

GOSHEN

Council on Aging announces upcoming December events

GOSHEN – A Holiday themed luncheon will be held on Tuesday, Dec. 12 at noon in the Goshen Town Hall

Jerry from Spruce Corner Restaurant will cook a choice of Prime Rib or Vegetable Lasagna, along with potatoes, vegetables, rolls, and salad. They will also have a special dessert. A favorite guest, Santa and his helpers will be handing out holiday treats. Seniors should call Kerry Normandin at 413-268-9354 by Tuesday, Dec. 5 to let her know their choice of meal. The Council on Aging hopes seniors will stay for lunch but to-go containers are available. Suggested \$5 donation is appreciated.

The Caroling tradition continues this year. A group ensemble will travel door to door singing holiday songs to Goshen seniors on Thursday, Dec. 7 starting at 2 p.m. Inclement weather date is Friday, Dec 8 A Goshen senior, who would like to hear some festive holiday music at their doorstep may call Nancy Wood at 413-268-7973 to schedule a time. Also anyone who would like to join the Carolers in bringing joy to others through holiday songs should call Nancy. All ages and abilities of Carolers are welcome.

On Friday, Dec. 1 Community Connections Group meets from 10-11 a.m. in the dining room on the second

floor of the Town Hall. This month they will be joined by Nancy Ronan and Cathie Parsons from Bright Spot Therapy Dogs. They will be bringing Comet, a Golden Retriever and Yukon, a Samoyed, to provide a bit of pet therapy. They will educate us about the work of the therapy dogs and their trainers. Nancy will bring some children's books that have been written about Comet's adventures and these will be available to purchase.

On Tuesdays, Dec 12, and 19 Tai Chi class will continue with two classes in December (no class Dec 5 or 26) with instructor Richard Larson at 9 a.m. in the Town Hall. He will be teaching us the Eight Ways. There are many benefits to Tai Chi practice including improved balance, improved flexibility, and improved peace of mind. Please wear comfortable clothing and supportive shoes. All abilities are welcome and we can modify the approaches as needed so that everyone can benefit.

In person exercise class continues with Joan Griswold on Wednesdays at 10:15 a.m. in the Goshen Town Hall. People should wear supportive footwear and bring water and free weights if they have them. There is a brief health questionnaire Joan will have you fill out. This class is also offered simultaneously

on Zoom, so if people prefer this method they may email Joan for the link at joan@bybhealth.com.

Wednesday, Dec 6 Knitting and Crafts Group will meet in the upstairs Dining Room at the Goshen Town Hall from 1-3 p.m. Occasionally they meet in the library so check in there too. People should bring whatever craft or needlework project they are working on. The group members have experience in knitting, crocheting, sewing and more so bring any questions to the group and problem solve together.

On Tuesdays, Dec 19 and 26, Highland Valley Elder Services lunch is held. The HVES lunch is on the third and fourth Tuesdays of the month, pick up is from noon-12:30. On Tuesday Dec 19, the meal will be Mulligatawny Soup or Macaroni and Cheese and on Dec 26 the meal will be a Breaded Fish Sandwich or Chicken Stew plus vegetables, milk and dessert. If people have not signed up and would like to for January, they may call Kerry Normandin at 413-268-9354 to fill out a brief intake form. There is a suggested \$3 donation that is given to Highland Valley Elder Services to offset the cost of the meal.

On Wednesday, Dec 20 the Games Group will be from 1-3 p.m. and continue on the third Wednesday of each

month in the dining room on the second floor of Town Hall and occasionally in the library. If people have any board games in good repair that they would like to donate, let us know or better yet bring one in and play it with us.

The COA has paper applications for Fuel Assistance through Community Action at the COA office. People may call Kerry Normandin 413-268-9354 at the number and email on top of this newsletter if they need an application or if they need more information. They can also learn more about this program by visiting the website communityaction.us or by calling 413-774-2310 and choose option 1.

One goal of this program is to lend durable medical equipment that people may need on a short or long term basis. Before going out to purchase items like walkers, tub seats, or commodes, please call as we may just have what you need for free. And if we don't we will contact other agencies to help find it! This group also works with TRIAD to deliver buckets of sand for seniors to spread on icy surfaces in the winter. They also have knowledge about various services and agencies in the area. Henrietta Munroe is the leader of this program, call 413-268-7465 if in need of any of these services.

PUBLIC NOTICES

Legal Notice: NOTICE OF PUBLIC HEARING

The Middlefield Planning Board will hold a Public Hearing on **Saturday, December 16, 2023 at 10:00 a.m.** at the Middlefield Town Hall, 188 Skyline Trail, Middlefield MA to present proposed standards and condition bylaw changes:

Article 1: Bylaw Section 3: General Use Regulations Table 3.0 Use Regulations, Town of Middlefield, Types of Land Use Standards

and Conditions for 3.05,3.052,3.054,3.055

Article 2: Bylaw Section 3 General Use Regulations: 3.2 Non-Conforming Uses, Discontinuance, Alteration Extension, Reconstruction

Article 3: Bylaw Section 7 Definitions: Adding definition for Accessory Building and Conforming Residence

Article 4: Section 4 Special Land Use Regulations: Mobile Homes, Travel Trailers and Camping 11/23, 11/30/2023

Commonwealth of Massachusetts
The Trial Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
(413)748-7758
Docket No. HD23P2326EA

Estate of:
Stephen P Frye
Date of Death: 12/06/2017
CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons:
A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by Laurie A. Frye of Montgomery, MA

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Laurie A. Frye of Montgomery, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00**

a.m. on the return day of **12/12/2023**.

This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

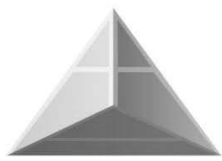
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Represent-

ative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.
Date: November 14, 2023
Rosemary A. Saccomani
Register of Probate
11/23/2023

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