

April programs, events at the Agawam Library for kids, teens

AGAWAM – April is a fun month at the Agawam Library. We will have three scavenger hunts for kids of all ages during the month of April. The first hunt will have a hippo theme and will run Apr. 6 to 11. The second hunt will have a tiger theme and will run Apr. 13 to 18. The final April hunt will have an alligator theme and will run Apr. 21 to 25. You don't have to register to participate in the scavenger hunts. Just drop by any time the library is open. Most people spend about 20 minutes doing the scavenger hunts at the Agawam Library.

When you're finished with the scavenger hunt you can help us cover our Poet-Tree with poems! Stop by to pick-up a special "leaf." Then write an original poem, or copy your favorite poem, onto the "leaf." We will hang the poem on our Poet-Tree for all to see. This activity is for kids, teens, and adults. This activity is available all of April. You can write as many poems as you like, there is no limit.

We will also have lots of other fun, free activities for kids and teens happening at the Agawam Library during the month of April. Below is a listing of everything that's going on for kids and teens this month. Some events re-

quire registration. To register, call 413-789-1550 ext 3 or go to our website agawamlibrary.org.

Art and Stories - For ages 3 – 5

Tuesday, Apr. 14 and 28 at 9:30 a.m. - Drop-in.

Join us for a short story time followed by an art project. We will explore simple art concepts and experiment with materials. Please wear clothing that can get messy.

Baby Storytime - For birth – 18 mo.

Thursday, Apr. 2, 16, and 30 at 9:30 a.m. - Drop-in.

Join us as we learn a little American Sign Language, read stories, sing, & play together.

DIY Bath Fizzers - For grades 5-6

Wednesday, Apr. 1 at 6 p.m. - Registration is required

Create your own spa night supplies with simple materials. You'll head home with a couple personalized bath fizzers and an instruction sheet!

Family Take and Make Crafts - For all ages

First Day of the Week & Thursdays - While supplies last - Drop-in & pick up.

A new Take and Make craft will be available the first day of each week and again on Thursdays.

Geometric Art - For grades 3-4

Wednesday, Apr. 15 at 6 p.m. - Registration is required

Let's take math and make it pretty. Using masking tape, we'll create art with sharp lines and fun shapes.

Grow, Play, and Learn - This program is provided by Pathways for Parents.

Wednesdays and Fridays

Ages 0-2 at 9:30 a.m. Ages 3-5 at 10:30 am - Drop-in.

No class the week of April 20 due to school vacation. Stories, songs and skill building, led by an Early Childhood Developmental trained staff member, guiding caregivers in strengthening interactions with their child.

Music with Mr. Liam - All Ages

This program is provided by Pathways for Parents.

Saturday, Apr. 25 at 9:30 a.m. - Registration is required

Join us for an energetic show filled with drums, the ukulele, puppets, and comedy as Mr. Liam (Liam Hurley) plays old favorites & silly parodies!

Oobleck Hour - For grades K-2

Wednesday, Apr. 29 at 6 p.m. - Registration is required

Join us for a reading of Bartholomew and the Oo-

bleck by Dr. Seuss and then make your own oobleck.

Paul Revere Event With Kevin Driscoll - For kids of all ages

Tuesday, Apr. 21 at 6 p.m. - Registration is required

Join us for an evening of patriotic fun & laughter as Agawam celebrates 250 years of the American story, as told by ventriloquist Kevin Driscoll. This program is funded in part from by the Agawam Cultural Council. This program is brought to us by the GFWC Agawam Junior Women's Club.

Pre-K Pals - For ages 2 - 5

This program is provided by Pathways for Parents.

Monday, Apr. 6, 13, 27 at 11 a.m. -

Registration is required

No class the week of April 20 due to school vacation. Each week, we will focus on an area of development and provide fun activities to support your child to learn through play.

Special Saturday Drop-in Craft: Googly Eye Butterfly Craft - For All Ages

Saturday, Apr. 25 All Day - While supplies last -

Drop-in & pick up.

Children will enjoy assembling the butterflies and adding their own unique touch

with googly eyes and vibrant colors.

Stroller Strides with FIT4MOM - For parents & their child ages 1 month - 10 years old

Saturday, Apr. 18 at 9:30 a.m. - Registration is required

This program is brought to us by FIT4MOM. Stroller Strides is a 60-minute total-body workout with strength, cardio, and core training, all while engaging the little ones in a stroller.

Teen Advisory Board - For grades 7-12

Wednesday, Apr. 8 at 6 p.m.

Make plans for teen library programs and the Teen Space, and eat pizza! Members of the Teen Advisory Board can earn community service hours for their participation. If you'd like to join, contact Evan at edelano@agawamlibrary.org or 413-789-1550 extension 3.

Teen Afterschool Drop-in - For grades 9-12

Every Monday the Agawam Public Schools are in session (new day!) at 2 p.m.

Stop by the library after school and visit the Activity Room. Play our Nintendo Switch, try out the air hockey table, eat snacks, or just hang out! No registration necessary.

Teen Crafternoon - For grades 7-12

Wednesday, Apr. 22 from 2 to 3:30 p.m.

Visit the Teen Space for some crafting time! Do our suggested craft or use our materials to make something totally different.

Teen Take and Make Craft - For grades 7-12

Available starting Wednesday, Apr. 1

Stop by the Teen Space to pick up a Take and Make Craft kit. They'll be available until we run out of supplies. No registration necessary.

Teen Trivia Thursday - For grades 7-12

Every Thursday the Agawam Public Schools are in session from 2 to 3:30 p.m.

Visit the Teen Space and answer a trivia question to get a small prize.

Toddler Time - For 19 mo. - 36 mo.

Monday, Apr. 13, 27 at 9:30 a.m. - Drop-in.

Join us as we read stories, sing, and play together.

Yoga with Miss Lisa - For ages 2 - 5

This program is provided by Pathways for Parents.

Friday, Apr. 24 at 3:30 p.m. - Registration is required

Songs, movement activities and games help to bring the yoga practice to young children.

HEALTH | from page 4

er or not a music therapist is on staff, some memory-care facilities incorporate music into their care of dementia patients.

Over a decade ago, residents at the Coler Memory Care Unit in New York were given iPods with personalized playlists. Results showed a decreased use of antipsychotic medications, reduced falls and fewer physical altercations, they reported. Not incidentally, staff morale improved and the approach was shown to

be highly cost-effective.

There are two main types of music therapy.

- Active: Playing an instrument – even simple percussion instruments – and singing appear to be most effective for reducing depressive symptoms and improving cognition.

- Receptive: Just listening to music seems to reduce agitation and may be more suitable for patients in advanced stages of dementia.

While a structured music therapy program may involve weekly lessons, art activities and guided listen-

ing, you don't need to be a music therapist to try music to help a loved one with dementia.

Here are some recommendations and caveats:

Results may vary. Dementia patients are all individuals, and they may not respond in the same way to music. The stage of their disease, personal preferences and cultural background can impact a patient's receptivity.

Introduce it gradually. Experiment with an hour of music at different times of the day. You may find that

evening or bedtime is best because many patients experience "sundowner" syndrome, which tends to increase agitation and anxiety.

Personalization seems to provide the best outcomes. Did your loved one play an instrument? You could see if their muscle memory will let them play it. Otherwise, think about the kinds of music they enjoyed before their illness and prepare playlists just for them. Some baby boomers today may enjoy some soft rock more than classical.

Be wary of loud or fast-

paced music. This can increase the agitation that you're trying to reduce.

Observe the effects. Music may prompt a loved one to reminisce, improving their sense of self.

Remember that, as of yet anyway, there's no cure for Alzheimer's and other forms of dementia. All you can hope for, really, is a calmer, happier loved one who is perhaps reliving some fond memories or emotions.

As Randi said, "If it were not for her music, my mom would have just be another lost little old lady."

Teri (Dreher) Frykenberg, R.N., a registered nurse and board-certified patient advocate, is the founder of www.NurseAdvocateEntrepreneur.com, which trains medical professionals to become successful private patient advocates. A Monson, MA resident, she is the author of "How to Be a Healthcare Advocate for Yourself & Your Loved Ones" and her new book, "Advocating Well: Strategies for Finding Strength and Understanding in Health Care," available at Amazon.com. Contact her at Teri@NurseAdvocateEntrepreneur.com to set up a free phone consultation.

Public Notices

AGAWAM ZONING BOARD OF APPEALS LEGAL NOTICE

Date: March 23, 2026

As allowed under the Town of Agawam's Charter, Section 2-8, Paragraph C and M.G.L.Ch. 40A, Section 8, notice is hereby given that the Agawam Zoning Board of Appeals will hold a public hearing at the Agawam Senior Center, 954 Main St., Agawam, MA, on **Monday, April 13, 2026 at 6:30PM** for all parties interested in Agawam MA Shoemaker Ln Solar LLC's appeal of the Inspector of Buildings Decision denial for a building permit to construct an agrivoltaic dual use solar array at the premises identified as 311 Shoemaker Lane.

Doreen A. Prouty, Chairperson, ZBA 03/26, 04/02/2026

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT HAMPDEN, Div.

Probate & Family Court Dept. HD26E0008PP

To Deborah A. Davignon, of Hampden County, Brian J Murphy, of Gallatin County (MT), Dennis G. Murphy, of Hamp-

den County, Yolanda Murphy, of Hampden County, and to all other persons interested.

A petition has been presented to said Court by Paul D. Murphy, of Hampden County, representing that they hold as tenants-in-common in an undivided part or share of land lying in Feeding Hills, in the County of Hampden, setting forth that they desire that all of said land may be sold at private sale or public auction for not less than Three Hundred and Eleven Thousand Dollars (\$311,000.00), and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided either at private sale or public auction, and be ordered to distribute the net proceeds thereof after full adjudication of the equitable claims contained in said petition and supplemental memorandum filed with the Court.

If you desire to object thereto, you or your attorney must file a written appearance and objection

in said Court at **Springfield** on or before 10:00 AM, on the return date of **April 27th, 2026**.

Witness, **Claudine T. Stou-demire**, First Justice of said Court, this 2nd day of March 2026.

Rosemary A. Saccomani, Register 03/26, 04/02, 04/09/2026

AGAWAM ZONING BOARD OF APPEALS LEGAL NOTICE

The Agawam Zoning Board of Appeals will conduct a public hearing on **Monday, April 27, 2026 at 7PM** for all parties interested in the request of Longbrook Estates Condominium Trust, which is seeking a Variance from the Town of Agawam's Zoning Ordinance, Ch. 180-29 (C) to allow "Building 39", which previously had been found to be in violation of the required setback to remain at the premises identified as Unit 304 and Unit 305 Longbrook Estates, 1485 Suffolk Street.

Doreen A. Prouty, Chairperson Agawam Zoning Board of Appeals 04/02, 04/09/2026

AGAWAM ZONING BOARD OF APPEALS LEGAL NOTICE

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Doreen A. Prouty, Chairperson Agawam Zoning Board of Appeals 04/02, 04/09/2026

Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Division

Docket No. HD26P0491EA Estate of: **Wayne R. Miller** Date of Death: **January 12, 2026** **INFORMAL PROBATE**

PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **Ronald L. Miller of Lakewood, CO**.

Ronald L. Miller of Lakewood, CO has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 04/02/2026

AGAWAM CITY COUNCIL PUBLIC HEARING

The Agawam City Council Administrative Sub-Committee will conduct a Public Hearing on **TUESDAY, APRIL 21, 2026 at 6:30PM**, at the Agawam Senior Center Hall Seminar Hall, 954 Main Street, Agawam, MA, on an Western Massachusetts Electric Company petition for permission to install and maintain underground lines near the area of Wilbert Terrace, Feeding Hills and could include installation of manholes, wires, cables and fixtures, including the necessary sustaining and protect fixtures along and across the property. This petition is available by contacting the City Council Office, 36 Main Street, Agawam, MA or by emailing bbard@agawam.ma.us.

Robert E. Rossi, Chair Administrative Sub-Committee 04/02, 04/09/2026

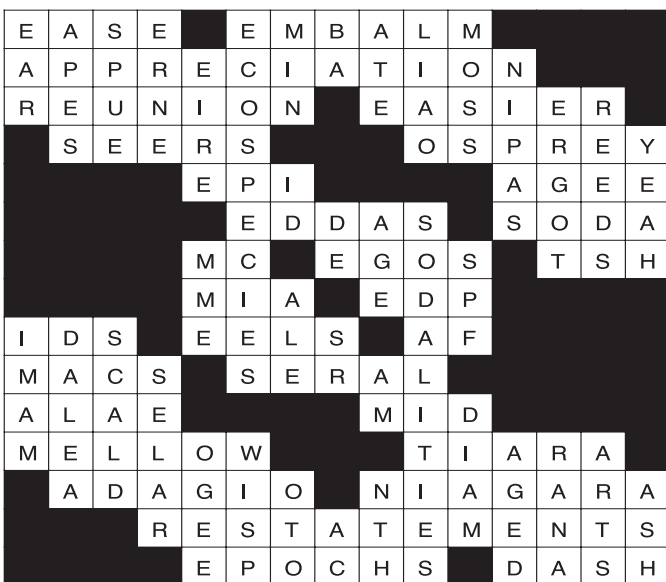
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Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.

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Agawam Advertiser News OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.