, MA 01069 or contact the office at 413-283-

> Donald Blais, Jr., Chair Palmer Conservation Commission

08/24/2023

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& scholarships

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organization at

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Youth Enrichment students stand in front of the doors to Pathfinder Technical School.

Submitted photos

Pathfinder Bridge Orientation and Summer **Enrichment Program**



The stage in the cafeteria at Pathfinder was a fun place for kids to have fun and express themselves this summer.



Nicole Ribeiro (left), pictured with Pathfinder's instructors in the Cosmetology room.



Fifth grader Spencer Skowyra participated in the Summer Bridge Orientation, demonstrating workplace safety.

PALMER - Pathfinder recently concluded its Summer Enrichment Program.

The Summer Enrichment, or Summer Bridge Orientation program, is a three-week long program made up of five-day courses on the fundamentals of the vocational programs that Pathfinder has to offer.

The program is designed for kids entering fourth to eighth grade, and included courses on Advanced Manufacturing, Art, Auto Body and Automotive Technology, Biking, Baking and Junior Chef, Beauty School, Biking, Drama and Theatre, Electrical, First Responders, Fishing, Plumbing, Woodworking, and the Robotics Battleshop.

For more information about the programs Pathfinder has to offer, visit their website at pathfindertech.org, or call them at (413) 283-9701.



Students learned how to weld in this summer's Plumbing program.



Lukas Voloshinov, fifth grade, shows off a robot that was built for the Robotics Battleshop.

Library hosts Q&A with 100-year-old resident

MONSON - Armando Sousa, who is turning 100 years old, was hosted at the library to share stories about the town and about his life.

The event was hosted by the Monson Free Library and the Council on Aging on August 18. Sousa's family and close friends, and members of the Police Department attended to ask him ques-



Armando Sousa gives a talk at the Monson Free Library.

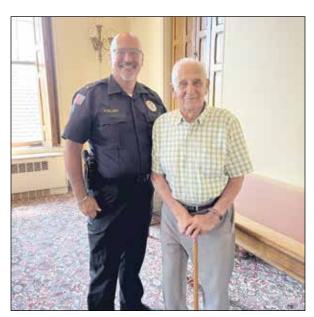


Armando's family gathered to enjoy his birthday (from left), Isabella Whittemore, Dennis Mansfield, Carolyn Whittemore, Armando Sousa, Julie Sousa, and John Sousa.

tions and to celebrate his centennial with him.

The library and Senior Center continue to host fun activities and seminars like this one every week. For upcoming events at the library, visit their website at Monson-Library.com, and for the Council On Aging, visit their page on the town website at https://www. monson-ma.gov/council-aging.

> **Chief Stephen** Kozloski, pictured with "birthday boy" Armando Sousa.





Monson Police presented a card to Sousa, (from left) Officer Mai Grover, Armando



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21.8 CU FT COUNTER-DEPTH

TOP CONTROL POCKET HANDLE DISHWASHER WITH SANITIZE CYCLE AND DRY BOOST MODEL# GDP630PYRFS REG \$829



22.1 CU FT COUNTER-DEPTH FRENCH DOOR REFRIGERA-TOR WITH TURBO COOL & FREEZE

REG \$ 3499

5.3 CU FT SLIDE-IN ELECTRIC CONVECTION RANGE WITH AIR-FRY AND BUILT IN WI-FI MODEL# JS760SPSS REG \$1949

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610 CFM SMART DESIGNER
WALL HOOD WITH PERIMETER
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Profile

GE PROFILE TOP CONTROL POCKET HANDLE DISHWASHER WITH STAINLESS INTERIOR AND















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