

**GIRLS** from page 11

bit disappointed because it's their final time playing in the Western Mass. tournament," Brennan said. "They've been a very good group this year, but we're a young team. We're now looking forward to playing in the state tournament."

The only time that the Lady Falcons held the lead in the championship match was at 1-0 following a free position goal by sophomore Sophia O'Connor two minutes into the opening period.

Six minutes later, the Spartans (13-4) tied the score with a free position goal from freshman Ava Pellegrino.

After winning the ensuing draw, East Longmeadow junior McKenna Witwer weaved between a couple of defenders before giving her team the lead for the first time with an unassisted goal.

In the closing seconds of the opening period, sophomore Kylie Marino made a steal before sprinting the length of the field. She passed the ball to junior Julia Illingsworth, who scored a goal with one second remaining on the scoreboard clock giving the Spartans a 3-1 advantage.

Minnechaug began the second period with another free position goal from sophomore Lillian Sergienko, which cut their deficit in half.

With the help of three more goals by Witwer and one each from senior Sabina Mackechnie and Illingsworth, the Spartans held an 8-2 halftime lead.

The Lady Falcons began the second half with an unassisted goal by sophomore Anna Taylor.

It turned out to be the only goal scored by either team during the third period.

The Spartans, who held possession of the ball for most of the last twelve minutes of the match, final two goals were scored by sophomore Lucy Parsons.

The Lady Falcons answered with goals from sophomore Peyton Lee, Taylor, and Stachowicz, but they couldn't get any closer than four points.

The two squads could possibly meet for the fourth time during the Division 2 state tournament, which begins this week.

# Monthly Highlights for May at the Hampden Senior Center

Please call 566-5588 to RSVP for all events or register for classes at the senior center.

Lunch is provided by Greater Springfield Senior Services daily at 12:00 noon. Suggested donation is \$3 per meal. You must reserve lunch by 11 a.m. one day prior. Feel free to schedule reservations for the month.

### May is Older Americans Month! Celebrate with us!

The theme of Older Americans Month 2026 is Champion Your Health, which focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing your own health, advocating for yourself, accessing preventive care, and making informed decisions that support independence. Join us in highlighting the importance of evidence-based approaches, self-management, and community partnerships that empower individuals to lead their healthiest lives.

We have a lot of great programs for you this month.

Attend any of the Older Americans Month programs listed in our newsletter, and your name will be entered into a raffle prize drawing for a \$100 Big Y Gift Card, sponsored by Loomis Lakeside at Reeds Landing. The winner will be chosen at the end of May. The more events you attend, the more chances you have to win!

#### Drumming Concert

Friday, May 29, at 12:30 p.m. **FREE!**

The Hampden Senior Center Drumming Group will provide an energetic performance of music they have been learning over the past several months. Come and enjoy this wonderful performance.

Light refreshments sponsored by Bluebird Estates.

#### Lobby Learning

Don't have time to come in and sit for a long presentation? We understand! Lobby



Learning is aimed at welcoming businesses and organizations to provide helpful information to you. You are welcome to stop in to pick up information and speak one-on-one with representatives in the senior center lobby and stay for as long as you need to get your questions answered. Perhaps there is an organization you would like us to welcome? Please let us know.

May 28 – Hampden County Sheriff's Department

#### MEMORY CAFÉ

EVERY FRIDAY AT 10:15 a.m. Please call Wendy for more information.

Sponsored by: Friends of Hampden Senior Citizens & private donations.

The Memory Café is a welcoming place for individuals with memory challenges, along with caregivers, family, or friends, to gather in a safe, supportive, and engaging environment.

Here's what's happening at the Memory Café in May:

May 29 – Ukulele with Amy

#### Crafts with Kim:

Lighted Jar or Lantern with Fairies or Gnomes, your choice!

Registration is required. Tuesday, June 9, from 1:00 pm to 3:00 pm.

Cost is \$7.00 for a jar or \$15 for a lantern. All materials will be provided.

#### Greeting Cards with Ellie – No class in May.

Next class will be Monday, June 22, from 1 to 3 p.m. Cost is \$3 per person. All materials are provided.

Come and discover endless possibilities for creating your own personal greeting cards. Learn new techniques each month. Class will meet on the 4th Monday of every month.

#### PWR! Moves Group Exercise Classes with Lisa Kern, OT, Reiki Master/ Holistic Therapist

Mondays from 9 to 10 a.m. Purchase 8 classes for a prepaid rate of \$65 or pay \$10 per class.

A Parkinson-specific exercise class that "makes function exercise" to keep you moving and doing more of what you want to do! As you practice, you will be challenged physically and cognitively while working on fitness goals: strength, balance, agility, aerobics, and flexibility. Exercises are designed to improve your fitness, counteract your PD symptoms, and increase your daily activity. This whole body, function-focused exercise class will push you to do more than you think you can in a fun, empowering, and enriched environment!

**Shuffleboard** – outside, or Cornhole – inside if the weather is bad.

Mondays at 10 a.m. All are welcome! No experience necessary!

**Monday Ukulele** with Amy Scott - Drop-ins are welcome!

Next 8-week session begins June 1 – July 27. **Beginner Ukulele** – Mon-

days, 11:45 a.m. to 12:45 p.m. Cost is \$50 for the session if paid in full or \$7 per class.

**Advanced Ukulele** – Mondays, 1 to 2:30 p.m. Cost is \$80 for the session or \$10 per class.

#### Common Threads Led by Joan Tompkins, PhD

Mondays, from 12:30 to 1:30 p.m.

Come and join this friendly group... to share memories and learn new coping skills of how to deal with loss, loneliness, and adapting to life changes. There is no charge to join.

**Pickleball** at Thornton Burgess, 85 Wilbraham Road Wednesdays, 8 to 9:30 a.m., 9:30 to 11 a.m., or 11 a.m. to 12:30 p.m.

This program is for anyone 60 and older who is new to the sport or at the beginner-to-advanced beginner level, who wants to learn the rules and practice playing.

"Come What May" Boutique... is open in our lobby for all to shop during normal business hours,

Monday through Friday, 9 a.m. to 3 p.m.

We accept donations of new or gently used clothing, outerwear, accessories, and footwear.

All proceeds from Boutique sales will benefit the needs of the Senior Center.

#### HELP US STOCK OUR SHELVES with Hand Soap.

Thank you to those who donated tissues last month. Every month, we will target a different item to help fill monthly Personal Needs Bags.

Due to space constraints, please refrain from purchasing warehouse-sized items.

*Did you know we offer the following services....*

**FREE Blood Pressure Clinic** – Walk-in 9:15 to 10:45 am.

Tuesdays with Ann Maggio, RN, or Ruth Haley, RN Thursdays with the ELMS College Nursing Students.

Gift Cards make great gifts and are available for purchase at the Senior Center!

Anyone is welcome to schedule appointments for these services.

Please call 566-5588 to schedule your appointments.

#### Coming in June:

**"Blind Date with a Book"** Tuesday, June 9, from 10 a.m. to Noon

Join us for a Kick-off meeting with Mary Grasseti to go over the rules. You will choose a book wrapped in brown paper, with only a simple description. You'll have an idea of the topic or genre, but that's all!

Thanks to Ellen Moriarty and her team from the Hampden Public Library for their participation in

choosing and providing an abundant selection of books for our fun new book club.

Please register now by calling the Senior Center. You must register so we have an ample selection of books.

The New England Air Museum (NEAM) will be here once again to present "The Crazy Man of the Air" Wednesday, June 17 at 10 a.m.

This engaging program explores the thrilling history of stunt pilots—from the first international air shows through the barnstorming era—while highlighting a local New England stunt pilot, Charles K. Hamilton of CT.

We also have a special guest, Bob Cipolli, a modern-day stunt pilot, who will share his experiences of competing in airshows.

Attendees will receive a discounted pass to visit the museum at a later date. In addition, NEAM is generously donating a pair of museum passes to be raffled off as a door prize for one lucky winner and their guest.

This program is FREE to attend. Sponsored by Pat Sherman from Edward Jones Financial.

Please call to reserve your spot today.

## PUBLIC NOTICES

### TOWN OF WILBRAHAM PUBLIC HEARING: VARIANCE REQUEST

(Posted 5/11/2026)

The Wilbraham Select Board, serving as the Board of Health, will hold a hearing at Wilbraham Town Hall, 240 Springfield Street, Wilbraham, MA in the Select Board Meeting Room on **Monday, June 15, 2026 at 7:05 p.m.** to hear a Title 5 variance request from Zachery & Jessica Carr regarding their property at 6 Hitching Post Lane. The hearing will consider allowing a variance from the requirements of section 310 CMR 15.223 to permit the use of a single-compartment tank for a multifamily facility. All those wishing to comment will be heard. This hearing will be conducted in person and virtually (virtual meeting access info. available on Select Board's meeting agenda).

WILBRAHAM SELECT BOARD Board of Health 05/21, 05/28/2026

### Town of Wilbraham WILBRAHAM HIGHWAY MATERIALS 2026 Notice of Invitation for Bids

The Town of Wilbraham invites sealed bids for the purchase of Wilbraham Highway Materials 2026. Bids must be made in accordance with all applicable Federal, State and Town laws and regulations and must comply in all respects with the instructions, conditions, specifications and other requirements in the Invitation for Bid packages.

Bid packages can be obtained from the Department of Public Works, Town Hall, 240 Springfield Street, Wilbraham, MA 01095 (413-596-2800 x208) on Tuesday, May 26, 2026. Bids in sealed, opaque envelopes shall be marked "Wilbraham Highway Materials 2026 Bid" and delivered to the above address by **2:30 p.m. on Thursday, June 11, 2026** where they will be publicly opened and read aloud by

the Chief Procurement Officer. All bids must be submitted on the official Standard Bid Form, included in the bid packages. Bids must include the signed Non-Collusion and Non-Discrimination paperwork. No bidder may withdraw his bid for a period of forty-five days, excluding Saturdays, Sundays and Holidays, after the actual date of opening of the bids.

The Town reserves the right to reject any and all bids, to waive minor informalities or irregularities in any bid, and to make an award in any manner consistent with the law and deemed to be in the best interest of the Town of Wilbraham.

Tonya L. Capparello, P.E. Director of Public Works/ Town Engineer

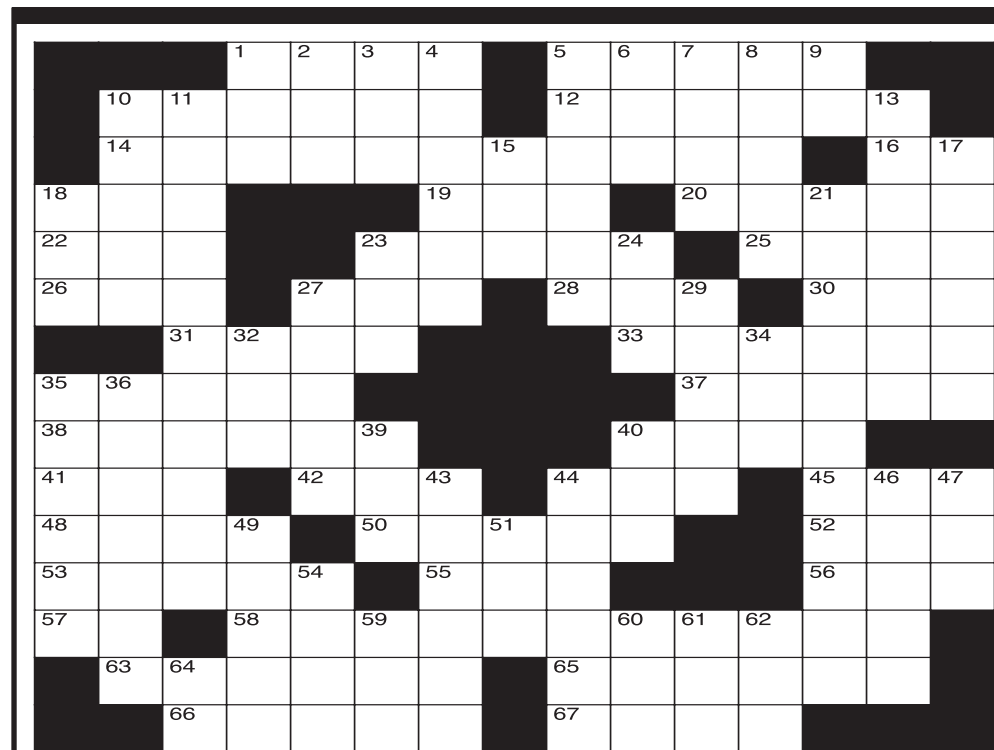
05/28/2026

## PUBLIC NOTICES ARE NOW ONLINE

- 1 Email all notices to notices@turley.com
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Friday at 3 p.m.

visit [www.publicnotices.turley.com](http://www.publicnotices.turley.com)



#### CLUES ACROSS

1. Streetcar
5. Take \_\_ of it!
10. SW Asia peninsula
12. Beating wings to escape from a perch
14. One who revitalizes
16. Indicates position
18. Dishonorable man
19. Singer King Cole
20. Short-tailed marten
22. One point east (clockwise) of due north
23. The god of the underworld in ancient mythology
25. Dirt
26. Superconducting super collider
27. Not good
28. A way to sink
30. Unwell
31. Follow orders
33. Deep ravine

#### CLUES DOWN

35. Perfumery practice
37. Indian film director
38. Member of U.S. Navy
40. Wing-like
41. Very fast airplane
42. Slang for cigarette
44. Most cars still need it
45. Political war chest
48. Cools down
50. Diminish toward one end
52. Indigenous person of Thailand
53. Combined
55. Container
56. Expression of satisfaction
57. Thou
58. Return a favor
63. Go over once more
65. Removed
66. "Silence of the \_\_"
67. Comedian Rogen

1. Children's game
2. Relative biological effectiveness (abbr.)
3. Own (Scottish)
4. Female follower of Bacchus
5. Subsidies
6. Protects from weather
7. Spanish municipality
8. Supermarket chain
9. Domain name
10. Semitic peoples
11. Designs anew
13. City associated with Jesus
15. Cool!
17. Bank employee
18. Central nervous system
21. Standardized piece of text
23. A type of fever
24. Baglike structure in a plant or animal
27. Threaten persistently
29. Aspirations
32. Baby's eating accessory
34. Actress Thurman
35. Turn into bone
36. One who saves you
39. Consume
40. Swiss river
43. A part of a river where the current is very fast
44. Categories
46. Expressed amazement
47. It's important in respiration (abbr.)
49. Greek war dance
51. Bland, semi-liquid food
54. Regard in a specified way
59. Taxi
60. Naturally occurring solid material
61. Feline
62. Post-burning residue
64. Elevated railroad

**Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.**