

When it comes to poison ivy - prevention takes priority

PALMER – (Courtesy of Baystate Wing Hospital) Problems with Poison Ivy are most prominent during the spring and summer. However, poison ivy can cause a problem any time of the year," said Dr. Joe Sills, chief of Emergency Medicine at Baystate Wing Hospital.

"An allergic reaction to the oil in these plants, called urushiol produces the rash," Sills said. "Exposure to poison ivy can happen when people are hiking, camping or at home gardening, clearing brush, cutting vines or carrying and burning wood. Every part of the plant, the leaves, stem, vines, flowers, and roots - contains urushiol. Once you're exposed to urushiol, a rash can occur from several hours to three days after contact with the plant. While direct skin-to-plant contact with poison ivy, oak, or sumac is probably the most frequent cause of the rash, the irritants from the plants can also be passed on indirectly by pets, garden tools, shoes, or virtually any-

thing that touches a plant."

"Rinsing your skin immediately after touching the poison ivy, oak, or sumac, with lukewarm water, may help to rinse off some of the oil and lessen or avoid the rash," Sills said. "Beware that the oil can stick to clothing and other surfaces as well, so be sure to also wash the clothes you were wearing when you came into contact with the poisonous plant, as well as gardening tools, golf clubs, leashes, and even a pet's fur."

Most people (85%) develop a rash when they get urushiol on their skin. The first time you get this oil on your skin, you may not get a rash. The next time, this oil gets on your skin you can become sensitive to it. Once you are sensitive to it, a rash appears. About 15% of people do not become sensitive to this oil and never develop a rash. The rash caused by these plants is not contagious and does not spread. Scratching the rash or the leaking fluid from the blisters does not spread the rash, although

it can cause scarring and potential infection.

"Urushiol can remain active for years. For that reason, even dead poison ivy, oak, or sumac plants must be handled with care," Sills said. "Plants should never be burned or shredded, as airborne particles can spread the oil to sensitive areas like the face and eyes and may potentially cause damage to lungs."

According to Sills, "Prevention is the best approach; know what the plant looks like and teach your family to avoid it. If you do have contact with one of the poison plants and the rash has set in, the three main goals of treatment are to stop the itching, decrease inflammation, and prevent infection."

"The rash from poison ivy, oak, or sumac usually lasts one to three weeks," Sills said. "Most rashes go away without treatment and while your skin heals, it more than likely will continue to itch. If the eruption is mild, applying

calamine lotion three or four times a day can help with the itchiness. If the rash covers a large area of the body, oatmeal or baking soda baths may help reduce itching and discomfort. Avoid those preparations containing anesthetics or antihistamines, as often they can cause allergic eruptions themselves," said Dr. Sills. "Infections can occur if blisters break, and bacteria enters the open wound. Keep the rash clean and any open blisters bandaged to help lessen the chance of infection."

"A rash from poison ivy, poison oak, or poison sumac, can usually be treated at home," Sills said. "If the rash is severe, on your face, on extensive parts of your body, seeing a doctor is important, you may need a prescribed steroid ointment that you can apply to the skin, or to be placed on an oral steroid like prednisone."

If you have any of the following symptoms, or if you have a serious reaction, seek immediate medical care by going to the emer-

gency room, including:

- Trouble breathing or swallowing
- A rash that covers most of your body
- You have many rashes or blisters
- Swelling, especially if an eyelid swells shut
- The rash develops anywhere on your face or genitals
- Much of your skin itches and nothing seems to ease the itch.
- Signs of a bacterial infection, such as pain, increased redness, or pus

"There is no cure for the reaction once the rash starts," said Dr. Sills. "Avoiding the plants is the best treatment. It is very important to learn what the plants look like and to not touch them."

For more information about Baystate Wing Hospital, visit baystatehealth.org/wing.

PUBLIC NOTICES

WILBRAHAM BOARD OF APPEALS PUBLIC HEARING

The Wilbraham Zoning Board of Appeals will hold a Public Hearing on **Thursday, July 20, 2023** starting at 5:30 PM on the application of Peter Zimmerman for a special permit under Section 3.4.5.16 of the Wilbraham Zoning By-Law to allow motor vehicle repair services in the enclosed building on property owned by Railroad Ave Realty NOM Trust at 3 Railroad Avenue as further specified in the application and plan that are on file in the Planning Office and posted for public viewing on the Zoning Board of Appeals page of the Town of Wilbraham website at www.wilbraham-ma.gov/135/Zoning-Board-of-Appeals.

Both in person and virtual participation are available. To participate virtually go to <https://meet.goto.com/419610741> or call 866-899-4679 (Access Code: 419-610-741).

Edward Kivari Jr.,
Chairman
07/06, 07/13/2023

Wilbraham Conservation Commission LEGAL NOTICE

The Wilbraham Conservation Commission will hold a public hearing on **Tuesday July 25, 2023 at 7:00 PM** in Conference Room 1 at the Wilbraham Town Hall on the Notice of Intent filed by Thomas Kennedy under the Massachusetts Wetlands Protection Act and the Wilbraham Wetlands Bylaw. The project proposed includes the restoration of a small portion of a historic beach upgradient of the Bank of 9 Mile Pond. The area is 290 square feet and is currently void of trees and has approximately 3-6" of mulch on the surface. The property is located at 2689 Boston Road. Information relating to this application is on file with the Conservation Commission. Christopher Brown, Chairman 7/13/2023

Town of Hampden Notice of Public Hearing
The Hampden Planning Board will hold a Public

Hearing on **Wednesday, July 26, 2023, at 6 PM** in the Town House, 625 Main Street, Hampden, MA on the application of Raymond Kuselias for a Special Permit under Section 7.2.4 of the Hampden Zoning Bylaw for a Substandard Frontage Lot on property owned by the applicant on Burleigh Road, Parcel 28-029-000. Information related to this application is on file in the Town Clerk's Office and is available for review by the public during normal business hours. For the Board,
Madison Pixley, Chair
Hampden Planning Board
07/06, 07/13/2023

Commonwealth of Massachusetts The Trial Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD23P1403EA Estate of: William R. Foley Date of Death: 04/25/2023 CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons: A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Sandra Foley of Wilbraham, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Sandra Foley of**

Wilbraham, MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 08/07/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.
Date: July 03, 2023
Rosemary A. Saccomani
Register of Probate
07/13/2023

Town of Hampden Notice of Public Hearing

The Hampden Planning Board will hold a Public Hearing on **Wednesday, July 26, 2023, at 6:45 PM** in the Town House, 625 Main Street, Hampden, MA on the application of Alston Graham of Graham Construction for a Special Permit under Section 7.542 of the Hampden Zoning Bylaw for a Common Driveway to provide access to three adjoining lots owned by the applicant located on Highland Circle and South Monson Road (lots 45, 46, and 47). Information related to this application is on file in the Town Clerk's Office and is available for review by the public during normal business hours.

For the Board,
Madison Pixley,
Chair
Hampden Planning Board
07/06, 07/13/2023

NOTICE
The Massachusetts State Lottery Commission (MSLC) has received a KENO

License application from: **The Local Tap and Table 2039 Boston Road Wilbraham, MA**

Estimated weekly traffic: (number of people):500.
Current No. of Cashier positions selling Lottery products: 0

Percentage of floor space currently devoted to Lottery sales: 0%

Percentage of floor space for KENO sales: 5%

Estimated annual gross revenues of current Lottery products: \$0.

Estimated percentage of gross revenues from sales of Lottery products: 7%

Estimated net income to be derived from sales of KENO products at this location: \$6,000.

If you object to these agent(s) receiving a monitor, you must do so, in writing, within twenty-one (21) days of receipt of this letter. If applicable, please address your written objection to the Massachusetts State Lottery Commission, Legal Department, 150 Mount Vernon Street, Dorchester, MA 02125 and send via email to cporsche@masslottery.com or by mail.

Should you have any questions regarding this program or any other issues relative to the Lottery, please call the Lottery's General Counsel, Greg Polin, at 781-917-6057 or via email at

gpolin@masslottery.com. We look forward to working with you as the Lottery continues its efforts to support the 351 cities and towns of the Commonwealth. 07/13/2023

LEGAL NOTICE Town of Wilbraham

The Wilbraham Conservation Commission will hold a public meeting on **Tuesday, July 25, 2023 at 7:10 PM** on the Request for Determination of Applicability filed by the Massachusetts Electric Company under the Massachusetts Wetlands Protection Act and the Wilbraham Wetlands Bylaw to determine whether the work depicted on submitted plans that include the installation of a new utility pole and removal of two dead trees adjacent to 470R Crane Hill Road is subject to the Wilbraham Wetland Bylaw. The work proposed will occur within 100' of locally-regulated wetlands. Information relating to this application is on file with the Conservation Commission. Christopher Brown, Chairman 07/13/2023

The Library Loft

Schoolhouse Commons Historical Center • 1085 Park Street, Palmer

We are celebrating our 20th year at the Schoolhouse Commons.

Thanks to our wonderful "friends," volunteers and patrons.

HOURS:
Tues. 10am - 4pm • Wed. 10am - 4pm
Thurs. 10am - 4pm • Fri. 10am-4pm • Sat. 10am-2pm

HOPE TO SEE YOU THERE

Book donations will be accepted at the Palmer Public Library or the Library Loft during open hours. Please, no magazines or Reader's Digest Condensed Books. We accept books only in good, clean condition.

For more information call 283-3330 ext. 100

Proceeds To Benefit the Palmer Public Library

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