

SENIORS



Rice’s Fruit Farm, MiraVista Behavioral Health Center Team Up to Thank Nurses

WILBRAHAM - Rice’s Fruit Farm—famous for its apple cider, sugar-and-spice donuts, and homemade ice cream—is adding something new to its menu: heartfelt appreciation for nurses.

On Wednesday, October 30, from 8 a.m. to 5 p.m., Rice’s Fruit Farm is teaming up with MiraVista Behavioral Health Center to celebrate the nurses who care for our community every day. All nurses are invited to stop by, enjoy a complimentary cup of cider and a donut, and take a moment to relax, recharge, and feel appreciated.

This collaboration with MiraVista is a simple but meaningful way to say “thank you” to healthcare professionals for their compassion, dedication, and commitment to healing.

“Nurses are there for all of us on our best days and our hardest ones,” said Anthony Maloni, owner of Rice’s Fruit Farm. “If a warm cider and a fresh donut can bring a smile or a moment of calm to someone who spends their days caring for others, then that’s the least we can do. We’re honored to partner with MiraVista to say, from our whole team: thank you, nurses.”

Event Details
What: Complimentary

cider & donut for nurses

When: Wednesday, Oct. 30 — 8 a.m. to 5 p.m.

Where: Rice’s Fruit Farm, Wilbraham, MA

Who: All nurses (please bring work ID or badge)

Cost: Free for nurses; one cider and one donut per nurse, while supplies last

According to Kimberley Lee, Chief of Creative Strategy and Development for MiraVista, nurses anchor our healthcare system with skill, heart, and resilience. By welcoming the nursing community, Rice’s Fruit Farm is helping create a simple moment of respite—one that recognizes the essential, often unseen work nurses do across hospitals, clinics, schools, long-term care facilities, behavioral health programs, and more.

MiraVista Behavioral Health Center is proud to join in this expression of gratitude and to uplift caregivers who are central to the well-being of individuals and families across Western Massachusetts.”

Stop in. Take a seat. Have a sip. Because kindness—like cider—is best shared warm.

Community partners and residents are encouraged to share this invitation with nurses in their networks and on social media.

Monthly Highlights for October at the Hampden Senior Center:

Please call 566-5588 to register for all events or classes at the senior center.

If you plan to have lunch on the day of the event, please reserve your lunch by 11 a.m. at least one day before the event.

Crafts with Kim:
October Scrapbooking Class “Everything Autumn”
Tuesdays, 10 a.m. to Noon. Drop-ins are welcome! \$10 per class. Choice of 12”x12” or 8”x8” page will be provided. Tape runners, archival pens, and other supplies are available for purchase.

Greeting Cards with Ellie
Monday, Oct. 27, 1 to 3 p.m.
Discover endless possibilities for creating your own personal greeting cards and learn new techniques each month. Cost is \$3 per person. All materials are provided.

60s Themed Halloween Luncheon with Musical Guests: The 60s Experience
Friday, Oct. 31 at Noon
Put on your tie-dyed shirts and join us for a fun afternoon that will transport you back to the 1960s.
“The 60s Experience” band has reunited for this event to provide us with the sounds of the 60s.
Lunch is Meatloaf, Mashed Potatoes, Peas & Bread provided by Greater Springfield Senior Services, and
Becky and Wendy will prepare a delicious Tie-Dyed dessert!
Cost is \$6 per person (\$3 suggested donation for lunch and \$3 for entertainment).

Do you have Parkinson’s Disease or you know someone who does?
PWR! Moves Group Exercise Classes with Lisa Kern, OT, Reiki Master/Holistic Therapist
Mondays from 9 to 10 a.m.
A Parkinson-specific exercise class that “makes function exercise” to keep you moving and doing more of what you want to do! As you practice, you will be challenged physically and cognitively while working on fitness goals: strength, balance, agility, aerobics, and flexibility.

Exercises are designed to improve your fitness, counteract your PD symptoms and increase your daily activity. This whole body, function-focused exercise class will push you to do more than you think you can in a fun, empowering, and enriched environment!

Pre-paid rate for 8 classes: \$65 Drop-in rate: \$10.00 per class. Please call 566-5588 to sign up.

Common Threads Led by Joan Tompkins, PhD
Mondays, from 12:30 to 1:30 p.m.
Come join our friendly group... We share memories and learn new coping skills on how to deal with loss, loneliness, and adapting to life changes. There is no charge to join this group. All are welcome.
Please call 566-5588 to let us know you’re coming.

Ukulele Classes with Amy Scott
Current session runs through Oct. 20. No class on 10/13. Drop-ins are welcome!
New session: Mondays, Oct. 27 through Dec. 15.
Beginner Ukulele – 11:45 a.m. to 12:45 p.m.
Cost is \$50 for the session if paid in full or \$7 per class for drop-ins.
Advanced Ukulele – 1 to 2:30 p.m.
Cost is \$80 for the session.

Choral Group
Are you interested in singing in a choral group? Please let us know by calling 566-5588.

Living Stronger... Longer... with Lamar Moore
Tuesdays from 2:15 to 3 p.m.
Next class is Oct. 28th.
New 11-week session: Sept. 30 through Dec. 16.
Cost is \$55 for the session if paid in full or \$6 per class for drop-ins.
Join Lamar to learn about balance and how it impacts your overall health and wellness. Get tips on strength training and cardiovascular endurance to increase mobility and flexibility.
“It’s never too late to start making progress on your health span. Muscles and balance are the two things you can train and improve even as you age.”

Upcoming HSC Trips

HAMPDEN - The following trips are being arranged at the Hampden Sr Ctr, 104 Allen St, Hampden; prices include the driver’s tip.

Mon, Dec 8 - The Aqua Turf Club “Rock This Town Orchestra” - Coffee on arrival, delicious family-style lunch, Swinging ‘50s and ‘60s tunes - \$127pp.
Full Payment Deadlines are usually 2 weeks before the event. Flyers are available @ the Sr Ctr or via email. Questions call Bobbi @ 413-566-8271 or email bobbij2@charter.net.

Ballroom Dance for Balance and Longevity!
Thursdays, from 2:15 to 3:15 p.m.
Current session runs through Nov. 6. Drop-ins welcome!
Social dance classes led by Amy Villalobos-Schold, a skilled occupational therapist. Focused on strengthening, stability, and modifications... so you can dance! Beginners and singles welcome!
Cost is \$10 for drop-ins.

“African Drumming” with Jason
Fridays from 2 to 3 p.m. Drop-ins are welcome!
Current session runs through Dec. 12
No class on 11/28. All are welcome! No previous experience necessary.
Cost is \$7 per class for drop-ins.
HELP US STOCK OUR SHELVES with Disinfecting Wipes.
Thank you to those who donated tissues last month. Every month, we will target a different item to help fill monthly Personal Needs Bags.
Due to space constraints, please refrain from purchasing warehouse-sized items.

“Come What May” Boutique... is open in our lobby for all to shop during normal

business hours,
Monday through Friday, 9 a.m. to 3 p.m.
We accept donations of new or gently used clothing, outerwear, accessories, and footwear.
All proceeds from Boutique sales will benefit the needs of the Senior Center.

Did you know we offer the following services....

FREE Blood Pressure Clinic – Walk-in 9:15 to 10:45 a.m.
Tuesdays with Ann Maggio, RN, or Ruth Haley, RN
Thursdays with Karen Blair, RN
Chair Massage with Mindy – by appointment
Tuesday, Oct. 28. Cost is \$10 for 10 minutes.

Gift Cards are available.
Anyone is welcome to schedule appointments for these services.
Please call 566-5588 to schedule your appointments.

SAVE THE DATE: Veterans Dinner
Thursday, Nov. 6 at 5:30 p.m.

Join us for an evening of gratitude as we honor Veterans for their dedicated service.
In preparation for our annual Veterans dinner, we are collecting photographs of Veterans in uniform that will be used as decorations for this event. If you have a photograph of yourself or a family member to share, please drop it off at the front desk. Please include your name and phone number on the back of the photograph so it can be returned to you after the event.
Enjoy a dinner of Chicken Francaise, Rice, Green Beans, Salad, and Bread from Nathan Bill’s Bar & Restaurant, followed by a delicious dessert made by Becky & Wendy.
To attend the Veterans dinner, please call 566-5588 to RSVP. Veterans are FREE; non-Veterans \$5.00
This event is being sponsored by Nathan Bill’s Bar & Restaurant, VSO Jason Burgener and Rick Green.

PUBLIC NOTICES

WILBRAHAM PLANNING BOARD
The Wilbraham Planning Board will hold a Public Hearing on **Wednesday, November 12, 2025, at 5:45 PM** in the Town Office Building, 240 Springfield Street, on the application of Daniil Gerasimchuk (contractor) for Site Plan Approval (SPA25-04) under Sections 3.4.2.8 and 4.10 of the Wilbraham Zoning Bylaw to allow construction of a 672 square foot detached Accessory Dwelling Unit (ADU) on property owned by Michael and Laura Barcome located at 579 Main Street as shown on plans on file in the Planning Office and posted for public viewing on the Planning Board

page of the Town of Wilbraham website at www.wilbraham-ma.gov/123/Planning-Board. Both in person and virtual participation are available. To participate virtually go to <https://meet.goto.com/593817805> or call 866-899-4679 (Access Code: 593-817-805).
10/23, 10/30/2025

LEGAL NOTICE
Sale of Motor Vehicle Under G.L. c. 255 Sec. 39A
Bach Towing Inc., 165 Benton Drive, East Longmeadow, MA is holding a private sale of the following vehicle on **10/31/2025 at 2:00 p.m.** to satisfy our garage keepers lien thereon for storage and towing charges and expenses

of Notices of Sale.
Kevin Leblanc
687 Frank Smith Rd.
Longmeadow, MA 01106
2006 Jeep Grand Cherokee
VIN: 1J4GR48K26C200963
10/16, 10/23, 10/30/2025

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
(413)748-7758
Docket No. HD25C0309CA
In the matter of:
William Luis Enrique

Pramberger CITATION ON PETITION TO CHANGE NAME
A **Petition to Change Name of Adult** has been filed by **William Luis Enrique Pramberger of Wilbraham, MA** requesting that the court enter a Decree changing their name to:
Luis Enrique Toc
IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: **Hampden Probate and Family Court before 10:00 a.m. on the return day of 11/12/2025**
This is NOT a hearing date, but a deadline by which you

must file a written appearance if you object to this proceeding.
WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.
Date: October 14, 2025
Rosemary A Saccomani
Register of Probate
10/23/2025

TOWN OF WILBRAHAM PUBLIC HEARING: TAX CLASSIFICATION
(Posted October 14, 2025)
The hearing will begin at 7:10 PM, November 3, 2025
The Wilbraham Select Board will hold a public hearing on **Monday, November 3, 2025, at 7:10 P.M.** in the Town Office

Building, Select Board’s Meeting Room, 240 Springfield Street, for the purpose of explaining, and soliciting comments relevant to, the establishment of the property tax rate for fiscal year 2026. The hearing will be conducted in accordance with the Massachusetts General Laws, Chapter 30A, Sections 18-25. Residents may comment relative to the adoption of the tax levy percentages required by Massachusetts General Laws, Chapter 40, Section 56, as amended. Anyone wishing to testify or comment should participate, virtually or in person, at the hearing at the time and date noted above.
Wilbraham Select Board
10/23, 10/30/2025

Wilbraham-Hampden Times

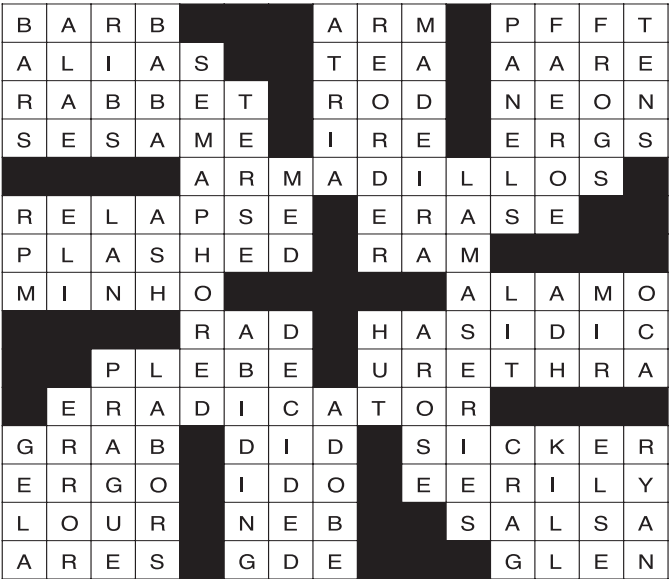
OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.



PUBLIC NOTICES

ARE NOW ONLINE

1

Email all notices to notices@turley.com

2

Access archives and digital tear sheets by newspaper title.

3

Find a quick link to the state of Massachusetts’ public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Friday at 3 p.m.

visit www.publicnotices.turley.com