

Holyoke Community College celebrates Phi Theta Kappa inductees for 2026

Holyoke Community College is proud to announce that 169 HCC students have been accepted for membership into the Alpha Xi Omega chapter of the Phi Theta Kappa national honor society for 2026.

Students are invited to join Phi Theta Kappa when they have completed 15 college credits while maintaining a GPA of 3.5 or higher. HCC's 2026 inductees were recognized during a campus celebration on

Thursday, May 7.

Belchertown:

Gabriel Ibekilo, Christian Jean, Vivienne Pelletier, Jennifer Shaink, Christina Sumner, AJ Terry.

SURGERY from page 6

only significant pain but also disability. The increase in hip replacements is attributed to the aging baby boomer population, rising life expectancies and the obesity epidemic. Sports injuries and accidents are additional factors.

I've learned a lot about joint replacement, as a nurse, a patient advocate and a patient. If you're facing a joint replacement, here are some considerations:

Hospital or surgery center?

All four of my joint replacements took place at outpatient surgery centers, which I consider much cleaner environments than hospitals. After early morning surgery, I was home by noon and received home health care, so I never went to rehab.

A 2023 study by University of Pennsylvania researchers found that the rates of revisits and complications for surgery center patients were lower than for similar patients who had surgery in a hospital. However, that could have something to do with healthier patients choosing surgery centers and those with other health conditions, heart failure for example, going to hospitals.

That said, this is a topic for you and your doctor to discuss. In the end, you will decide where to have your joint replacement, so go where you are most comfortable.

Choosing a doctor

Look for a surgeon who is affiliated with professional organizations and has completed fellowships in the

surgery you're having. You should also prioritize their experience, asking how many times they've performed this particular surgery.

Studies have found that surgeons who have performed more than 50 procedures have lower rates of complication and revision. You can ask the doctor directly how many times they've performed the surgery and what their complication rate is. Also ask whether you can speak with other patients the doctor has treated.

Second opinions

Joint replacement is a major medical undertaking, so if you're feeling at all unsure about it - or the doctor isn't all you had hoped - Medicare covers second opinions subject to the 20% co-insurance. Medicare Advantage plans also generally cover second opinions, but check with your plan for details.

Robots or no robots?

Robot-assisted joint replacement is becoming more common. A study published in the Journal of Arthroplasty reported an increase in surgeons who have adopted robotics, from 10% in 2018 to 35% in 2023. Nearly half of partial knee replacements were robotically assisted. Fewer total knee and hip replacements were reported.

The study noted that further research is needed on outcomes, but surgeons who use robotic assisted systems say that the robot is simply the navigation system while the doctor is in the driver's seat.

Rehab in a facility or at home?

With my surgeries, I want-

ed to avoid a rehab facility because that's another name for nursing home, where there are a lot of germs, more patients with compromised immune systems and generally higher infection rates.

Today, in fact, most joint replacement patients do recuperate at home. A project by the Centers for Medicare and Medicaid Services found that patients who can safely recover at home heal faster, have fewer complications and have a greater sense of ownership in their own recovery.

Not everyone can come home immediately, though, if they lack family support or access to home health care. Be sure to have this conversation with your doctor before your surgery.

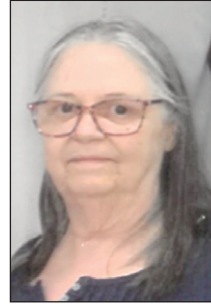
Chances are your joint replacement will get you back to doing the things you enjoy, especially with a little bit of education and preparation.

Teri (Dreher) Frykenberg, R.N., a registered nurse and board-certified patient advocate, is the founder of www.NurseAdvocateEntrepreneur.com, which trains medical professionals to become successful private patient advocates. A Monson, MA resident, she is the author of "How to Be a Healthcare Advocate for Yourself & Your Loved Ones" and her new book, "Advocating Well: Strategies for Finding Strength and Understanding in Health Care," available at Amazon.com. Contact her at Teri@NurseAdvocateEntrepreneur.com to set up a free phone consultation.

OBITUARY

Lynn Ann Guertin, 68

Lynn Ann Guertin, age 68, passed away on May 3, 2026. Born on May 20, 1957, Lynn was the cherished daughter of the late George and Barbara (Casey) Robert. A proud graduate of Granby High School's class of 1975, Lynn dedicated many years of her professional life to the Family Resource Center at BHN, where she served as the Director before retiring.



In addition to her parents, Lynn is predeceased by her two beloved sons, George and Charles Rock, and her brother, William Robert. She leaves behind her loving partner, John Panzetti, her dear sister, Nancy Archambault, and her three treasured grandchildren, Tyler, Christian, and Charlie Rock, all of whom she loved dearly.

Visitation will be held on Monday, May 18, 2026, from 9 to 11 a.m., followed by a Catholic service at 11 a.m. at the Beers & Story Belchertown Funeral Home. The family will hold a private burial at their convenience. Lynn's memory will live on in the hearts of those who knew her and loved her.

FAIR from page 11

uuals and families can connect, learn, and thrive.

This year's fair will feature Chris Sullivan, founder of Not in the Playbook and former New England Patriots player, as the keynote speaker. Sullivan will deliver a compelling presentation on decision-making, substance use awareness, and real-life consequences—an especially impactful message for high school students as prom and graduation season approach.

Attendees will have access to 70 community resource tables, offering valuable information and support services across all areas of wellness. Educational opportunities

will include Narcan training and CPR/First Aid overviews led by local EMTs, as well as interactive exhibits like the Hidden in Plain Sight Trailer from the Alex Fisher Foundation.

Designed with all ages in mind, the event offers a wide variety of engaging activities:

Kids' Corner (during the speaker): Hosted by Helping Hands students, featuring Captain Kraw's magic show, balloon art, face painting, and henna tattoos

Interactive experiences: Comfort dogs, touch-a-fire-truck, ambulance display with CPR/First Aid demonstrations, Smiley from the WooSox, and Boomer from the Thunderbirds

Special attraction:

DEATH NOTICE

Guertin, Lynn Ann
Died May 3, 2026
Services May 18, 2026
9 to 11 a.m.
Beers & Story
Belchertown Funeral
Home

The Sentinel
**OBITUARY
POLICY**

Turley Publications offers two types of obituaries. One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place. The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice (with a word limit of up to 500 words) and may include a photograph.

Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

Barrows Family Pulling Team "Pulling for a Cause" truck

Food and fun: Free raffles and a \$10 food truck token for attendees

With over 450 attendees expected, the Umbrella of Wellness Fair continues to strengthen community connections while making vital health and wellness resources accessible and engaging for all.

~ DORSEY MEMORIALS ~

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You can count on Dorsey Memorials to guide you through the Memorial Stone Process.

PUBLIC NOTICES

**Belchertown Public Schools
Destruction of Records**

Informal BHS 2019 graduate student files that may contain results of standardized tests including college boards, reports by teachers, attendance and health records are scheduled to be destroyed on September 8, 2026.

If you wish to have your records, please come to Central Office, 14 Maple Street with picture identification between the hours of 9:00 a.m. and 3:00 p.m., Monday-Friday, excluding holidays.

High School transcripts that contain course titles and grades will continue to be stored at the BHS Counseling Office for sixty (60) years after graduation. 05/14/2026

SALE OF MOTOR VEHICLE

This ad is pursuant to MA Gen. Law Ch. 255, Sec. 39A as of May 29, 2026 the following motor vehicle will be for sale to satisfy a garage keeper's lien:

Vehicle: 2011 Kia Sorento
Vin #: 5XYKT3A12BG112000
Color: Gray
LKO: Sugelis Reyes

Address: 83 Pleasant Street
Ware, MA 01082
Relentless Towing
Belchertown, MA
413-530-3804
05/14, 05/21, 05/28/2026

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampshire Division
Docket No.
HS26P0275EA
Estate of:
Fay Mary Flanary
Also Known As:
Fay M. Flanary
Date of Death:
February 14, 2026
INFORMAL PROBATE
PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Micha F. Flanery of Belchertown, MA** a Will has been admitted to informal probate.

Micha F. Flanery of Belchertown, MA has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond. The estate is being adminis-

tered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 05/14/2026

**Belchertown Zoning
Board of Appeals
Public Hearing
Legal Notice**

In accordance with the provisions of Massachusetts General Laws Chapter 40A, Section 11 the Zoning Board of Appeals will hold a Public Hearing on **May**

20, 2026 at 6:00 PM.

This hearing will be held in the Planning Board's meeting room of Lawrence Memorial Hall, 2 Jabish Street, Belchertown, MA on the application from Denise Cook seeking a special permit #145-69; for the creation of a building to be used as a commercial training facility/kennel at 213 Stebbins Street (Map 240 Lot 49, Zoned AGA/AGB); §145-11 Business Use (#25 and #26). A copy of the application may be inspected at the Town Clerk's office (Room 201) 9:00 AM to 5:00 PM, Monday through Friday, Lawrence Memorial Hall, 2 Jabish Street, Belchertown, MA. or at website https://www.belchertown.org/committees/zoning_board_of_appeals/index.php

Any Person interested and wishing to be heard should appear at the time and place designated.

Jennifer Sharrow, Chair
Zoning Board of Appeals
05/07, 05/14/2026

ADVERTISING SALES **HELP WANTED**

- Do you want to work in your community helping local businesses connect with their customers?
- Do you want a career supporting local journalism, which tells the unique stories of our communities?
- If so, then join our team! Turley Publications is looking for an outgoing, energetic person interested in selling advertising for our community newspapers. The right candidate will assume an established territory with a portfolio of customers.

You must be a self-starter with excellent communication and organizational skills. Basic computer skills are required. Previous print sales experience is preferred but we will train the right candidate.

Turley Publications, a locally owned family business, offers a competitive commission structure, 401k, and health plan.

Send resume & cover letter to:
Jamie Joslyn
24 Water Street
Palmer, MA 01069
Email: jamie@turley.com

PUBLIC NOTICES ARE NOW ONLINE

- Email all notices to notices@turley.com
- Access archives and digital tear sheets by newspaper title.
- Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Friday at 3 p.m.

visit www.publicnotices.turley.com

EARLY DEADLINES

In observance of Memorial Day, there will be an **EARLY AD DEADLINE**. To advertise, place your ad no later than **NOON Thursday, May 21**

- Thank you!

A TURLEY PUBLICATION
www.turley.com

EARLY DEADLINES

In observance of Memorial Day, **PUBLIC NOTICES EARLY AD DEADLINE**. Place your public notice no later than **NOON Thursday, May 21**

- Thank you!