

SENIORS



If these walls could talk.....well, they are brand new and wouldn't have much to say except: "Get ready Wilbraham...the long awaited Senior Center is taking shape!"

If you have not had the opportunity to see the new Senior Center, give yourself a treat and witness the progress. The OPM – owner's project manager that the town has hired provides us with regular updates of how the work is progressing. The latest communication from P-Three Inc is excerpted here:

Roofing

The roofer has started putting shingles on the upper roof, bringing us closer to the final stages of the roofing process. Simultaneously, the lower roof is undergoing insulation panel and trim installation.

Parking Lot

The parking lot is beginning to take shape with the installation of the gravel base. This foundational work is essential for creating a safe and functional parking area for our community.

Lighting and Electrical Infrastructure

The concrete bases for the parking lot light poles have been installed. In addition, the primary electrical service has been established, providing the necessary power for our building. The site contractor is currently working on the transformer pad and wiring, which will facilitate the distribution of electricity throughout the premises.

Building Walls and Exterior Cladding

The walls of the building are taking shape, with the installation of exterior cladding on most elevations. This signif-

icant milestone brings us closer to completing the envelope of our structure.

Interior Progress and MEP Work

Work on the interior of the building is progressing steadily. Metal framing is underway on the lower level, creating the framework for various interior spaces. The next focus will be the elevator shaft wall, where metal framing will commence soon. Meanwhile, the mechanical, electrical, and plumbing (MEP) teams are onsite, carrying out rough installations. This critical stage ensures the proper functioning and efficiency of essential systems within the building.

Sprinkler Piping Installation

The installation of sprinkler piping has begun on the first floor. This crucial step will enhance the safety measures within our community, providing an additional layer of protection in case of fire emergencies.

As always, photos of the ongoing project are and will be available on the Town Website. We ask that you enjoy the construction of our new Senior Center from a safe distance. Please do not enter the construction site during or after work hours and be respectful of the workers, as we are asking that they be respectful as guests of our Community.

If you have questions or comments about the new Senior Center, please call the Senior Center information line at: 596-2800 extension 315 and leave a message, or emailSeniorInfo2021@gmail.com. Someone will get back to you.

Linda Cooper for the Wilbraham Senior Center Building Committee

Monthly highlights at the Hampden Senior Center

HAMPDEN – The following programs will occur in the following weeks at the Hampden Senior Center, located on Allen Street.

HELP US STOCK OUR SHELVES with Disinfecting Wipes!

Thank you to those that donated toilet paper last month. Every month we will target a different item to fill our shelves.

D & R FARM Summer Farm Share, Wednesdays at 9:30 a.m.

D & R FARM is offering fresh produce weekly on Wednesdays, FREE with SNAP/HIP if you qualify. If interested, contact Wendy ASAP to get your application in! If you do not qualify for SNAP/HIP you may purchase a share for \$40 cash per month. Shares are limited. Please call Wendy at 566-5588, or email outreach@hampdenma.gov to sign up.

Senior Farmer's Market Coupons 2023

To be eligible to receive Senior Farmers Market Coupons, you must be:

- 60 years of age or older, or
- Disabled and living in senior housing where congregate nutrition services are provided
- Your income must be lower than the income limits outlined below.

Coupons Income Guidelines:

| Household Size | Monthly Income |
|----------------|----------------|
| 1 | \$2,248 |
| 2 | \$3,041 |

Coupon Books will be worth \$50.00 this year and will be available on a first come first serve basis.

If you qualify to receive these coupons, please call Wendy at 566-5588.

Coupons will be available for distribution in July.

Reservations for special events and Grab & Go Dinners will be taken on the first business day of the month, on a first-come, first-serve basis. All other reservations will be accepted anytime.

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inspiration.

McLain's lecture will recount the development of the arts in the United States in this pivotal period and will then explore the ramifications of this process on the practice of art in America up to the present day.

Guest Merchant

At every Open House a Guest Merchant is featured by the Gift Shop. The Guest Merchant for Aug. 6 will be hometown watercolorist Pam Adamski.

Adamski says she has always been inspired by nature. "Our small home in Wilbraham, surrounded by woods and small pond is where I get my inspiration for most of my wildlife paintings. Our yard is filled with plenty of muses – deer, bobcats, racoons, birds. The list goes on!" said Adamski.

She said her husband retired a few years ago and since then they have been fortunate enough to spend summers on the shores of New Hampshire and Maine. "The beautiful lighthouses and soul-soothing seas provide endless ideas to put to canvas," she said.

In addition to guest merchant Adamski, the gift shop also offers special candles by the Wilbraham Candle Co. inspired by the Old Meeting House

Calling all hidden

"Chair Volleyball Players!"

More fun than you can possibly stand while seated! Come enjoy this fun-filled game. It is great for upper body mobility & joint flexibility. It enhances your muscle tone, reflexes, hand-to-eye coordination, and endurance. The game is played with a beach ball and a five-foot-high net. Rules are similar to regular volleyball, except "cheeks are on the chair!" Please call 566-5588 to register.

Beginning in the Fall. More details to follow.

Grab and Go Dinner,

Thursday, July 27

Pick up is 2-2:30 p.m.

Enjoy a delicious dinner of Pasta with Meatballs, Salad, Bread, and Dessert. The cost is \$5 per person. Please call 566-5588 starting July 1st to order your dinner.

Alzheimer's Fundraiser

Dinner Dance -

Saturday, Aug. 5 at 5:30 p.m.

Join us for a fundraiser dinner dance with entertainment provided by Off The Record

The cost is \$30 prepaid, per person. Includes Appetizers, Chicken Parmesan and Pasta,

Complimentary Cocktail and Dessert.

More details will follow. Cash Bar & Raffle Prizes!

Reserve and purchase your tickets today by calling 566-5588.

Please make checks payable to the Friends of Hampden Senior Citizens.

All proceeds will benefit the Alzheimer's Association.

Join the Tri Town Team with the Hampden Senior Center and Walk to End Alzheimer's

Sunday, Oct. 15 at 9 a.m. at Holyoke Community College, 303 Homestead Avenue, Holyoke

Register online at act.alz.org, click on Find a Walk Near You, click on Find a Team and select the

Tri Town Team and follow the instructions to register. Call 566-5588, we can help you register.

PUBLIC NOTICES

WILBRAHAM PLANNING BOARD

The Wilbraham Planning Board will hold a Public Hearing on **Wednesday, August 16, 2023, at 6:00 PM** in the Town Office Building, 240 Springfield Street, on the application of Francis and Carol Federico, for a Special Permit as required under sections 3.9.2.15 and 4.10 of the Wilbraham Zoning By-Law to allow construction of an addition to the existing Federico residence located at 2 Merrill Road to be used as an accessory apartment as shown on information on file in the Planning Office and posted for public viewing on the Planning Board page of the Town of Wilbraham website at www.wilbraham-ma.gov/123/Planning-Board. Both in person and virtual participation are available. To participate virtually go to <https://meet.goto.com/919551733> or call 877-309-2073 (Access Code: 919-551-733).

John McCloskey
Chair

07/27, 08/03/2023

WILBRAHAM PLANNING BOARD PUBLIC HEARING

In accordance with M.G.L. Chapter 40A, Section 5, the Wilbraham Planning Board will hold a Public Hearing on **Wednesday,**

August 16, 2023 at 6:30PM in the Town Office Building, 240 Springfield Street, to give interested parties the opportunity to comment on the following proposed amendments to the Wilbraham Zoning By-Law:

A. Change "Board of Selectmen" to "Select Board" throughout the Zoning By-Law (Sections 1.3, 12.3.2, 12.10.1, 12.10.2, 13.6.2.1, 13.6.6.1.A, 15.1.1, 15.4.2.1 & 15.6)

B. Corrective Amendments related to Child Care Facilities and the Flood Plain Overlay District (Sections 1.3 & 2.3.2)

The complete text of the proposed amendments is available for review in the Town Clerk's Office and the Planning Office during normal business hours and posted for public viewing on the Planning Board page of the Town of Wilbraham website at www.wilbraham-ma.gov/123/Planning-Board. All persons interested or wishing to be heard on this matter are urged to attend the public hearing.

Both in person and virtual participation are available. To participate virtually go to <https://meet.goto.com/919551733> or call 877-309-2073 (Access Code: 919-551-733).

John McCloskey, Chair
07/27, 08/03/2023

WILBRAHAM PLANNING BOARD

The Wilbraham Planning Board will hold a Public Hearing on **Wednesday, August 16, 2023, at 6:15 PM** in the Town Office Building, 240 Springfield Street, on the application of Michael Lia to amend the Special Permit granted by the Planning Board on March 15, 1988 (as amended through 5/2023) for the existing Lia Toyota dealership located at 2145 Boston Road. The applicant is requesting modification of the previously approved plan to modify parking lot lighting under the provisions of Sections 3.4.5.20, 6.5 and 13.6.9 of the Wilbraham Zoning By-Law as shown on information on file in the Planning Office and posted for public viewing on the Planning Board page of the Town of Wilbraham website at www.wilbraham-ma.gov/123/Planning-Board. Both in person and virtual participation are available. To participate virtually go to <https://meet.goto.com/919551733> or call 877-309-2073 (Access Code: 919-551-733).

John McCloskey
Chair

07/27, 08/03/2023